ABX2 1 Funding to promote equity in POS for potentially underserved populations

Department of Development Services
Reduction of Disparities in Purchase of Service
Regional Center Funding Proposals (Fiscal Year 2016-17)

Regional Center(s): Tri-Counties Regional Center

Regional Center Contact Name/Title: Mary Beth Lepkowsky, Assistant Director, Training & Organizational Development

Address: 520 E. Montecito Street, Santa Barbara, CA 93103

Email Address: mlepkowsky@tri-counties.org

Phone Number: (805) 884-7208

I. PROPOSAL

Please attach the proposal for Fiscal Year 2016-17. Proposals must meet the criteria outlined in the application guidelines in Attachment 1. Proposals must also be consistent with information derived from public meetings with stakeholders regarding purchase of service (POS) disparity data. Regional centers may partner with other centers to implement strategies to address areas of disparity in POS authorization, utilization and expenditures.

II. BUDGET DETAIL

a. Amount of funding the regional center(s) is requesting: $400K per year for two years (project total of $800K)

b. Estimated number of consumers to be impacted by the service(s): 400

III. DIRECTOR’S CERTIFICATION

I certify that the information completed above and attached is true and correct.

Director’s Name: Omar Noorzad, PhD

Director’s Signature:
A. PURPOSE

Welfare and Institutions Code, section 4519.5, requires regional centers to implement recommendations and plans to promote equity and reduce disparities in the purchase of services (POS). ABX2 1 amended this section to require the Department of Development Services (Department), subject to available funding, to allocate funding to regional centers for the implementation of these recommendations and plans.

Purpose of this funding request is to

a. Identify barriers to equitable access to services and supports and develop recommendations to help reduce variances in purchase of service expenditures.

b. Encourage the development and expansion of culturally appropriate services, service delivery, and service coordination.

c. Identify best practices to promote equitable understanding and access to services and supports.

d. Document pathways of individual choice that follow equitable access and opportunity.

Aligned with that purpose, Tri-Counties Regional Center requests $800,000 or ($400,000 per year) for a 24-month project that will incorporate new outreach strategies and enhanced case management for Hispanic transition-age youth and adults age 16-22, and adults age 22 and above, who reside in San Luis Obispo, Santa Barbara and Ventura Counties and are authorized to use services related to:

a. Independent Living
b. Supported Living Services
c. Residential Services
d. Behavior Management
e. Day Programs

This allocation would fund the following:

• Salary and benefits for Spanish-speaking staff (i.e., Coordinator and/or Assistant) for three Family Resource Centers to coordinate objectives of this project (allocation and FTEs to be determined based on population served and available funding)

• Operating expenses for three Family Resource Centers

• Carve out (or contract) with Promotor Agencies in each county

• Stipends to enhance bilingual staff participation in this project

TCRC has observed variances in expenditure data. Over the past four fiscal years, the per capita expenditure for the Hispanic population served by the Tri-Counties Regional Center was less than that of the White population served by the regional center. From a cost perspective, the greatest variances exist in services related to residential settings, between Hispanic and White adults. (People who live at home have much less expenditure than others, this is consistent across all ethnic groups). A larger number of Hispanic individuals served by TCRC are living at home, therefore their expenditures are less.
TCRC’s POS expenditure data also show that variances among children are less pronounced than those among adults. Beginning at transition age (16-22) variances in per capita expenditures become more apparent and continue through a subset of adult services. To better understand these variances, POS data from FY1415 and FY1516 was analyzed by ethnicity, county, age and service. Data indicate the greatest variances in per capita expenditures occur in five main categories of services related to:

a. Independent Living
b. Supported Living Services
c. Residential Services
d. Behavior Management
e. Day Programs

If all individuals and families, regardless of ethnicity, when provided with equal home and community circumstance, have equal information and understanding, equal opportunity to access needed services, and an individualized, person-centered approach to identifying and planning for needs based on the impact of a developmental disability, then variances among service utilization and per capita expenditure are likely to diminish. Therefore, with this requested funding, TCRC will develop and implement a collaborative of the regional center, family resource centers, and Promotor agencies in San Luis Obispo, Santa Barbara, and Ventura Counties, leveraging existing Promotores in the community to help establish relationships with up to 400 Hispanic individuals and families in the Tri-Counties area. The project will support families to access generic resources that might include food, shelter, and housing. Promotores will serve as a guide to link individuals and families with generic resources and regional center services, and with Family Resource Centers (FRCs) to receive ongoing support from other Spanish-speaking individuals with a developmental disability and family members, helping them to navigate the regional center network and system of services. The Service Coordinator will partner with both the Promotores and the FRC to cultivate the relationship with the family and build upon the trust that is being developed in this partnership. In return, participating Service Coordinators will be eligible for an enhanced bilingual case management stipend.

Through cross-training, coordinated enhanced case management, family outreach, support, and advocacy education, and shared outreach measures, the project seeks to identify and eliminate barriers to accessing services in these five identified service categories.

**Anticipated outcomes** may include any combination of the following, and will vary according to the individual and family’s specific needs:

1. New strategies for building relationships and sharing information with underrepresented individuals and families
2. Verification of increased understanding, awareness and equitable opportunity and access to services.
3. Validation of family choice as an acceptable option for declination of services.
4. More equitable authorization of services, as appropriate and according to need, by Hispanic individuals and families observed to be underrepresented in some services.
5. Identification of new service types and service delivery models based on what is learned from participating individuals and families and their reasons for choosing to utilize or decline existing service models.

6. Documentation of promising practices that can be shared with other regional centers.

B. PROPOSAL

1. Describe your regional center’s POS variances

Focusing on services reflecting a per capita variance of $1000 or more, or significant difference in utilization, between Hispanic and White individuals, TCRC identified 20 service codes/services that warrant further exploration and attention. These services include:

<table>
<thead>
<tr>
<th>CODE</th>
<th>SERVICE TYPE</th>
<th>14/15 FISCAL YEAR - PAID</th>
<th>15/16 FISCAL YEAR PAID</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>Count of HISPANIC</td>
<td>Count of WHITE</td>
</tr>
<tr>
<td>854</td>
<td>Home Health Agency</td>
<td>16</td>
<td>28</td>
</tr>
<tr>
<td>896</td>
<td>Supported Living Service</td>
<td>85</td>
<td>539</td>
</tr>
<tr>
<td>860</td>
<td>Homemaker Program</td>
<td>6</td>
<td>18</td>
</tr>
<tr>
<td>920</td>
<td>Res Facility - Children - Staff Operated</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>851</td>
<td>Child Day Care</td>
<td>8</td>
<td>5</td>
</tr>
<tr>
<td>62</td>
<td>Personal Assistance</td>
<td>127</td>
<td>148</td>
</tr>
<tr>
<td>101</td>
<td>Housing Services</td>
<td>8</td>
<td>15</td>
</tr>
<tr>
<td>93</td>
<td>Personal Assistance: Parent Coordinated</td>
<td>24</td>
<td>74</td>
</tr>
<tr>
<td>24</td>
<td>Reimbursement for services/item per IPP</td>
<td>11</td>
<td>47</td>
</tr>
<tr>
<td>117</td>
<td>Specialized Therapeutic Services - 21 &amp; up</td>
<td>4</td>
<td>12</td>
</tr>
<tr>
<td>96</td>
<td>Geriatric Facility</td>
<td>10</td>
<td>34</td>
</tr>
<tr>
<td>111</td>
<td>Supplemental Program Support - Miscellaneous</td>
<td>2</td>
<td>6</td>
</tr>
<tr>
<td>615</td>
<td>Behavior Management Assistant</td>
<td>39</td>
<td>92</td>
</tr>
<tr>
<td>110</td>
<td>Supplemental Program Support - Day program</td>
<td>66</td>
<td>150</td>
</tr>
<tr>
<td>505</td>
<td>Activity Center - DTAC</td>
<td>21</td>
<td>147</td>
</tr>
<tr>
<td>635</td>
<td>Independent Living Specialist</td>
<td>23</td>
<td>73</td>
</tr>
<tr>
<td>605</td>
<td>Adaptive Skills Trainer</td>
<td>120</td>
<td>99</td>
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<tr>
<td>515</td>
<td>Behavior Management Day Program - BMP</td>
<td>267</td>
<td>572</td>
</tr>
<tr>
<td>105</td>
<td>Travel Reimbursement</td>
<td>3</td>
<td>7</td>
</tr>
<tr>
<td>612</td>
<td>Behavior Analyst</td>
<td>32</td>
<td>83</td>
</tr>
</tbody>
</table>

The data suggest that in some services (e.g. Supported Living Service, Daytime Activity Center, Behavior Management Day Program) Hispanic individuals utilize services less than do White individuals. Additionally, when utilization by ethnicity is similar for these service codes, the per capita expenditure for Hispanic individuals is less than that for White individuals. The Planning phase will allow time to further analyze utilization, barriers to access, and the person-centered approach to be used with each individual and family.
2. Identify the target population(s). Describe your selection criteria and how the targeted population(s) will be identified. Assess the needs and barriers of the target population and provide any relevant evidence. Identify how the target issue and/or population relate back to your regional center’s POS data.

Target populations
a. From the analysis conducted our target population includes Hispanic, transition-age youth and adults, age 16-22, and Hispanic adults, age 22 and above, who are authorized to receive one or more of the 20 service codes listed above, residing in San Luis Obispo, Santa Barbara, or Ventura Counties.

b. For services indicating a large variance in utilization, we will also identify Hispanic individuals, who have authorizations for, but are not utilizing, the identified service(s).

Secondary Target Populations include:
c. Hispanic families and people served who do not have authorizations in the targeted services. They can provide valuable insights as to their level of awareness about these services, and if aware, why they are not using these services, and what might be useful alternative forms of support.

d. In FY1516, 40% of the people served by TCRC were Hispanic, with 23% reporting Spanish as their preferred language. Further analysis of our target population will be conducted during the planning phase to determine and address the role of primary language in presenting a potential barrier to accessing services. Spanish-speaking individuals and families are likely to be an additional target population based on the results of this analysis.

The project scope and scale will take into account the geographical demographic of target individuals and families. Resources will be allocated according to where the target population resides. When comparing the data of number of Hispanic individuals served by TCRC in each county, it is consistent with the general population demographics according to the 2015 US Census Bureau.

<table>
<thead>
<tr>
<th>FY 1516 DEMOGRAPHICS</th>
<th>COUNTY* % HISPANIC OR LATINO</th>
<th>COUNTY* % WHITE – NOT HISPANIC</th>
<th>TCRC** # HISPANIC OR LATINO</th>
<th>TCRC** # WHITE – NOT HISPANIC</th>
</tr>
</thead>
<tbody>
<tr>
<td>SAN LUIS OBISPO COUNTY</td>
<td>22.2%</td>
<td>69.3%</td>
<td>381</td>
<td>1353</td>
</tr>
<tr>
<td>SANTA BARBARA COUNTY</td>
<td>44.8%</td>
<td>45.4%</td>
<td>1379</td>
<td>1233</td>
</tr>
<tr>
<td>VENTURA COUNTY</td>
<td>42.3%</td>
<td>46.1%</td>
<td>2147</td>
<td>2488</td>
</tr>
</tbody>
</table>

**TCRC POS Expenditure Data FY1516
In FY1415 there were 630 authorizations to Hispanic individuals being utilized in the 20 identified Service Code (POS Data FY1516). On FY1516 that number grew to 896 but further analysis is needed during the Planning Phase to determine the actual number of unduplicated individuals served in each county. We estimate the number of people impacted by this project to be approximately 400.

**Needs and Barriers:**

Efforts to engage the public in dialogue about POS expenditures has been ongoing, and include input from POS Data Information Sessions, held at six (6) locations in March and April, 2016. At those meetings members of the public reviewed annual POS data and discussed their observations and suggestions to address variances. All comments were captured and shared with a Strategic Plan Workgroup that is focused on Culturally Competent Services and Supports. This workgroup, comprised of staff from multiple TCRC departments met in May, 2016 to consider and organize the community input into thematic recommendations that would leverage our person-centered philosophy and practices to address needs and reduce potential barriers to accessing services.

The top five (5) priorities identified by staff and community members were:

1. Address language hurdles
2. Conduct dedicated outreach to Hispanic and Spanish-speaking individuals and families
3. Explore feasibility of providing greater flexibility of access and services hours and types
4. Translate and build capacity to deliver Person Centered Thinking and Planning training in Spanish
5. Provide training to regional center and service provider staff on topics of cultural proficiency

In addition, a service provider survey was administered in July, 2016, with thirteen (13) organizations responding, that identified the following items in priority order for ABX2 1 funding:

1. Outreach to potentially underserved populations,
2. Parent or caregiver education programs
3. Pay differential supporting direct care bilingual staff of community-based service providers
4. Additional culturally appropriate service types or service delivery models
5. Cultural competency training for regional center staff

The priorities identified from community members, regional center staff, and service provider were consistent, with the exception of pay differentials for direct care bilingual staff of service providers. This project will address the four priorities that all stakeholder groups had in common. TCRC will continue to explore options related to pay differentials.
3. Provide a brief summary of your public forum, which should include the following information, but not be limited to: date the forum was held, number of attendees, proposed strategies, and public input and comments received in response to the regional center’s proposals.

Prior to the forum, TCRC engaged community members in six public meetings to review and discuss possible strategies to address variances in POS expenditure data. TCRC staff then considered input from all communities as well as results from a service provider survey, to identify and prioritize the needs and strategies outlined in this proposal.

Multiple conference calls have occurred with members of Family Resource Centers and Promotoras in each county to research new models of outreach, and to better understand the needs and benefits of a potential partnership.

A public forum was held on Friday, September 9, at 6:00pm in the TCRC Santa Barbara Annex, located at 505 E. Montecito Street, Santa Barbara, CA 93103. In addition to the TCADD Board of Directors, thirteen (13) members of the public attended and the following proposed strategies were presented:

1. **Address Language Hurdles (TCRC In-Kind):**
   a. Greater use of plain, understandable language in communications
   b. Consider the use of graphics to help convey information in a more simplified manner for those who have limited reading ability and those who do not have a written language.

2. **Dedicated Outreach (ABX2 1 Funding Request):**
   a. Establish a partnership between TCRC, Family Resource Centers, and Promotores in each county to develop a coordinated and person-centered approach to outreach to individuals and families in identified target population(s); engage in enhanced service coordination, education and awareness of regional center services, advocacy training, and linking individuals and families from the target population(s) to Service Coordinators and Family Resource Centers for ongoing support.

3. **Feasibility of flexible/new service hours and types (TCRC In-Kind and TBD based on ABX2 1 Project Findings):**
   a. seek business owners who are bi-lingual and bi-cultural to encourage greater vendor choice. Consider this in the outreach and vendorization process
   b. learn from the experience of this project to explore new service delivery methods and types that better respond to the needs of Hispanic individuals and families age 16-22 and 22+

4. **Translate Person Centered Thinking and Planning to Spanish (TCRC In-Kind and in Progress)**
5. **Training (TCRCIn-Kind FY1617 & FY1718):**
   a. Translate materials and concepts and determine culturally relevant methods of sharing this information and resources; develop the capacity of bilingual, bicultural trainers (staff, providers or FRC personnel) to support this effort.
   b. In a second phase provide similar training to regional center staff and service providers.
   c. Conduct cross-training of Service Coordinators, FRC staff, and Promotores in this funded project to ensure consistency of message and increased capacity to build trust in relationships with individuals and families in the target population(s).
   d. Family Resource Centers, with their increased Spanish language capacity will be able to expand their parent and caregiver education programs and support groups to include services to monolingual Spanish speaking and limited English speaking families.

6. **Accessing the community (ABX2 1 Funding Request):**
   a. Leverage existing trust and expertise of Promotores who are already embedded in the community.
   b. Build capacity and resources of FRCs to conduct outreach and engage families at various community venues and events; hire a bi-lingual, bicultural Coordinator at each FRC.

7. **Additional culturally appropriate service types or service delivery models (TBD based on ABX2 1 Project Findings)**
   a. With regular collaborative meetings of the partners involved with the Dedicated Outreach efforts, we expect to learn from families about alternatives to existing service types of service delivery models. There will be a mechanism to collect this input and share recommendations with resource developers and to explore possibilities within regional center funding parameters.

The following questions and comments were received in response to the recommendations:

1. **Comment from multiple Vendor Advisory Committee members – Sept 8**
   *This is a great project, greatly needed and long overdue*

2. **Q: Is there a Promotor organization in SLO County that serves the Mixteco community?**
   A: *We are partnering with Mixteco Indigina Community Organizing Project in Ventura County and the Center for Strengthening Families in San Luis Obispo County. We do not yet know about outreach capacity specifically to the Mixteco community in SLO.*
3. **Comment**: Add to the proposal that TCRC will share results and promising practices with other regional centers.

4. **Q**: What are the DDS reporting requirements?
   **A**: We have been informed that when DDS forwards an award letter, they will include instructions about quantitative and qualitative reporting requirements. The proposal includes some suggestions of the type of data that will be collected.

5. **Q**: Who will oversee this project?
   **A**: The TCRC Multicultural Specialist, a new position funded by DDS, will serve as a project coordinator and be supported by the Assistant Director of Training and Organizational Development.

6. **Comment**: The TCADD Board would like to hear a report on the project, once implemented, to learn about what individuals and families are sharing about barriers and needs.

7. **Q**: We’ve done a per capita comparison, what about looking at variances according to type of disability?
   **A**: During the planning phase we intend to do more in-depth analysis with the goal being to ensure families have information needed to make informed choices about accessing services. In future funding cycles we may be able to expand the scope of this project or request funding for a project focused on a new target population.

8. **Comment from service provider** — after holding their annual picnic for Hispanic families on Saturdays for many years, they decided to hold it on a Sunday afternoon instead, and found that many more families, and in particular, fathers were in attendance – something to consider when planning events and outreach.

9. **Q**: Are Promotores paid or volunteer?
   **A**: It depends on the organization. Some are volunteers, some are part-time employees and some are full-time employees.

10. **Email Comment**: One email was received from a family member upon seeing the website announcement after the public forum and expressed concern about the lack of information initiated by the Service Coordinator and regional center. She shared that most of what she has learned about resources for her family member have come from other parents and/or professionals outside of the regional center. She also shared that the reasons her authorized hours of service are not fully utilized are due to the lack of respite workers available, the lack of available direct support staff due to low wages, and due to difficulties with the regional center billing system. She has observed that the level of information and services can depend largely upon the ability and initiative of the service coordinator. She communicated that given her own challenges in accessing services, people who don’t have computers, don’t read English, and don’t understand the vendor process will have difficulty accessing services.
4. Describe the recommendations to reduce service variances:
The recommended activities are interconnected and designed to further understand and eliminate potential barriers to accessing regional center services. Our proposal includes a planning phase during which collaborative partners will clarify roles, responsibilities, outcomes, strategies, and measures for a coordinated approach to outreach, education, referral and accessing services.

A. What is the strategy for implementing the recommendations or plans? Describe how the proposal will address the reduction of POS disparities.

Partnership
Conceptual discussions about this project have begun. Representatives from partnering agencies, including, TCRC, Rainbow Family Resource Center, Alpha Resource Center-Children and Family Advocacy Services, Parents Helping Parents Family Resource Center, Santa Barbara County Promotores Network, and the Center for Family Strengthening met three times to learn about the Promotor model, explore the benefits of a partnership, and outline the key objectives of this initiative. Mixteco Indigina Community Organizing Project (MICOP), a Promotor Agency in Ventura County was also notified, but unable to attend the scheduled meetings. Their Executive Director has been briefed on the project and expressed their interest and willingness to participate during the Planning Phase.

The planning group met with Rose Chacana, Director of Lanterman Regional Center Family Resource Center, who provided valuable information and insights about how the Promotor model has benefitted families in their catchment area. Additionally, Josefa Rios, from the Santa Barbara Promotores Network is the regional representative for Vision y Compromiso, the California statewide network of Promotores, covering the Tri-Counties area. We have great enthusiasm and commitment from all partners to establish this collaborative.

Phase 1: Planning Phase - January-June 2017
Funding will be used to establish a collaborative between TCRC, three Family Resource Centers, and Promotor Agencies in Ventura, Santa Barbara, and San Luis Obispo Counties, to coordinate an approach to conduct outreach to Hispanic individuals and families represented in the target populations, for the purpose of building relationships, increasing awareness of generic and regional center services, promoting personal advocacy, and linking them to needed services through the regional center, and to ongoing family support provided by the FRCs.

Infrastructure:
The TCRC Multicultural Specialist will serve as a project coordinator, and will convene and facilitate planning sessions with all partner representatives to
- Establish Coordinating Council that includes partner agencies and Hispanic adults/family representatives.
- Clarify scope and scale of project and data related to target population(s).
TRI-COUNTIES REGIONAL CENTER: BUILDING CAPACITY AND LEVERAGING NEW PARTNERSHIPS TO PROMOTE EQUITY IN REGIONAL CENTER PURCHASE OF SERVICES

- Clarify roles and responsibilities of each partner, (FRCs, Promotor Agencies, TCRC Multicultural Specialist, TCRC Service Coordinators, Individuals and Families).
- Agree to project outcomes, indicators of progress and shared measures.
- Define funding relationship and budget allocations for FRCs and Promotor Agencies (contract or FRC carve out).
- Create protocols and associated materials.
- Hire/build capacity of FRC staff and Promotores for the project.
- Begin cross-training participating partners on topics related to developmental disabilities, generic and regional center services, the Promotor model, Five Protective Factors and Principles of Family Support, and Cultural Relevance.

Phase 2: Implementation – July 2017 – June 2018

- Targeted outreach and enhanced case management will launch in July 2018.
- The Coordinating Council will convene quarterly (or more often as needed) during the Implementation Phase to monitor progress, modify based on what is learned, and support the group to remain focused on next steps. The methods used by each FRC to achieve the project objectives may differ based on the unique needs of their respective communities. Shared measures will help tie the project together across all three counties.
- Continue cross-training as needed.
- Supplemental in-kind contributions from TCRC that will benefit this project and support the outcomes include:
  a. Multicultural Specialist will provide facilitation and consultation during planning phase, and throughout the project period
  b. Training provided to regional center staff on topics of cultural proficiency
  c. TCRC will support the modification of TCRC’s overview of services to a more visual, easy to understand format.
A. Describe (1) the plan and/or service(s) to be delivered, (2) how the plan and/or service(s) will be delivered, and (3) the anticipated duration of the plan and/or service(s).

**Family Resource Centers**
The project will build the capacity of Family Resource Centers (FRCs) in each county to engage in greater outreach and better serve Spanish-speaking individuals and families. Each of three FRCs, Rainbow Family Resource Center of Ventura County, Alpha Family Resource Center-Children and Family Advocacy Services of Santa Barbara County, and Parents Helping Parents Family Resource Center of San Luis Obispo County, will each be funded to secure a Spanish-speaking Coordinator and an administrative assistant (or other staff as deemed appropriate to their respective needs). These positions may vary in amount of time funded, based on the number of people served in the target population and available funding. This additional capacity will allow the FRCs to enhance their existing capacity to provide:

1. Information
2. Parent to Parent and Peer Support
3. Education
4. Specialized Case Management
5. Outreach related to generic and disability related services
6. Data collection and evaluation

**Promotores**
In the Planning phase, it will be determined whether the funding for each Promotor Agency will become a carve out of the FRC allocation or a direct contract with TCRC. This will be based on willingness and ability to manage the funds and reporting requirements.

County-specific Promotores agencies will be essential and equal partners in this collaborative. Promotores, is the Spanish term for “community health workers”. The Hispanic community recognizes Promotores as lay health workers who work in Spanish-speaking communities. Sandra Magana, PhD of University of Illinois, has researched the effectiveness the Promatora model with special needs families. [https://www.researchgate.net/profile/Sandy_Magana/publications](https://www.researchgate.net/profile/Sandy_Magana/publications) This model has proven to be highly effective in communities throughout California and recently as demonstrated by the Lanterman Regional Center Promotora project.

The project will utilize the expertise of existing Promotores, already embedded within the community, enhance their skill and knowledge with information about regional center services and the Family Resource Centers, for the purpose of building trust and relationships between individuals with developmental disabilities and their families, Service Coordinators, and Family Resource Centers. Promotores will support an individual and/or family for a period of one year. They will graduate a family after helping them to solidify their relationship with the Service Coordinator and the Family Resource Center, and enhance their skill and confidence for self-advocacy and navigating the network of services and supports. Promotores will also foster connections to the generic resources in the community, helping
individuals and families overcome barriers that might fall outside of what is within the control of the regional center.

Regional Center
Service Coordinators will refer individuals and families to this collaborative, based on their authorization and utilization of the 20 targeted service codes. SCs will meet periodically with the FRC representative and the designated Promotore(a) to coordinate outreach to the individual and/or family, and to monitor progress and action plans. The SC will also assist in capturing the insights and findings from each participating adult or family and the FRC and Promotore(a) interactions.

The TCRC Multicultural Specialist will serve in a liaison role across all three counties, coordinating regular convenings by person and/or by webinar to share insights, observations, and promising practices. The Multicultural Specialist will also be responsible for coordinating agency wide training initiatives for this project, documenting findings and reporting progress to the regional center and to DDS.

B. Describe (1) the anticipated cost of the plan and/or service(s) and (2) any criteria that will be used to evaluate and monitor the effectiveness of the plan and/or service(s).

1. Anticipated costs (prorated based on population served)

<table>
<thead>
<tr>
<th>County</th>
<th>Description</th>
<th>Estimated Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ventura County</td>
<td>Rainbow Family Resource Center partnering with Mixteco Indigena Community Organizing Project (MICOP) - Promotor Agency (includes 10% (or other amount TBD) contract or carve out for Promotor Agency, salaries, benefits, operating expenses and indirect costs) – January 1, 2017-December 31, 2018</td>
<td>$375,000</td>
</tr>
<tr>
<td>Santa Barbara County</td>
<td>Alpha Resource Center partnering with SBCEO–SBC Promotores Network (includes 10% (or other amount TBD) contract or carve out for Promotor Agency, salaries, benefits, operating expenses and indirect costs) – January 1, 2017-December 31, 2018</td>
<td>$225,000</td>
</tr>
<tr>
<td>San Luis Obispo County</td>
<td>Parents Helping Parents – partnering with Center for Family Strengthening - Promotor Agency (includes 10% (or other amount TBD) contract or carve out for Promotor Agency, salaries, benefits, operating expenses and indirect costs) – January 1, 2017-December 31, 2018</td>
<td>$150,000</td>
</tr>
<tr>
<td>Bilingual Staff Stipend (requested from $1M allocation) for regional center Service Coordinators involved in this project</td>
<td></td>
<td>$50,000</td>
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<tr>
<td>Training for Regional Center Staff and Service Providers – Contractor TBD</td>
<td>TCRC In-Kind ($20,000) Contribution</td>
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<tr>
<td>Graphic Design and Media Production – Contractor TBD</td>
<td>TCRC In-Kind ($30,000) Contribution</td>
<td></td>
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<tr>
<td><strong>TOTAL FUNDING REQUEST</strong></td>
<td></td>
<td><strong>$800,000</strong></td>
</tr>
</tbody>
</table>

*Inclusive of $50,000 for bilingual stipends for regional center project staff
Based on the results of this first two-year project, we would like to continue these efforts and expand to other age groups and recipients of other services, as indicated in future POS expenditure data. Therefore, we hope to be able to request additional funding in future years to sustain and expand this partnership.

2. **Criteria to evaluate and monitor the effectiveness of the plan and/or service(s).**

**Determining Measures** – in the Planning Phase the collaborative will agree to shared measures and indicators of progress. Possible measures to be considered might include:

- Decrease in number of families in target population that have authorizations that are not utilized
- More equitable representation of Hispanic families across the 20 service codes
- Qualitative input from participating families regarding identified barriers to accessing services
- In addition, a pre and post survey will be administered to participating individuals and families and will include, but not be limited to, the following questions that are based on the successful Promotor project through Lanterman Regional Center. Responses will be monitored over time to evaluate the impact of the plan.

**Sample Pre and Post Questions (source: adapted from Lanterman Regional Center):**

1. How would you rate your ability to access services through Tri-Counties Regional Center?
   - Very easy
   - Easy
   - Difficult
   - Very difficult

2. How would you rate your confidence to access services through Tri-Counties Regional Center?
   - Very confident
   - Confident
   - Not confident
   - Not at all confident

3. Which services are you currently accessing?
   - Independent Living
   - Supported Living Services
   - Residential Services
   - Behavior Management
   - Day Programs

4. What barriers exist to accessing services?
   - Lack of communication from TCRC Service Coordinator
   - Transportation
5. What generic / community resource services are you currently using?
   - Behavior Intervention
   - Related special education services (IEP)
   - Transition Planning
   - MediCal (SSI)
   - California Children’s Services (CCS)
   - In-Home Support Services (IHSS)
   - Transportation Services (by count?)
   - Parent Education Workshops – FRC and other
   - Community Public Health Services
   - Food Banks/ Food Programs
   - Housing Assistance
   - Financial Assistance
   - Behavioral health / Mental Wellness
   - Other __________________________

In addition to the Pre and Post Survey, quantitative and qualitative data will be collected from participating individuals and families to determine the impact of the overall program on their participation in FRC activities, follow through on strategies and recommendations, and utilization of regional center and generic services. The post survey will provide this data as well as personal testimonies.

Additional questions will be developed to evaluate the individual’s or family’s access to and understanding of information about regional center services.

C. Describe when the regional center(s) will begin plan and/or service implementation. Include what contracts shall be executed with vendors, if applicable, prior to implementation.

The project will begin January 1, 2017 using the following timeline:

- January 1 – June 30: Planning, Contracting and Hiring
- July 1 2017- June 30 2018: Implementation of Coordinated Strategies
- July 1-Dec 31, 2018: Transfer of support to SC and FRC; Evaluation and Reporting of Findings
Contracts will be executed with:
- Tri-Counties Regional Center – Ventura County
  - Rainbow Family Resource Center
- Alpha Resource Center of Santa Barbara – Santa Barbara County
  - Children, Family & Advocacy Services Program
- UCP-SLO – San Luis Obispo County
  - Parents Helping Parents Family Resource Center

In the Planning Phase it will be determined if the allocation for Promotor Agencies will be executed as a contract with the Promotor Agencies in each county, or as a carve out in the FRC contracts. The agencies that will be involved in providing Promotores may include:
- Ventura County – Mixteco Indigina Community Organizing Project (MiCOP)
- Santa Barbara County – Santa Barbara County Promotores Network
- San Luis Obispo County – Center for Family Strengthening

D. Describe the process for maintaining records, collecting data, and tracking qualitative and quantitative outcomes

Data tracking methodologies and tools will be developed during the Planning phase. These tools might include, but are not limited to:
- Service Coordinator Referral form
- Intake form
- Individualized Care Plan
- Action Plan
- Case Notes
- Pre and Post Survey
- Qualitative Questionnaire

A Pre and Post Survey will document basic family information on: access to regional center services, and difficulties accessing those services. The Pre Survey will provide a baseline to quantify an individual’s or a family’s progress throughout the project. The questions will provide a more in-depth analysis of the barriers encountered when trying to access regional center services, and an analysis of results and progress at the close of the project.

Staff evaluations of training
Quantitative and qualitative questions will be included in an evaluation of training initiatives for regional center staff. Participants will be surveyed at the end of the training and after six months to learn how the concepts of cultural proficiency have been applied to their work, and to describe the impact of the training on their overall performance.

Reporting
Project findings, lessons learned, and promising practices will be shared with other regional centers for possible replication and/or modification for implementation in other areas.