

Department of Developmental Services
Mental Health Services Act
Progress Report
Cycle III - Fiscal Years 2014-15 through 2016-17
Reporting Period: September 2014 – December 2014

BACKGROUND

The Department of Developmental Services oversees Mental Health Services Act (MHSA) funding for innovative projects developed by regional centers (RCs). These projects focus on prevention, early intervention, and treatment for children and adult consumers with mental health diagnoses, and also provide support for families. Dual diagnosis refers to individuals with developmental disabilities and co-occurring mental health diagnoses.

UPDATES ON REGIONAL CENTER PROJECT DELIVERABLES

CENTRAL VALLEY REGIONAL CENTER

Project Title: ***Mental Health/Developmental Services Collaborative - Facing the Issues for Persons with Developmental Disabilities Involved in the Criminal Justice System***

Counties: All 58

Contact: [Kayti Quesada](#)

Project Website: http://www.cvrc.org/index.php?id=155#ARCA_CJ

Project Background: In collaboration with the Association of Regional Center Agencies and RCs, Central Valley Regional Center (CVRC) will develop a training curriculum, convene training, and provide statewide technical assistance to potential RC vendors. These efforts are designed to address the lack of competency trainers within communities and reduce incarceration time.

Update on Project Deliverables: A survey is being developed to determine both the number of consumers and the number of available competency trainers in California. The survey will be distributed to all RCs in January 2015. At the first quarterly Forensic Task Force meeting in March 2015, members will review survey results, assist in the development of training curricula for competency trainers, and identify shared issues and concerns regarding systemic issues.

Project Title: ***Enhancing Cultural Competence in Clinical Care Settings - The 4C***

Counties: Fresno, Kings, Madera, Mariposa, Merced, and Tulare

Contact: [Kayti Quesada](#)

Project Website: <http://www.cvrc.org/index.php?id=155#4C>

Project Background: In collaboration with Central California Children's Institute, this project will expand the content of CVRC's MHSA Cycle II project, the [Foundations of Infant Mental Health Training Program](#). Through team-based learning, this project will promote culturally competent clinical care and systems coordination in early childhood mental health through team-based learning.

Update on Project Deliverables: The application packet for the first training cohort will be distributed in late 2014, and the recruitment will focus primarily on graduates from the RC Cycle II MHSA project. The first session will convene in January 2015, with the tenth and final session ending in November 2015.

REGIONAL CENTER OF THE EAST BAY

Project Title: ***The Schreiber Center***

County: Alameda

Contact: [Lisa Kleinbub](#)

Project Website: <http://www.acphd.org/schreiber-center>

Project Background: In collaboration with the Alameda County Public Health Department and Alegria, this project will establish a new specialized mental health clinic in Alameda County. The clinic will provide psychiatric assessment, medication management, and individual and group therapy to consumers with dual diagnoses.

Update on Project Deliverables: The Advisory Committee (Committee) is convening quarterly, and continues to identify additional participants. To provide project guidance and identify disparate knowledge, understanding, and gaps of potential referral sites, the Committee is surveying outreach and educational materials and training used in the community. Work is underway to begin modifying the aforementioned materials and training.

SAN DIEGO REGIONAL CENTER

Project Title: ***The Psychiatric Navigation Project (PNP)***

Counties: Imperial and San Diego

Contacts: [Dan Clark](#) & [Peggie Webb](#)

Project Background: In collaboration with the Fred Finch Youth Center, this project will respond to, and address, the complex needs of dually diagnosed transition age youth (TAY) who are high utilizers of emergency rooms and acute psychiatric facilities. The *PNP* will use evidence-based practices to assist with referral and connection to appropriate community resources; assist with continuity of care before, during, and after hospital admission; and identify new community resources.

Project Website: <http://sdr.org/resources-support/mental-health-services-act/>

Update on Project Deliverables: The project Steering Committee will begin meeting monthly in January 2015 and will convene quarterly meetings thereafter. Project staff have generated a survey, which will be reviewed and finalized at the January meeting. The survey will be distributed to hospital professionals, to help establish “Home to Hospital” and “Hospital to Home” toolkits. The toolkits will aid in increasing the quality of emergency treatment and decreasing hospitalizations.

WESTSIDE REGIONAL CENTER

Project Title: ***Evidence-Based Practices (EBP) for Dual Diagnosis***

County: Los Angeles

Contacts: [Tom Kelly](#) & [Danise Lehrer](#)

Project Website: <http://www.reachacrossla.org/EBPs.aspx>

Project Background: In collaboration with the Los Angeles County Department of Mental Health (DMH), a host of EBP trainers, and RC vendors, this project will provide training on three approved Los Angeles County EBP practices and their application in prevention and early intervention for consumers with dual diagnoses.

Update on Project Deliverables: Project staff reviewed question content and response data from local mental and behavioral health providers. Based on survey results, staff developed content and identified professionals from the Los Angeles County DMH to complete this assessment and collaborate on training and delivery.

Project Title: ***Project UNITE***

County: Los Angeles

Contacts: [Danise Lehrer](#) & [Aga Spatzier](#)

Project Website: <http://www.reachacrossla.org/UNITE.aspx>

Project Background: In collaboration with Sifted Los Angeles, Family Resource and Empowerment Center, and the University of Southern California Center for Excellence in Developmental Disabilities at Children’s Hospital Los Angeles, this project will provide new and enhanced specialized services and supports for TAY with, or at risk of, dual diagnoses. The project will also increase early detection and assessment of mental health conditions, and facilitate linkages with treatment and integrated supports for TAY and their families.

Update on Project Deliverables: Project staff identified three evidence-based mental health screening tools to assess mental health and wellness of TAY. The *Beck Youth Inventories-II* assesses typical children and youth between the ages of 7 and 18 for depression, anxiety, anger, disruptive behavior, and self-concept. The *Vineland Adaptive Behavior Scales-Second Edition* measures adaptive behavior in five main domains. The *NCI Adult Consumer Survey*, widely used by public developmental disabilities agencies, provides system-based information around the lives of, and services provided for, the people they serve. These tools will be piloted in January 2015, with a group of TAY.

Upon completion of the pilot, RC service coordinators will work with project staff to begin receiving referrals. Additionally, the TAY Collaborative, established during a Cycle II MHSA project, will continue to convene monthly meetings to evaluate and co-manage TAY consumers regarding complexities of care.

Additional RC project information, which is currently being updated, is available at http://www.dds.ca.gov/HealthDevelopment/MHSA_RCFundingInfo.cfm