

Home and Community-Based Services (HCBS) Rules CONCEPT FORM

Vendor name	Alpha Resource Center of Santa Barbara
Vendor number(s)	H07329
Primary regional center	Tri-Counties Regional Center
Service type(s)	Adult Day Program
Service code(s)	510
Number of consumers currently serving and current staff to consumer ratio.	96 consumers at a 4:1 consumer to staff ratio
Have you or the organization you work with been a past recipient of HCBS Funding?	No
Please provide a brief description of the service/setting that includes what a typical day consists of and how services are currently provided; include barriers to compliance with the HCBS rules.	<p>The service setting is a self-contained campus without walking or other means of non-vehicle access to the greater community. A typical day consists of services provided in social centers on the main campus (classes, social activities, etc.) as well as community-based activities such as recreation, health and wellness, community service and volunteer opportunities, and work crews for which vehicular transportation is provided by the program.</p> <p>Barriers to service are primarily transportation related. The age of our current fleet leads to regular breakdowns, limiting access for all individuals. Additionally, of the 14 vehicles in our fleet, only 5 have wheelchair accessibility, meaning the 23 individuals who use wheelchairs have limited community access, sometimes receiving services in the community as little as once a month, particularly for those individuals who are more medically fragile.</p> <p>Other sources of transportation, such as dial-a-ride style services, have been explored, but such services cannot meet the scheduling requirements of the program or individuals. Public transportation to our sites ends at 9:00 a.m. and resumes as 2:55 p.m. servicing only transportation to and from the program. There is no day-time routes available during program hours.</p> <p>Another barrier to service for individuals in wheelchairs who are medically fragile is staff support when in the</p>

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	community as ratios need to be reduced to provide proper support.
Identify which HCBS federal requirements this concept addresses that are currently out of compliance.	<p>Federal Requirement #1 is not currently being met. Some individuals in the program and most individuals in wheelchairs are not receiving services in the community, to the same degree of access as individuals not receiving Medicaid HCBS or their ambulatory peers. They are unable to engage in community life due to limited or inconsistent transportation.</p> <p>For some individuals, this limited access also affects Federal Requirement #4, as they are unable to participate in desired activities when they cannot be transported due to a lack of wheelchair-accessible vehicles.</p>
Narrative/description of the concept; include justification for the funding request and explain how the concept would achieve proposed outcomes.	<p>Our concept is for a program where individuals receive services on our campus only when the classes or activities offered meet their desires as outlined in their IPP. Other services would be provided in the community when individuals request such settings and activities. Currently on-campus services may be required, even for individuals who want community access, when transportation cannot be provided to community-based services.</p> <p>The funding being requested would address the foundational need of more vehicles in our fleet, particularly those equipped to transport individuals who use a wheelchair. The addition of two wheelchair-accessible vehicles would increase the possible number of trips into the community for individuals in wheelchairs by 20 trips per week. This will increase community access for the 23 individuals who use wheelchairs.</p>
Please describe your person-centered approach ¹ in the concept development process; how did you involve the individuals for whom you provide services?	<p>We survey the individuals served by our program on a yearly basis. The survey addresses satisfaction with current services and service levels as well as desired improvements and increases to current services.</p> <p>Two-thirds (67%) of the individuals surveyed in the most recent survey requested more community access. The recreational, social, and volunteer opportunities they have</p>

¹ A person-centered approach emphasizes what is important to the individual who receives services and focuses on personal preferences, satisfaction, and choice of supports in accessing the full benefits of community living. For more information regarding person-centered practices, please visit www.nasdds.org/resource-library/person-centered-practices.

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	<p>in the community are a vital part of their life satisfaction. Community access was the single area of greatest interest and need as indicated in the survey.</p>
<p>Does the concept address unmet service needs or service disparities? If so, how?</p>	<p>Yes, the concept specifically address the disparity in community access between individuals who are ambulatory and those who use a wheelchair. By targeting an increase in wheelchair-accessible vehicles for our fleet, we will begin to close the gap in community access, giving individuals in wheelchairs a notable increase in community access, which will be closer to the consistency of opportunity realized by ambulatory individuals.</p>
<p>Estimated budget and timeline; identify all major costs and benchmarks — attachments are acceptable.</p>	<p>The budget includes two wheelchair-accessible minivans, including registration costs, as well as an additional staff able to provide 1:1 community access for individuals who use a wheelchair and are medically fragile. We estimate that we would be able to purchase the vehicles within one month of receiving funding and increase access immediately after purchase. Hiring staff for the concept would take three months with additional training time required for full concept implementation.</p> <p>2 x 2019 BraunAbility Toyota Sienna XL = \$60,040 + tax/lic (\$5935). 1:1 staffing for medically fragile individuals = \$45,968 (includes wages and benefits at \$17/hr full-time)</p>
<p>Total requested amount.</p>	<p>\$ 177,918</p>
<p>What is your plan for sustaining the benefits, value, and success of your project at the conclusion of 2018-19 HCBS Funding?</p>	<p>Benefits would be immediately sustainable as related to transportation as the life of the vehicles is expected to be at least 10 years under our current fleet maintenance program. This would allow for the increase in community access to continue beyond the conclusion of the HCBS funding without issue.</p> <p>Continued staff funding would be sustained through the ability to take on additional individuals not currently in the program who need 1:1 staffing for community access to be possible due medical needs. Our current wait list includes individuals whose intake could produce the funding needed to maintain staffing once HCSB funding has ended. However, HCSB funding is necessary in advance to create the additional services and intake the consumers necessary for sustaining the position.</p>