

Home and Community-Based Services (HCBS) Rules CONCEPT FORM

Vendor Name	Insight For Living / Insight For Life / Insight For Life @ Virginia
Vendor number(s)	HP 4864 – Insight for Living; HP6121 – Insight for Life; PP0081 – Insight For Life @ Virginia
Primary regional center	San Gabriel/Pomona Regional Center
Service type(s)	Adult Residential Facility – 4F and Level 4G, Specialized
Service code(s)	915(s) and 113
Number of consumers currently serving and current staff to consumer ratio.	14 Consumers in 3 Facilities. Pending SRF Delayed Egress 4 Non-ambulatory beds. 1:1 – 1:3
Have you or the organization you work with been a past recipient of HCBS Funding?	No.
Please provide a brief description of the service/ setting that includes what a typical day consists of and how services are currently provided; include barriers to compliance with the HCBS rules.	The concept addresses unmet service needs. Our program provides a safe, nurturing environment that is supportive and promotes choice and independence. Our goal is to ensure that each person has access and opportunities in their life to make informed decisions and reach their full potential in the home and community. We would like to support the growing needs and experiences of each person by ensuring our staff is trained in person-centered practices, strategies, and planning. We want the people in the home to explore, discover and decide what he or she wants in life. We want to support their interests and choices. Having a staff to provide guidance and training to the team on how to best identify and implement person-centered practices to create plans that support the person's choices. In hiring a self-advocate peer mentor we want to demonstrate the social value and inclusive practices in making the person part of the leadership team voice for those in the program. To have full access and opportunity in the community, we need a staff to coordinate the activities, resources, staffing and accessible vehicle for community engagement. Lastly, we want to ensure that people have a way to express themselves by addressing their communication and access needs through assistive technology, adaptation and universal design in the home.
Identify which HCBS federal requirements this concept	Federal Requirement #1, 3, 4, 5, 6, 7, 8, 9, 10

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addresses that are currently out of compliance.	
<p>Narrative/description of the concept; include justification for the funding request and explain how the concept would achieve proposed outcomes.</p>	<p>1. Person-Centered Planning (PCP) – our agency would have trainers and a curriculum that would focus on the individual’s needs, preferences and interests. The curriculum would focus on person-centered practices, strategies and planning; provide coaching sessions and site observations in the home and community. <u>Outcome:</u> A Community Inclusion Specialist, trained staff, the creation and implementation of person-centered curriculum and tools for individualized plans.</p> <p>2. Advocacy – hiring a self-advocate peer mentor would demonstrate a social valued role, support employment, and provide peer leadership for the people in the program. This person would assist in leading advocacy meetings, provide guidance and training to their peers in building skills in self-determination, advocacy, decision-making, rights, choice, leading their own team meeting and leadership. <u>Outcome:</u> Peer representation on leadership team, employment, social valued role.</p> <p>3. Activities Coordinator – This position would assist the organization in providing support for individualized activities schedule, staffing, money, tracking of activities for person centered plans, coordinate transportation and money and resources for the activity. <u>Outcome:</u> Increase in life experiences and opportunities to have meaningful activities.</p> <p>4. Accessible Transportation – Have an accessible vehicle that can meet the current and future needs of the individuals in the home. <u>Outcome:</u> Support individuals to fully explore, access and participate in community activities based on the interests and build community connections.</p> <p>5. Assistive technology, Adaptation, Accommodations and Universal Design – Identify and secure technology that promotes independence such as computers, iPad, smart phones, web cameras, tablet, software programs/ applications, internet access, grab bars, handles, etc. <u>Outcome:</u> Increase ways a person can communicate, access their home and community, have visitors, and have choice, independence and decision-making.</p>
Please describe your person-centered approach ¹ in the	One on one interviews were conducted with residents, staff and families. Guiding questions were provided to identify

¹ A person-centered approach emphasizes what is important to the individual who receives services and focuses on personal preferences, satisfaction, and choice of supports in accessing the full benefits of community living. For

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concept development process; how did you involve the individuals for whom you provide services?	the services and supports offered and whether or not the organization was meeting the needs. Topics: community activities, employment, program changes, supplies and resources, development on interests and abilities.
Does the concept address unmet service needs or service disparities? If so, how?	The concept addresses our need as an organization to focus and expand our efforts to offer access and opportunities to those we support to have life experiences like everyone else. In receiving support in funding, we can offer flexible supports and services that enhance the quality of life of the people we serve.
Estimated budget and timeline; identify all major costs and benchmarks — attachments are acceptable.	<p>Community Inclusion Specialist: \$5,500 a month at \$25 an hour which includes payroll taxes full time for all organizations, and salary for one year.</p> <p>Self-Advocate Peer Mentor: \$3,000 a month working at 20 hours a week or 86 hours a month.</p> <p>Activities Coordinator: \$5,500 a month at \$25 an hour which includes payroll taxes full time for all organizations, and salary for one years.</p> <p>Assistive Technology Equipment/Programs: \$9,000 (computer, assistive devices, printers, iPad, software, etc.)</p> <p>Consultant(s): \$40,000 (PCP curriculum, staff, family advocacy group training, on-off site observations, coaching calls, PT/OT/Assistive Tech consultation, assessable docs.</p> <p>Transportation: \$50,000 for wheelchair accessible van</p> <p>Fuel/Mileage: \$7,000 (Gas, vehicle use)</p> <p>Program Supplies/Activities: (personalized materials, art supplies, gardening supplies, personalization of bedrooms etc) \$5,000</p> <p>Universal Design/Accommodations: \$9,000 (grab bars, kitchen countertops, knobs, etc.)</p> <p>Individual budgets: (fees for memberships e.g. gym, community organizations etc) \$500 per client x 10 clients</p>
Total requested amount.	\$293,000 for one year for two operational ARF's and 1 SRF Delayed Egress in development, projecting to start operations on January 2019.
What is your plan for sustaining the benefits, value, and success of your project at the conclusion of 2018-19 HCBS Funding?	Assist the individuals in our program to explore, discover and expand on their life experiences, increase their access and opportunities in the community, provide employment, and support each person to be an active member of their community. As an organization we will be able to

more information regarding person-centered practices, please visit www.nasddds.org/resource-library/person-centered-practices.

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	incorporate the values and learning and assess the organizational growth needed to provide quality services based on each person's needs.
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