

Home and Community-Based Services (HCBS) Rules CONCEPT FORM

Vendor number(s)	HQ0416 HQ0433 HQ0765 HQ0766 H90182 HQ0120 H14696 H85697 H27417 H14695
Primary regional center	San Diego Regional Center
Service type(s)	Day Programs – Work Activity programs
Service code(s)	954, 510, 515, 505
Number of consumers currently serving and current staff to consumer ratio.	358 Consumers receiving services 1:3 – 1:4 – 1:8 - 1:6
Have you or the organization you work with been a past recipient of HCBS Funding?	NO
Please provide a brief description of the service/ setting that includes what a typical day consists of and how services are currently provided; include barriers to compliance with the HCBS rules.	Individuals receive services at our centered-based facilities where they participate in an array of program opportunities within classroom type settings. These programs are not integrated and individuals do not have access to their communities for those who choose to do so. Services are limited within program opportunities due to the structuring and limited funding to create change to meet HCBS compliance regulations.
Identify which HCBS federal requirements this concept addresses that are currently out of compliance.	<u>Federal Requirement #1</u>
Narrative/description of the concept; include justification for the funding request and explain how the concept would achieve proposed outcomes.	<p>Unyeway, Inc. is respectfully requesting funding to establish the agencies first designated position as a Person-Centered Advocate Specialist to adhere to new rule settings for HCBS.</p> <p><u>Step 1: Establishing a framework.</u></p> <p>Encouraging and educating our clients and those around them to develop a positive view of themselves, their lives and their futures. Empowering those clients we serve, to take control of their lives. We will teach them how to take control of how they live their lives with meaningful supports of help and how to achieve their desired dreams. The agency will foster a new overall vision, which will promote a newly developed plan for the individuals served that will include a life plan or simple wishes and preferences of each person served. Train the Trainer; this will include preparing and facilitating staff to support our clients by listening to, hearing, and understanding, acknowledging and responding to what is communicated. We will add a formal person-centered planning support service or outsourcing service to our range</p>

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	<p>of services. Working in partnership with family led organizations to explore family mentoring and other ways of supporting our families to develop person-centered plans themselves and lead the process of putting them into action. We will foster a culture of feedback to look carefully and systematically at differences between what individuals are saying they want and how things are currently done.</p> <p><u>Step 2: Clarifying roles and responsibilities</u></p> <p>Every effort will be made to ensure that the role and responsibilities of every individual or group participating in the person centered planning process is clearly understood and agreed to by the client and ensure they are adequately supported. A consulting psychologist will be essential to participate and review the person centered plan for those individuals participating in our Behavior Modification programs. This will ensure the safety to self and others when accessing the community when identified in the persons plan. Additionally, the psychologist will play a vital role in working with clients in our Behavior Modification component to develop healthy behaviors and enable the client to reduce potential problems and successfully address future challenges for quality outcomes in an efficient and effective manner and in accordance to the person centered planning process.</p> <p><u>Step 3: Establishing mechanisms for ongoing communication and plan management.</u></p> <p>The Person Centered Advocate Specialist will attend each individuals planning meeting and will ensure careful consideration of and agreement on issues of ownership, confidentiality, storage of and access to plans. This PCA Specialist will ensure the wishes of the focus person are followed, such as: who should have access to the plan, whether the plan can be copied, who will monitor the plan, and where will the plan be kept by other than the individual whose plan it is, who may access it, when and how the information contained in the plan is to be used. Additionally, the PCA specialist will determine the best way of keeping every person informed and up to date on the progression of plans.</p> <p><u>Step 4: Developing a collaborative approach</u></p> <p>Education and outreach is imperative for the development of person-centered planning and the need for programs to change to adhere to the HCBS rules to encourage client choice and integration. Forums will be developed with families, high school educators, and other networking groups to carve out the path for successful person centered planning within the agency.</p>
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<p>Please describe your person-centered approach¹ in the concept development process; how did you involve the individuals for whom you provide services?</p>	<p>Unyeway, Inc. recognizes that person-centered planning is crucial to presenting our clients with options and cultivating their choices for employment opportunities. It is our desire to provide individuals with the tools necessary to achieve greater independence and interdependence while at the same time respecting their rights and preferences. On a routine basis Unyeway meets with clients and their support team to review client progress and obtain input on how they would like to enhance the services they receive. Unyeway has recognized the need for Person-Centered Planning, outreach and education for clients, families, and their support team members. This will guide the agency in the exact direction for HCBS compliance regulations.</p>
<p>Does the concept address unmet service needs or service disparities? If so, how?</p>	<p>Unmet Needs Planning - Internal Person-Centered Planning concept to include a new staff position, data bases, and consulting to expand service and social network of the focus person to achieve desired outcomes. Education and resources – Establish database for community resources and services for the focus person and staff implementing the Person-Centered concept and compliance for HCBS regulations. Culture and Advocacy - The need to adapt to the culture of the focus person and their loved ones and embrace their values by developing a meaningful planning process.</p>
<p>Estimated budget and timeline; identify all major costs and benchmarks — attachments are acceptable.</p>	<p>See Attached</p>
<p>Total requested amount.</p>	<p>Total Budget - \$163,000.</p>
<p>What is your plan for sustaining the benefits, value, and success of your project at the conclusion of 2018-19 HCBS Funding?</p>	<p>Unyeway is committed to allocate internal funds for the sustainability of this position.</p>

¹ A person-centered approach emphasizes what is important to the individual who receives services and focuses on personal preferences, satisfaction, and choice of supports in accessing the full benefits of community living. For more information regarding person-centered practices, please visit www.nasdds.org/resource-library/person-centered-practices.