

Home and Community-Based Services (HCBS) Rules CONCEPT FORM

Vendor name	Opportunities Unlimited (OU)						
Vendor number(s)	HQ0104						
Primary regional center	San Diego Regional Center						
Service type(s)	Activity Center						
Service code(s)	# 505						
Number of consumers currently serving and current staff to consumer ratio.	23 consumers, 1:6 staff ratio 17 ambulatory, 6 non-ambulatory						
Have you or the organization you work with been a past recipient of HCBS Funding?	No						
Please provide a brief description of the service/ setting that includes what a typical day consists of and how services are currently provided; include barriers to compliance with the HCBS rules.	<p>8:45am – 9:30am - Arrival Time/Personal Hygiene 9:30am – 10:00am - Body Conditioning (Exercise) 10:00am – 11:00am - Armchair Travel 11:00am – 12:00pm – Lunch/Medication/Personal Hygiene 12:00pm – 1:00pm – Arts & Crafts 1:00pm – 1:45pm – Bingo 1:45pm – 2:00pm - Prep for Home</p> <p>Barriers: Infrequent community outings, Inadequate staffing, ratio is 1:6. Ratio of 1:4 is preferred. Staff are not trained about Person-Centered Planning Approach.</p>						
Identify which HCBS federal requirements this concept addresses that are currently out of compliance.	<table> <tr> <td>#1</td> <td>#4</td> <td>Yes/No</td> </tr> <tr> <td>#2</td> <td>Yes/No</td> <td>#5</td> </tr> </table>	#1	#4	Yes/No	#2	Yes/No	#5
#1	#4	Yes/No					
#2	Yes/No	#5					
Narrative/description of the concept; include justification for the funding request and explain how the concept would achieve proposed outcomes.	<p>Our day program will implement a Person-Centered Approach. It is centered in the individual. The approach will include maximum opportunity to make choices and opportunities to include full access to the community and its resources. The client's participation in community outing and activities will increase their ability to make choices.</p> <p>The goal of the Person-Centered Approach is to make the individuals know the community where they live and hopefully will have the ability to work in the same community. The client is trained to acquire pre-employment skills and is supported in actively seeking</p>						

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	<p>employment. However, this can only be accomplished by a PCP Facilitator who explores the different community resources. The Facilitator is in charge in gathering information about the client to have better understanding of the client's functioning abilities, likes and dislikes, preferences and choices. Through the information gathered, Person-Centered Plan is developed and implemented. The information gathered is utilized in the plan and the progress is measured by using the appropriate tools and forms. The success of the plan will empower the client to have a better life. Adequate staffing is necessary for more personalized programming. PCP Facilitators will train the coordinators and support staff to develop choices and preferences to clients and to implement the PCP plan. The Program Coordinators will develop goals and implement the Person-Centered Plans and to change their own attitudes towards the client's ability to make choices i.e., ability to control their finances and to choose what to buy. Such goal can be accomplished by providing transportation in order to visit the community more frequently. Secondly, to make choices in order to visit the community more, agencies and other resources, to make choices where to go for medical, dental appointments, places to eat, places for entertainment, sports and parks. Facilitator explores customized employment training to eventually try to seek employment according the client's abilities. Due to the level of functioning of these clients and to achieve success, we are requesting better staff ratio which is 1:4. OU staff need intense training about Person-Centered Approach, thinking skills and service plans.</p>
<p>Please describe your person-centered approach¹ in the concept development process; how did you involve the individuals for whom you provide services?</p>	<p>The Person-Centered Approach is a process that focuses on the clients we serve. It includes knowing the clients very well by gathering information about them and knowing what are important TO and FOR the clients. Knowing a client can be accomplished through one page profile, the client's relationship map, the support system, the entire circle surrounding him/her, what is a good day and bad day, what is working and not working, communication chart for the non-verbal and learning logs. All these information are put together to make a Person-Centered service plan.</p>

¹ A person-centered approach emphasizes what is important to the individual who receives services and focuses on personal preferences, satisfaction, and choice of supports in accessing the full benefits of community living. For more information regarding person-centered practices, please visit www.nasdds.org/resource-library/person-centered-practices.

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	<p>This plan will guide the programming in order to better the individual's lives. The information can be gathered by individual comments and feedback by people in the relationship map. By this approach, the support the client have will develop a plan that will address the needs, preferences and abilities so they can empower and better their lives. The support system is committed to support the client in the process.</p>
<p>Does the concept address unmet service needs or service disparities? If so, how?</p>	<p>The Person-Centered Planning Approach addresses the unmet service needs by adequate staffing, training the staff about Person-Centered Approach. Support is given to the client to address his/her preferences, choices and allowing the client to express his/her needs wants and feedback regarding the services he/she is receiving, be it satisfaction or dissatisfaction , when he/she wants to be provided for and be given the opportunity to exercise his/her rights and reach his/her highest potential.</p>
<p>Estimated budget and timeline; identify all major costs and benchmarks — attachments are acceptable.</p>	<p>Budget Attached</p>
<p>Total requested amount.</p>	<p>\$ 167,888</p>
<p>What is your plan for sustaining the benefits, value, and success of your project at the conclusion of 2018-19 HCBS Funding?</p>	<p>To sustain the benefits, continuous training on the concept, adequate staffing and consistent programming provided the clients are needed. The success of the plan depends on the ability of the Program Facilitators and staffing to implement the programming always focusing and centered on the clients and nobody else. Regrouping and planning alternative approaches need to be utilized to contribute to the success of the project.</p>