

**Home and Community-Based Services (HCBS) Rules  
CONCEPT FORM**

Vendor name	Michael's Residential Center, Edward's Residential Center, Jimlys Adult Residential Facility #1, Jimlys Adult Residential Facility #2
Vendor number(s)	Michael's Residential Center – H39495 Edward's Residential Center - H59146 Jimlys Adult Residential Facility #1 - HQ0063 Jimlys Adult Residential Facility #2 – HQ0212
Primary regional center	San Diego Regional Center
Service type(s)	Adult Residential Facility
Service code(s)	# 915
Number of consumers currently serving and current staff to consumer ratio.	6 consumers, 1:3 staff ratio 1:2 ratio is preferred for much more individualized programming and attention 17 Ambulatory, 7 Non-Ambulatory
Have you or the organization you work with been a past recipient of HCBS Funding?	No
Please provide a brief description of the service/ setting that includes what a typical day consists of and how services are currently provided; include barriers to compliance with the HCBS rules.	<p><b>Monday-Friday Schedule</b></p> <p><b>5:30 am</b> – Clients get up Personal grooming task – training Bed making – training</p> <p><b>6:00 am</b> – Breakfast with assist Feeding assist to 2 clients</p> <p><b>6:30 am</b> – Personal grooming – tooth brushing, dressing</p> <p><b>7:45 am</b> – Day Program</p> <p><b>2:30 pm</b> – Arrival ARF</p> <p><b>3:00 pm</b> – Snack time</p> <p><b>4:00 pm</b> – In their bedroom to do what they want – watching TV, playing games</p> <p><b>5:00 pm</b> – Dinner</p> <p><b>6:00 pm</b> – TV time</p> <p><b>7:00 pm</b> – Bath time</p> <p><b>8:00 pm</b> – Bed time</p> <p><b>Saturday/Sunday Schedule</b></p> <p><b>7:30 am</b> – Clients get up Personal grooming task – training Bed making – training</p>

**Home and Community-Based Services (HCBS) Rules  
CONCEPT FORM**

	<p><b>8:00 am</b> – Breakfast with assist Feeding assist to 2 clients</p> <p><b>8:30 am</b> – Personal grooming – tooth brushing, dressing</p> <p><b>9:30 am</b> - Community Outing</p> <p><b>12:00 pm</b> - Lunch</p> <p><b>1:00 pm</b> - Rest</p> <p><b>3:00pm</b> – Snack Time</p> <p><b>4:00 pm</b> - In their bedroom to do what they want – watching TV, playing games</p> <p><b>5:00 pm</b> – Dinner</p> <p><b>6:00 pm</b> – TV time</p> <p><b>7:00 pm</b> – Bath time</p> <p><b>8:00 pm to 9:00 pm</b> – Bed time</p> <p><b>Barriers</b></p> <ol style="list-style-type: none"> <li>1. Inadequate staffing – some clients are low functioning needing total physical assist and supervision.</li> <li>2. Community outing – access to community is infrequent due to inadequate staffing and transportation problem.</li> </ol>
<p>Identify which HCBS federal requirements this concept addresses that are currently out of compliance.</p>	<p>#1 #8</p> <p>#2 #9 Yes/No</p> <p>#3 Yes/No #10</p> <p>#4</p> <p>#5</p>
<p>Narrative/description of the concept; include justification for the funding request and explain how the concept would achieve proposed outcomes.</p>	<p>The main focus of this concept is to help create a more Person-Centered culture in our homes. The facility program activities are limited in the way it is implemented due to inadequate staffing, it does not provide opportunities for clients’ choices in shopping and everything is prescriptive. They do not have choices or control over their finances. Their choices are limited to what are purchased for them. Our concept would work if we have Program Facilitators to develop techniques, strategies and methods for the residents to have more access to the community, to gather more information about the client in order to get to know him/her, the likes/dislikes, what makes him/her happy, what he/she likes to do, choices where to go in the community and what resources he/she can utilize. The Facilitator, with the info about the resident is able to develop concrete Person-Centered Service Plan, what is important TO and FOR the client. The Facilitator can train the Program</p>

## Home and Community-Based Services (HCBS) Rules CONCEPT FORM

	<p>Coordinators to develop and implement the goals centered for the clients. The Person-Centered Planning training will earn the Coordinators more in depth knowledge and change their own attitudes in helping and supporting the residents. Clients do not have full access to the community due to lack of transportation for daily use. Our concept would work by adding good source of transportation to go out in the community more frequently to explore the resources in the community, i.e., stores, parks, restaurants, entertainment centers, churches and job opportunities according to their individual abilities. The Person-Centered Plan would work if the plan is implemented diligently, supported by the client's circle of support and consistency of the program implementation. The success of the program will empower the residents to enjoy a happier life with the freedom to make choices, to live in the community comfortably and to mingle in the society without reference to their disabilities.</p>
<p>Please describe your person-centered approach<sup>1</sup> in the concept development process; how did you involve the individuals for whom you provide services?</p>	<p>The client is the focus of Person-Centered Approach/Thinking. The approach include discovering what is Important To and Important For the client and a balance between the two. The approach is centered on what the individual choices are and preferences on how to be comforted, to be content, fulfilled, happy and satisfied. The approach does not center in making the support staff happy and satisfied but rather the client is. In this approach, it is the individual who determines where he/she wants to live and who to be his/her support staff. In order to know the client better and to be able to support him/her, the facility involves the clients by utilizing feedbacks/ comments by using the following tools: Discovery and listening to what they say through relationship maps, routines, rituals, what is a good day – bad day, 2 minute drill, communication and reputation information.</p>
<p>Does the concept address unmet service needs or service disparities? If so, how?</p>	<p>Person-Centered Thinking/Planning will address unmet service needs or disparities – it provides maximum opportunities for choices. What is Important To and Important For an individual. Compliance is greater when clients are provided choices. It empowers clients to develop and maintain a positive and productive life of their</p>

<sup>1</sup> A person-centered approach emphasizes what is important to the individual who receives services and focuses on personal preferences, satisfaction, and choice of supports in accessing the full benefits of community living. For more information regarding person-centered practices, please visit [www.nasdds.org/resource-library/person-centered-practices](http://www.nasdds.org/resource-library/person-centered-practices).

**Home and Community-Based Services (HCBS) Rules  
CONCEPT FORM**

	choice. It will develop independence to make better choices in order to become a member of their community where they live and work.
Estimated budget and timeline; identify all major costs and benchmarks — attachments are acceptable.	BUDGET (see attached)
Total requested amount.	\$ 240,335
What is your plan for sustaining the benefits, value, and success of your project at the conclusion of 2018-19 HCBS Funding?	Provide continuous staff training to all my staff in order to maintain learned skills that empower the individuals in our program. Develop baseline and record success of every client served and maintain support, if needed by the chosen staff by client.