

## Home and Community-Based Services (HCBS) Rules CONCEPT FORM

Vendor number(s)	HS1135
Primary regional center	San Andreas Regional Center
Service type(s)	Adult Residential Facility
Service code(s)	915, 109, 868
Number of consumers currently serving and current staff to consumer ratio.	4 2 consumers:1 staff
Have you or the organization you work with been a past recipient of HCBS Funding?	No
Please provide a brief description of the service/ setting that includes what a typical day consists of and how services are currently provided; include barriers to compliance with the HCBS rules.	Three (3) individuals currently attend school and one (1) attends an Adult Day Program. They are usually out of the house weekdays 9a-2p. Individuals wake voluntarily 4-6am. Staff assist with hygiene, breakfast, meds and room clean up before buses/vans arrive. Upon return, staff assist in transitioning back home. Snacks and activity options are offered. Skills training may occur per IPP. Community outings can happen any day of the week depending on each individual's personal appointment or family visit schedules. Evenings, individuals are offered dinner per their choice and assistance with hygiene, meds and bed. Most sleep well through the night. Some require assistance with toileting in the night. Accommodations are made for any individual who does not attend school/day program at any time.
Identify which HCBS federal requirements this concept addresses that are currently out of compliance.	We have identified disparities to Federal Requirements #1 #3, #4, #8.
Narrative/description of the concept; include justification for the funding request and explain how the concept would achieve proposed outcomes.	<b>Fed Req #1</b> Limited staff reduce the ability to search and establish <i>meaningful relationships</i> between individuals and community resources. <b>Fed Req #3</b> Staff are not fully <i>trained</i> on the Person Centered Thinking/Planning approach. <b>Fed Req #4</b> We lack equipment that can greatly improve one's experience with his activities. For our individuals with Autism, <i>sensory equipment</i> and <i>high speed Wi-Fi</i> (to manage all their iPads running simultaneously) are all critical to their stability. This equipment is

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	<p>essential to help reduce anxiety, disruptive behaviors and improve functions allowing them to focus on skills training or chosen activities. We lack additional surfaces like <b>TV Trays</b> to allow for anytime/ anywhere, private dining options and table activities.</p> <p><b>Fed Req #8</b> The <b>refrigerator</b> in the kitchen stores both foods available for anytime eating as well as ingredients for set menus. Individuals need staff assistance to access the available foods so that they are not using the supply needed to make the menu items. To prevent being landlocked when the only van available is in use, an additional vehicle is needed. Choice destinations. Due to possible severe behaviors in transit, a <b>minivan</b> is preferred to maintain a safe distance between the driver and particular individuals. Staff do not have <b>VTA passes</b> for public transportation. Staff without personal <b>phones</b> have no way to communicate with each other, the Administrator or emergency personnel while in the community with the individuals.</p>
<p>Please describe your person-centered approach<sup>1</sup> in the concept development process; how did you involve the individuals for whom you provide services?</p>	<p>OakridgeTerrace's person centered approach is to listen, observe and learn what's important to our individuals. All four (4) individuals have limited functioning with high severity behaviors and are mostly non-verbal. We are especially conscious about attending to their cues on how to best serve them. We are committed to identifying and understanding their needs and wants which guide our supports. We aim to be creative and open in our assessments so that we can maximize each individual's potential and quality of life. We guide them toward experiences which highlight their individual talents, gifts and capabilities helping them build meaningful interactions and relationships which foster a community that can support them. We assist them in creating partnerships which value and appreciate them. The more we can present varying experiences to them, the more resources they have available to create a better life.</p>
<p>Does the concept address unmet service needs or service disparities? If so, how?</p>	<p><b>Fed Req #1 Community Engagement Facilitator (CEF)</b> Contract position. Researches and develops partnerships with companies and organizations in the community who agree to incorporate and encourage participation of our individuals. Transports and supervises individuals at such events/activities. Serves as liaison between individuals and these community partners. Advocates for individual.</p> <p><b>Fed Req #3 PCP Training</b> Secure staff PCP training and pay staff wages for the duration of the training. Create an atmosphere where individual choice integrity is maintained.</p> <p><b>Fed Req #4 Sensory Equip</b> Addressing sensory needs and releasing pent up energy allow the individual space to focus on skills training and to prepare for calm experiences with all activities and in the community.</p>

<sup>1</sup> A person-centered approach emphasizes what is important to the individual who receives services and focuses on personal preferences, satisfaction, and choice of supports in accessing the full benefits of community living. For more information regarding person-centered practices, please visit [www.nasdds.org/resource-library/person-centered-practices](http://www.nasdds.org/resource-library/person-centered-practices).

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	<p><b><i>Anytime/Anywhere</i></b> Stable <u>TV Tray</u> allow individuals to choose location to eat or engage in activities.</p> <p><b><u>Fed Req #8</u> Access to food anytime</b> A new <u>refrigerator</u> for inside the kitchen to store snack and meals items available to individuals anytime. The current refrigerator will move to the garage storing items specific to meal planning. <b>Access to the Community &amp; Public Transportation</b> A vehicle to transport individuals to outings when the larger van is being used by other individuals. <u>Minivan</u> is more appropriate than a standard passenger vehicle as at least 1 individual has history of grabbing the driver and kicking the windshield. Minivan will allow safe space between the individual and the front area. <u>VTA pass</u> for each staff who accompany individuals in the community. Allows full integration into community by accessing community resources through public transportation and deeper exploration of the city. <b>Safety 2 smart phones</b> Communication between staff who accompany individuals in different locations. Maintain safe communication with emergency personnel. Store important personal information about individuals in case of an emergency (medications list, emergency contacts, doctors, etc.). Store day of photo of individual in case they get separated from the staff. GPS and Internet to help guide outings and exploring individual's interest while out in the community.</p>
<p>Estimated budget and timeline; identify all major costs and benchmarks — attachments are acceptable.</p>	<ol style="list-style-type: none"> <li>1. CEF: <b>\$41,600</b> (2 yrs @ \$20/rh, 20 hrs/wk)</li> <li>2. PCP Trainer, training and associated payroll costs: <b>\$3,452.24</b> (\$1532.24 fees+\$1920 payroll)</li> <li>3. Sensory Swing: <b>\$649.94</b></li> <li>4. High-Speed Wi-Fi (2 year agreement): <b>\$2,159.76</b></li> <li>5. TV Trays: \$24.95 x 4: <b>\$99.80</b></li> <li>6. Refrigerator: <b>\$1,500 (incl tax)</b></li> <li>7. <b>\$45,000 Mini Van</b>(quote plus add ons) / VTA passes: <b>\$5,280</b> (6 staff)</li> </ol> <p>Durable Smart Phone (2): <b>\$1,857.22</b></p>
<p>Total requested amount.</p>	<p><b>\$ 101,598.96</b></p>
<p>What is your plan for sustaining the benefits, value, and success of your project at the conclusion of 2018-19 HCBS Funding?</p>	<p>A staff will be designated to assist and learn from the CEF as to continue the developed partnerships upon termination of contract. Collaborate with other agencies. PCP Training establishes long-lasting skills of how to serve individuals in the mindset of choice and quality of life. All other items empower the individual to make choices, access the community and expand their opportunities. They set the tone for future development and exploration in promoting their best lives.</p>