

Home and Community-Based Services (HCBS) Rules CONCEPT FORM

Vendor number(s)	HS1070
Primary regional center	San Andreas Regional Center
Service type(s)	ARF
Service code(s)	Level 4F
Number of consumers currently serving and current staff to consumer ratio.	6 consumers 1 staff per 3 individuals
Have you or the organization you work with been a past recipient of HCBS Funding?	No
Please provide a brief description of the service/ setting that includes what a typical day consists of and how services are currently provided; include barriers to compliance with the HCBS rules.	<p>The typical day at NVH consists first of morning routines for the individuals. All of which are tailored according to the needs. Next, they attend their chosen day program or activity. When they return there is a moment of leisure time in which the consumers can choose to exercise, color, dance, watch TV, call family or friends, etc. On certain days, there may be a community outing. After the afternoon and evening activities, individuals are helped (if needed) with their night routines.</p> <p>The barriers to creating a more person-centered lifestyle would be the lack of a wheelchair accessible van. Some of our individuals have a hard time with their mobility in the community. This is both a hindrance to the individual and their housemates because it limits the options for community integration. In addition, one vehicle is simply not enough to meet the desires and ambitions of 6 individuals. With a second vehicle, individuals can travel in smaller groups to assure their desires are not being prioritized behind another's.</p> <p>Lastly, the individuals will need locks on all their doors to maintain compliance with HCBS rules.</p>
Identify which HCBS federal requirements this concept addresses that are currently out of compliance.	#1, #4, #7
Narrative/description of the concept; include justification for the funding request and explain how the concept would achieve proposed outcomes.	Some of our individuals have a hard time with their mobility in the community. This is both a hindrance to the individual and their housemates because it limits the options for community integration. In addition, one vehicle is simply not enough to meet the desires and ambitions of 6 individuals. With a second vehicle, individuals can travel in smaller groups to assure their desires for greater decision-

Home and Community-Based Services (HCBS) Rules CONCEPT FORM

	making are not being prioritized behind another's. The individuals would not have to attend activities that they don't desire, but would rather be able to choose integration programs that they actually want because the 2 nd vehicle allows more flexibility on a practical level.
Please describe your person-centered approach ¹ in the concept development process; how did you involve the individuals for whom you provide services?	We held a meeting with each individual and asked what were some of the things or services they felt we could add to our daily routine that would help better their living experience. After a long series of questions, we narrowed down the answers to one main consensus which was more community integration and opportunity.
Does the concept address unmet service needs or service disparities? If so, how?	Yes it does and for one main reason: it gives the individual more sovereignty over their lives. It allows them to make decisions that we as a staff will be able to execute and not just say, "Maybe next time." We believe it will give our individuals a sense of empowerment, as well as give our staff the capability to meet their demands.
Estimated budget and timeline; identify all major costs and benchmarks — attachments are acceptable.	\$55,000 This will include a Ford Transit Van, Wheelchair modifications, registration, taxes, and new door locks for the individual's rooms. (see attachment for van quote) The timeline is 3-6 months upon approval.
Total requested amount.	\$ 55,000
What is your plan for sustaining the benefits, value, and success of your project at the conclusion of 2018-19 HCBS Funding?	We plan to reassess our entire program design to meet our new commitment to HCBS standards. This will include HCBS training, goals for community integration, and documentation.

¹ A person-centered approach emphasizes what is important to the individual who receives services and focuses on personal preferences, satisfaction, and choice of supports in accessing the full benefits of community living. For more information regarding person-centered practices, please visit www.nasdds.org/resource-library/person-centered-practices.