

Home and Community-Based Services (HCBS) Rules CONCEPT FORM

Vendor name	MMS Behavioral Day Program
Vendor number(s)	HS00277
Primary regional center	SAN ANDREAS REGIONAL CENTER (SARC)
Service type(s)	Adult Day Program
Service code(s)	515
Number of consumers currently serving and current staff to consumer ratio.	50 individuals 1:3
Have you or the organization you work with been a past recipient of HCBS Funding?	NO
Please provide a brief description of the service/ setting that includes what a typical day consists of and how services are currently provided; include barriers to compliance with the HCBS rules.	<p>On any typical day, individuals who attend day program operate on a relatively routine daily schedule. Caregivers are focused on assisting each individual to begin their day, with adherence towards working on behavioral and independent living goals and objectives. Staff ensure to inquire and adhere to the individual choices throughout their tasks to the best of their ability. Various observation and communication strategies are implemented to achieve greater understanding about the individuals' schedule of events, wants/hopes/desires/motivation, program planning needs.</p> <p>Barriers to compliance with the HCBS rules pertain to the degree to which the delivered services and supports correspond with the plan of care and the capacity of the system to meet existing and future demands, which results in limited time to present choices and preferences.</p>
Identify which HCBS federal requirements this concept addresses that are currently out of compliance.	<p>The concept addresses lack of compliance with HCBS federal requirements #1, #3, #4, #7, #8, and #10.</p> <p>Receiving funding will improve the programs ability to provide services and supports in a manner consistent with individual needs, goals, preferences, and values that help them to achieve desired outcomes. Addressing the above federal requirements allows for quality services that will propel our individuals to practice self-determination to direct their lives, improved collaboration among providers, and staff development that dramatically improves quality of life outcomes while remaining as productive and independent as possible in inclusive environments.</p>
Narrative/description of the concept; include justification for the funding request and explain how the concept would achieve proposed outcomes.	<p>The goals of the concept are community inclusion, normalization, and community integration. Individual choice optimizes autonomy and independence of the consumer. The opportunity to provide home adaptations to fit the needs of our consumers will positively influence many aspects of their everyday life.</p>

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	<p>Physical modifications, such roll-in showers with built in changing tables will facilitate greater ease and access.</p> <p>-A great deal of equipment and technical aid exists to promote and maintain a greater choice of independent living. Funding for these measures will be applied for equipping our individuals with personal Ipad Pros. Individuals will be taught and assisted to use the Ipads for communicating their choices, needs, and wants. For example, pictures will be taken on the tablet of all their daily choices; from specialty classes (meal prep, exercise, music ,vocational, community integration), meals, snacks, community outings, and activities. The individuals would choose their preferred class/activity by selecting their choices via the iPad, positively impacting individuals.</p> <p>-Being open to the experience of others is a core ethical principle. Staff training and redevelopment is necessary and must lead to demonstrated knowledge of program services, individual needs, and quality of life focus on wellness, using a person-centered approach. The role of providers is based on a model of partnership with the individual to assist with providing hope for the future, choice, focus on strengths, improved expectations of service delivery, active participation, and increased quality of life through shared understanding. Funding will be used to receive person-centered planning/thinking training, Train-the-trainer certification, and additional CEU training needs regarding the HCBS rules. The opportunity to offer transcultural and culturally-sensitive training will greatly impact the journey of healing and transformation enabling individuals to live a meaningful life in their community of choice, while striving to achieve their individual potential.</p> <p>-Refurbishment and reconditioning of current transportation vehicles and additional funding to purchase a hybrid vehicle per facility will prioritize the individual preferences of consumers and the flexibility of providers to effectively support individuals on a more individualized basis in overcoming barriers to community integration and employment efforts. This will afford individuals the opportunity for private individualized activity access without having to be hindered by other housemates' schedules/ preferences.</p>
<p>Please describe your person-centered approach¹ in the concept development process; how did you involve the individuals for whom you provide services?</p>	<p>Our primary principles incorporated individual choice, quality of life, community focus, and a “whatever it takes to meet your needs” attitude through their verbal feedback accumulated during home interaction and housemate meetings. We desire to utilize a “menu approach” to services provided based on the individual’s own goals. It is our goal to provide choices that de-emphasize traditional “professional” to “patient” relationships and respecting individuals as equal partners in their daily life choices. To be a good professional, we recognize the need for quality information and to get this, we must have good relationships.</p>

¹ A person-centered approach emphasizes what is important to the individual who receives services and focuses on personal preferences, satisfaction, and choice of supports in accessing the full benefits of community living. For more information regarding person-centered practices, please visit www.nasdds.org/resource-library/person-centered-practices.

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	<p>With this at the forefront of our mission, we have incorporated various strategies to regularly connect and consult with our individuals. Efforts to better understand and help them maintain a role as an active member of the community of their choosing will be discussed in individual interviews, group brainstorming sessions, and day-to-day two-way conversation opportunities. A focus on key-life areas discussed includes housing, work, education, finances, social goals, sexuality, and spirituality.</p> <p>Involvement of individual and family involvement in service delivery is also highly encouraged. This demonstration of high level commitment by service and care providers leads to a higher level of commitment from individuals and their support systems.</p>
Does the concept address unmet service needs or service disparities? If so, how?	<p>Yes, by having additional funding to access and implement these concepts, our individuals would benefit in several key areas in their daily life. Our organization understands that living, learning, and working should be done through integration rather than segregation. It is our intention to promote staff that fully support individuals to pursue their quality of life goals while providing sensitivity to values-based, consumer-driven social arrangements through person centered thinking training.</p> <p>Additionally, teaming between professionals, paraprofessionals, individuals, and family members is a powerful tool to help support our individuals get their needs and desires met. Individualized plans and schedules can be created and implemented with the use of communication aides, like iPads; community integration via smaller vehicles; desired social group outings with current, refurbished vehicles; safety and comfort can be met with bathroom modifications.</p>
Estimated budget and timeline; identify all major costs and benchmarks — attachments are acceptable.	<p>SEE CHART ATTACHMENT</p> <p>Timeline: All items can be purchased/ completed/ implemented within one year of approval.</p>
Total requested amount.	\$ 270,100
What is your plan for sustaining the benefits, value, and success of your project at the conclusion of 2018-19 HCBS Funding?	<p>The requested action of funding approval balances individual choice and preferences along with policy and program interests; therefore, sustainability is of utmost importance. Sustainability will be upheld through routine, daily/ monthly maintenance of physical items, ie, regular warranty checks, vehicle inspections, oil changes, daily cleaning of bathrooms, appliances, etc. Promoting a culture of ownership and pride in maintain the cleanliness and sterilization among staff and individuals, caring of the items used.</p> <p>Sustainability of training would be best incorporated through the Train the Trainers, particularly due to the individuals being trained have invested time (over 15 years each) within the company and have expressed a personal desire to continue building growth within the company through education of person centered planning training amongst the current and new prospective employees and individuals.</p>