

Home and Community-Based Services (HCBS) Rules CONCEPT FORM

Vendor name	<u>Life Services Alternatives Inc.</u>
Vendor number(s)	HS0370, HS0322, HS0321, H80863, HS0948, HS0482, HS0483, HS0484, HS0485, HS0486, ZS0809
Primary regional center	SAN ANDREAS REGIONAL CENTER
Service type(s)	<u>ARFPSHN Residential, ARF Residential, Community Integration Training Program</u>
Service code(s)	<u>113-Residential 962 Homes; 113 & 113 STS-Rivermark Homes; 915-ARF Homes; 55-CITP day activity services; 880-Transportation Services</u>
Number of consumers currently serving and current staff to consumer ratio.	25 live in ARFPSHN Homes 5 live in RCFE Homes 31 live in ARF Homes 14 individuals participate in our Community Integration Training Programs
Have you or the organization you work with been a past recipient of HCBS Funding?	No
Please provide a brief description of the service/ setting that includes what a typical day consists of and how services are currently provided; include barriers to compliance with the HCBS rules.	The individuals living in our ARFPSHN, RCFE and ARF homes, and their families have expressed a desire to be more involved in community activities of their choice. The participants in our CITP would like to have opportunities for paid employment. During IPP meetings, staff training, and resident council meetings, we have discussed the new HCBS rules and how to implement changes to provide better services for our individuals. As a result of these meetings, we have identified areas that we need to improve, including staff and administrative understanding of person centered planning and HCBS rules, how to implement identified service needs and how to develop more connections with the community.
Identify which HCBS federal requirements this concept addresses that are currently out of compliance.	The concept would address unmet needs and services specific to Federal Requirement #1, #3, and #4 By providing the additional support to the people who live in our LSA homes, we would be able to assist the individuals to pursue those interest that have been identified. This would include paid employment, leisure and education opportunities.
Narrative/description of the concept; include justification for the funding request and explain how the concept would achieve proposed outcomes.	Federal Requirement #1, #3 and #4 are out of compliance. The LSA project would first focus on providing training and support to the individuals, families and staff on the concepts of Person Centered Thinking and Planning to address requirements 1, 3 and 4. For the implementation of the new regulations, it is important that everyone involved in the IPP

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	<p>process have a clear understanding of the CMS Final Rule requirements.</p> <p>To be successful, LSA wants to train its Staff Training Coordinator fully in the PCT concepts in order to work with staff and families by providing training and support before, during and after the IPP process. The Training Coordinator would be responsible for increasing community inclusion by training direct support staff to make contacts within the various communities, assisting individuals in finding those activities in which they have expressed interest, to include paid employment, volunteer positions, and leisure activities. The Training Coordinator would also train and assist staff in obtaining equipment and/or training for alternative means of communication. (Requirements #1,3,4)</p> <p>Req. #1. Three additional vehicles would need to be purchased to allow for an increase in community opportunities. These vehicles would be used by all LSA homes and the CITP so that our individuals are able to make choices about where to go and when they want to go. A small mini-van vehicle adapted for wheelchair use would open the program to the possibility of accepting participants with mobility issues.(Requirement 1,4)</p> <p>Additional funding would be used to hire a staff person to assist in paid job development.</p>
<p>Please describe your person-centered approach¹ in the concept development process; how did you involve the individuals for whom you provide services?</p>	<p>LSA staff facilitate person-centered quarterly meetings for individuals during which their goals and dreams for the future are set. We encourage and invite the individual's family members and circle of support to attend and to participate in this process. The individuals, the people that are important in their lives, and LSA staff were queried as to how LSA can best improve its Person Centered approach and meet the HCBS Final Rule requirements. Those recommendations were incorporated into this proposal.</p>
<p>Does the concept address unmet service needs or service disparities? If so, how?</p>	<p>Federal requirement #1 Community Integration/competitive integrated work: Person-centered training will increase LSA staff's skills in helping individuals to access community activities and/or paid employment based on their choice, which we hope will enrich the individuals' lives. Additional vehicles will enable staff to offer more choice in smaller groups in order to honor the desires of each individual.</p>

¹ A person-centered approach emphasizes what is important to the individual who receives services and focuses on personal preferences, satisfaction, and choice of supports in accessing the full benefits of community living. For more information regarding person-centered practices, please visit www.nasdds.org/resource-library/person-centered-practices.

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	Requirement #3 & #4 Privacy, dignity and respect and independence: Person-centered training will enable staff to understand the concept of autonomy. Purchase of communication devices and training in their use will assist staff to communicate more naturally with individuals who do not use words to communicate. Individuals will also receive training in communication and person centered thinking.
Estimated budget and timeline; identify all major costs and benchmarks — attachments are acceptable.	<p>1.W/C accessible van: \$65,000, 2 yr insurance \$8,000 2.Prius vehicle: \$23,000, 2 yr insurance \$6,000 3.W/C accessible mini-van: \$42,000, 2 yr insurance \$6,000 4. Person Centered training for existing staff trainer: \$640 5.Trainer time and materials to create DSS approved training curriculum: \$6,800 6.Key staff training on one page profile: \$100 per staff for 20 staff=\$2,000 7.Job Development Consultant for 1 year: \$17 hour x 5.5 hours day x 22 days mo. X 12 mos=\$24,684 8.Person Centered Plans @ \$65 each x 60 =\$3900 9.iPads for resident communication, plus iPad cases and 2 yr warranty 1 per 12 homes=\$11,736</p>
Total requested amount.	\$199,760
What is your plan for sustaining the benefits, value, and success of your project at the conclusion of 2018-19 HCBS Funding?	<p>Training: The <u>existing</u> Staff Training Coordinator will use this opportunity to create a DSS approved Person Centered Thinking/Planning Training that can be used ongoing to train new and existing staff. Vehicles: After the second year, costs will be absorbed by the LSA operations budget. Job Developer Consultant: We expect that one year will result in paid employment opportunities and that existing staff can step into that role in subsequent years.</p>