

## Home and Community-Based Services (HCBS) Rules CONCEPT FORM

Vendor name	<b>K &amp; N Manor</b>
Vendor number(s)	HS0368
Primary regional center	SAN ANDREAS REGIONAL CENTER (SARC)
Service type(s)	Adult Residential Facility
Service code(s)	915
Number of consumers currently serving and current staff to consumer ratio.	6 individuals per facility 1:2
Have you or the organization you work with been a past recipient of HCBS Funding?	NO
Please provide a brief description of the service/ setting that includes what a typical day consists of and how services are currently provided; include barriers to compliance with the HCBS rules.	<p>Daily, individuals who reside in any of our residential care homes operate on a relatively routine daily schedule. Caregivers are focused on assisting each individual with adherence towards working on behavioral and independent living goals. Staff ensure to inquire of their choices throughout their tasks to the best of their ability. Upon individuals returning from their respective day programs, they are provided with a healthy snack and are encouraged to participate in a choice activity before gathering for dinnertime. After dinner is generally occupied in efforts to connect socially with one another, community outings for the individuals, etc. Various observation and communication strategies are implemented to achieve greater understanding about the individuals' day, future schedule of events, wants/ hopes/ desires/ motivation, program planning needs, etc.</p> <p>Barriers to compliance with the HCBS rules pertain to the degree to which the delivered services and supports correspond with the plan of care and the capacity of the system to meet existing and future demands, which results in limited time to present choices and preferences.</p>
Identify which HCBS federal requirements this concept addresses that are currently out of compliance.	<p>The concept addresses lack of compliance with HCBS federal requirements #1, #3, #4, #7, #8, and #10.</p> <p>Receiving funding will improve the programs ability to provide services and supports in a manner consistent with individual needs, goals, preferences, and values that help them to achieve desired outcomes. Addressing the above federal requirements allows for quality services that will propel our individuals to practice self-determination to direct their lives, improved collaboration among providers, and staff development that dramatically improves quality of life outcomes while remaining as productive and independent as possible in inclusive environments.</p>

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<p>Narrative/description of the concept; include justification for the funding request and explain how the concept would achieve proposed outcomes.</p>	<p>The goals of the concept are community inclusion, normalization, and community integration. Individual choice optimizes autonomy and independence of the consumer. The opportunity to provide home adaptations to fit the needs of our consumers will positively influence many aspects of their everyday life.</p> <p>Home modifications, such as commercial grade washers and dryers, a walk-in tub/ roll-in showers with built in changing tables will facilitate greater ease and access.</p> <p>-A great deal of equipment and technical aid exists to promote and maintain a greater choice of independent living. Funding for these measures will be applied for equipping our individuals with personal Ipad Pros. Individuals will be taught and assisted to use the Ipads for communicating their choices, needs, and wants. For example, pictures will be taken on the tablet of all their daily choices; from clothing, meals, snacks, community outings, and activities.</p> <p>-Being open to the experience of others is a core ethical principle. Staff training and redevelopment is necessary and must lead to demonstrated knowledge of program services, individual needs, and quality of life focus on wellness, using a person-centered approach. Funding will be used to receive person-centered planning/thinking training, Train-the-trainer certification, and additional CEU training needs regarding the HCBS rules.</p> <p>-Refurbishment and reconditioning of current transportation vehicles and additional funding to purchase a hybrid vehicle per facility will prioritize the individual preferences of consumers and the flexibility of providers to effectively support individuals on a more individualized basis in overcoming barriers to community integration and employment efforts. This will afford individuals the opportunity for private individualized activity access without having to be hindered by other housemates' schedules/ preferences.</p> <p>-The need for modernization and remodeling strategies promote success with individuals meeting their privacy needs and preference. This supports an increase in the accessibility and use as desired by the individual and will lead to increased satisfaction with the services and supports they are receiving overall.</p> <p>Due to the lack of fine motor skills in some of our individuals, an electronic key pad would be more beneficial and suitable versus a key entry door; the option for key entry would still be available with the electronic keypad (hybrid)</p>
<p>Please describe your person-centered approach<sup>1</sup> in the concept development process; how did you involve the individuals for whom you provide services?</p>	<p>Our primary principles incorporated individual choice, quality of life, community focus, and a "whatever it takes to meet your needs" attitude through their verbal feedback accumulated during home interaction and housemate meetings. We desire to utilize a "menu approach" to services provided based on the individual's own goals. It is our goal to provide choices that de-emphasize traditional "professional" to "patient" relationships and respecting individuals as equal partners in their daily life choices.</p>

<sup>1</sup> A person-centered approach emphasizes what is important to the individual who receives services and focuses on personal preferences, satisfaction, and choice of supports in accessing the full benefits of community living. For more information regarding person-centered practices, please visit [www.nasdds.org/resource-library/person-centered-practices](http://www.nasdds.org/resource-library/person-centered-practices).

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	<p>With this at the forefront of our mission, we have incorporated various strategies to regularly connect and consult with our individuals, with focus on key-life areas discussed includes housing, work, education, finances, social goals, sexuality, and spirituality.</p> <p>Individual and family involvement in service delivery is also highly. This demonstration of high level commitment by service and care providers leads to a higher level of commitment from individuals and their support systems.</p>
Does the concept address unmet service needs or service disparities? If so, how?	<p>Yes, our individuals would benefit in several key areas in their daily life. Our organization understands that living, learning, and working should be done through integration rather than segregation. It is our intention to promote staff that fully support individuals to pursue their quality of life goals while providing sensitivity to values-based, consumer-driven social arrangements through person centered thinking training.</p> <p>Additionally, teaming between professionals, paraprofessionals, individuals, and family members is a powerful tool to help support our individuals get their needs and desires met. Individualized plans and schedules can be created and implemented with the use of communication aides, like iPads; community integration via smaller vehicles; desired social group outings with current, refurbished vehicles; safety and comfort can be met with bathroom and laundry modifications.</p>
Estimated budget and timeline; identify all major costs and benchmarks — attachments are acceptable.	<p><b>SEE CHART ATTACHMENT</b></p> <p>Timeline: All items can be purchased/ completed/ implemented within one year of approval.</p> <p>Locks, Washers, dryers, water heaters, and iPads can be purchased within 120 days of approval</p> <p>Major cost items, ie, bathroom project, vehicles, and training can be completed more quickly if funding was provided</p>
Total requested amount.	<b>\$ <u>87,975</u></b>
What is your plan for sustaining the benefits, value, and success of your project at the conclusion of 2018-19 HCBS Funding?	<p>The requested action of funding approval balances individual choice and preferences along with policy and program interests; therefore, sustainability is of utmost importance. Sustainability will be upheld through routine, daily/ monthly maintenance of physical items, ie, regular warranty checks, vehicle inspections, oil changes, daily cleaning of bathrooms, locks, appliances, etc. Promoting a culture of ownership and pride in maintain the cleanliness and sterilization among staff and individuals, caring of the items used.</p> <p>Sustainability of training would be best incorporated through the Train the Trainers, particularly due to the individuals being trained have invested time (over 15 years each) within the company and have expressed a personal desire to continue building growth within the company through education of person centered planning training amongst the current and new prospective employees and individuals.</p>