

Home and Community-Based Services (HCBS) Rules CONCEPT FORM

Vendor number(s)	HS0379 & HS0616
Primary regional center	San Andreas Regional Center
Service type(s)	Level 3 & 4E ARF
Service code(s)	915
Number of consumers currently serving and current staff to consumer ratio.	6 x 2 locations = 12 consumers
Have you or the organization you work with been a past recipient of HCBS Funding?	No
Please provide a brief description of the service/ setting that includes what a typical day consists of and how services are currently provided; include barriers to compliance with the HCBS rules.	A typical day at our level 3 & 4E ARF homes of almost 15 years consist of providing supervision and care to meet the needs and requirements for individualized consumer basis, yet many activities today are conducted in a group setting. As we are changing that model to serve individual requests, services are currently provided to consumers by their interests and desires, and sometimes challenged by individual transportation needs. Based on the HCBS Ruling, our DSP's would require training to fully understand and implement the new regulations by using our new model of documentation to provide the consumers dreams and aspirations and bring to fruition. Transportation would need to be individualized and vehicles would need to be put into place with more drivers to assist them as with many medical and dental appointments, this currently poses many challenges. Financial barriers are a hindrance for the HCBS requirements as the homes require some updates for conformity for updating kitchen and bathroom areas to accommodate their individualized potential for learning to thrive and have more room to move about without disruption.
Identify which HCBS federal requirements this concept addresses that are currently out of compliance.	#1 Consumer access to community, #4 Not always able to satisfy consumer access to the community at a moment's notice, #7 Consumers to have key bedroom access, #8 Food Service prep and Laundry Services at their leisure, #9 Visitors at any time, #10 Bathroom Accommodations & Safety
Narrative/description of the concept; include justification for the funding request and explain how the concept would achieve proposed	#1 Although we are integrated with community outings, it's a constant struggle to provide transportation to many of the consumers at the same time due to the hierarchy of current priority of medical & dental appointments as they conflict with the priority of other events compared to personalized

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outcomes.	<p>transportation for individual rides. As we have reliable vehicles at each location, adding a van at each location in addition to the vehicles already obtained will allow the staff to transport multiple clients simultaneously without conflicts of vehicles not being accessible. This will allow consumers to access their activities easily and more frequently. We also have a couple of consumers over 6' tall and one consumer that we have served for many years is 6' 8" and he requires extra room to enter and exit the vehicles safely as he ages.</p> <p>#7 Consumers do not have personal locks and keys to their bedrooms. New locking door knobs would need to be installed with keys for their privacy. Extra keys would need to be cut for DSP's for emergencies.</p> <p>#8 The current kitchen at (Ortega location) is a closed peninsula, allowing only one person behind the counter comfortably. To meet the requirements for self-service in the kitchen, a kitchen remodel would be required for consumer safety. A current gas stove is present and should be changed to electric or induction for no flame and safety concerns. The microwave oven would need to be lowered to prevent burns and ease of comfort. The kitchen is too small and a closed u shape for multiple consumers to be able to move about safely to prepare one's own meals anytime. An open plan with a kitchen island and correct counter height for those with height challenges would need to be constructed to meet the requirements.</p> <p>#8 The current laundry rooms at both locations should have commercial or heavy duty-front loading washers and dryers with extended warranties, as some clients cannot access the clothing due to height challenges.</p> <p>#10 (Wren Location) 3 bathrooms would need to be remodeled to add walk in showers with built in seats to accommodate those who have a difficult time lifting their legs to enter over the tub enclosure and be changed to a walk-in shower instead. Install counter height sinks, and grab-bars to prevent falls.</p> <p>#10 (Ortega Location) 2 bathrooms would need to be remodeled to add walk in showers with built in seats to accommodate those who have a difficult time lifting their legs to enter over the tub enclosure and be changed to a walk-in shower instead. Install counter height sinks and grab bars to</p>
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	prevent falls.
Please describe your person-centered approach ¹ in the concept development process; how did you involve the individuals for whom you provide services?	After attending HCBS Person Centered Thinking pilot training course and learning the HCBS requirements, we have started identifying a person-centered approach by implementing a new format of quarterly meetings and changing the consumer reports to identify their individual needs and goals more on a personal approach to learn how they would like to change their current challenges with a different approach that is simpler for them to achieve. Each individual is asked personal preferences and outlined with their DSP's and added as action items to follow-up and track in quarterly objectives for optimum achievements and gratification.
Does the concept address unmet service needs or service disparities? If so, how?	Yes, as we have met with DSP's and consumers to discuss ways to make their lives easier to comply with the new standards. The requested changes will assist us to comply and conform with the unmet needs and improve services.
Estimated budget and timeline; identify all major costs and benchmarks — attachments are acceptable.	(2) Transport Vans for (Wren HS0379) & Ortega (HS0616) \$ 85,900 (2) years of commercial van Auto insurance policies \$ 2500 DSP HCBS Training both facilities \$ 2200 Ortega (HS0616) Kitchen Remodel \$ 55,000 Ortega (HS0616) (2) Bathroom Remodels \$ 50,000 Wren (HS0379) (3) Bathroom remodels \$ 75,000 Wren (HS0379) & Ortega (HS0616) Front load Washer & Dryers \$ 6300 Bedroom Door Locks HS0379 & HS0616) \$400 Wren (HS0379) Electric Stove \$700 Timeline-Begin in April/May 2019 through 2019 for project completion
Total requested amount.	\$ 278,000
What is your plan for sustaining the benefits, value, and success of your project at the conclusion of 2018-19 HCBS Funding?	Train all DSP's on HCBS regulations and carry through new services to all consumers providing them the tools they require. Value for consumer safety and comfort with remodels. New quarterly reports with new bench-lines to show growth, progress and consumer success rates.

¹ A person-centered approach emphasizes what is important to the individual who receives services and focuses on personal preferences, satisfaction, and choice of supports in accessing the full benefits of community living. For more information regarding person-centered practices, please visit www.nasdds.org/resource-library/person-centered-practices.