

Home and Community-Based Services (HCBS) Rules CONCEPT FORM

Vendor name	HAND IN HAND FOR PROGRESS
Vendor number(s)	HB0990, PB1978
Primary regional center	Regional Center East Bay
Service type(s)	Adult Day Care
Service code(s)	515,880,055
Number of consumers currently serving and current staff to consumer ratio.	50
Have you or the organization you work with been a past recipient of HCBS Funding?	No.
Please provide a brief description of the service/ setting that includes what a typical day consists of and how services are currently provided; include barriers to compliance with the HCBS rules.	<p>Hand in Hand is a community-integration training provider with a behavior management component. We support opportunities for community living by providing access in the least restrictive environment, encouraging the individual in exercising their own choices and decision making, which is important to their self-esteem and self-worth.</p> <p>Barriers to compliance with HCBS rules</p> <ul style="list-style-type: none"> • The need for environmental modifications to make the settings more physically accessible to individuals with visual impairment. • The need for a part-time orientation and mobility specialist to teach safe, efficient, and effective travel skills in a person-centered approach for greater independence. • The need for specialized accessible transportation to support independence, choices, and to gain full access to the community. • Additional staff training to comply with HCBS rules.
Identify which HCBS federal requirements this concept addresses that are currently out of compliance.	Federal Requirements 1, 3, and 4.
Narrative/description of the concept; include justification for the funding request and explain how the concept	We are seeking additional funding to complete phase 2 of our project to environmentally modify our facility to accommodate the need of individuals with visual impairment that comes to the day program. For accommodation and accessibility we

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<p>would achieve proposed outcomes.</p>	<p>would like to design an area surrounded by many sensory "clues" that can help the individuals understand and become more familiar with the space giving them more control over their environment.</p> <p>Sensory "clues" that can help build a mental image of your surroundings will include: Installing wall textures for mapping to help create a visual mental image of the surroundings.</p> <p>Sound devices that will produce different sounds in specific areas to help them to remain oriented.</p> <p>Hand rails that will guide them through the different areas. For example, if they need to use the restroom, they can easily be guided using the installed hand rails.</p> <p>The use of aromas in the area, using different scents will also provide as a useful clue to the individuals.</p> <p>To optimize independence, we will hire an Orientation and Mobility consultant that will provide instruction to individuals to help them develop the skills and concepts they need to travel safely within the program and in different community-based settings. Support staff will also receive the training from the consultant to ensure effectiveness of the level of assistance provided to help the individual achieve independence.</p> <p>Once phase 2 is completed, licensee will apply for a change in licensed capacity. Additional funding will be used to ensure that the facility is appropriately equipped with sufficient and safe equipment, furnishings and activity materials that are person-centered and based on individual's choices and preferences that will help the individual become more self-determined. In addition, Hand in Hand will also need to provide specialized transportation, ensuring that individuals will have access to community-integrated options and resources that supports opportunities for community living.</p> <p>Hand in Hand will also need to purchase four (4) accessible vans to support individual choices and preferred activities. Transporting individuals to places of interest for shopping, grocery, leisure activity, doctor's appointments, job interviews, and much more.</p>
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<p>Please describe your person-centered approach¹ in the concept development process; how did you involve the individuals for whom you provide services?</p>	<p>We believe that a good life is best led by the voice of the person using supports. Getting to know the individual also provided us with the information to discover what is important to the person while balancing what is important for them.</p> <p>For an individual with visual impairment, it can be as simple as being able to navigate to the restroom independently without having the need to communicate it, having control over your environment with confidence knowing it is safe.</p> <p>By following these person-centered principles, we have identified that there are barriers to our services that prevent individuals from experiencing full benefits of community living.</p>
<p>Does the concept address unmet service needs or service disparities? If so, how?</p>	<p>Yes. These concepts are based on person-centered approach and are anticipated to help the individual become more self-determined.</p>
<p>Estimated budget and timeline; identify all major costs and benchmarks — attachments are acceptable.</p>	<p>Two (2) wheelchair accessible van 2016 Ford Transit Wagon 350 XLT 12 at \$ 43,499 Two (2) 2017 Ford Transit van at \$23,900 per van Orientation and Mobility consultant – \$85 per hour. There are currently nine (9), individuals that has visual impairment and will receive four (4), hours of O&M training, an additional four (4) hours for staff training. \$3,825 Environment modification (Installation of wall textures, sound devices, handrails, aroma diffusers)- \$8,000 Estimated completion: September 2020</p>
<p>Total requested amount.</p>	<p>\$146,623</p>
<p>What is your plan for sustaining the benefits, value, and success of your project at the conclusion of 2018-19 HCBS Funding?</p>	<p>The environment modification will be permanent to enhance the quality of life of individuals by nurturing independence. An orientation and mobility training guideline will be written down <u>to ensure future staff will acquire the skills and ability</u> and be able to implement this with consistency.</p> <p>The vans will be regularly maintained. Drivers will perform a daily vehicle pre-trip inspection before every trip to make sure that it is safe, road worthy, and always ready to be utilized by individuals in the community.</p>

¹ A person-centered approach emphasizes what is important to the individual who receives services and focuses on personal preferences, satisfaction, and choice of supports in accessing the full benefits of community living. For more information regarding person-centered practices, please visit www.nasdds.org/resource-library/person-centered-practices.