

Home and Community-Based Services (HCBS) Rules CONCEPT FORM

Vendor name	Futures Explored; Ala Costa Centers; Harambee Community Services; Las Trampas; Ability Now Bay Area
Vendor number(s)	Futures Explored: HB0263; Ability Now Bay Area: H04568 Ala Costa Centers: PB0964; Harambee Community Services: PG1816, PG1815, HB0934; Las Trampas: HB0034
Primary regional center	Regional Center of the East Bay
Service type(s)	Adult Day Programs, Behavior Management Day Programs, Supported Employment Programs
Service code(s)	Futures Explored: 055, 510, 110, 111, 091; Ability Now Bay Area: 510; Ala Costa Centers: 055; Harambee Community Services: 055, 515; Las Trampas: 510
Number of consumers currently serving and current staff to consumer ratio.	Ability Now Bay Area: 63 consumers, ratios 1:2 & 1:4; Ala Costa Centers: 37 consumers, ratios 1:3; Futures Explored: 120, ratios 1:2 and 1:3; Harambee Community Services: 6 consumers, ratios 1:1, 1:2, & 1:3; Las Trampas: 30 consumers, ratios 1:3 & 1:2
Have you or the organization you work with been a past recipient of HCBS Funding?	This is a collaborative effort amongst five service providers. The following have received HCBS funding in the past: Ability Now, Futures Explored, Harambee Community Centers.
Please provide a brief description of the service/ setting that includes what a typical day consists of and how services are currently provided; include barriers to compliance with the HCBS rules.	<p>This proposal is a collaborative effort among five service providers who experience similar barriers and challenges to access and inclusive communities. These barriers are due to the fact that the community currently does not have locations where personal care needs can be met in a clean, sanitary and dignified manner.</p> <p>As such, service recipients generally travel to agency operated facilities and receive support with personal care; choose from a menu of activities to engage in, within the limited resources available, and are grouped accordingly. These groupings are based on activity choices, not necessarily related to who to engage with or which staff to provide support. If community opportunities are chosen, the location and amount of time spent is limited based on when nursing or personal care needs to happen.</p>

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	<p>The HCBS rules discuss the availability of options that are not “disability specific” and we believe that supporting this proposal will lead to more access and opportunities for all people to live, work and play in their communities.</p>
<p>Identify which HCBS federal requirements this concept addresses that are currently out of compliance.</p>	<p>1, 2, 4, 5</p>
<p>Narrative/description of the concept; include justification for the funding request and explain how the concept would achieve proposed outcomes.</p>	<p>Accessible locations throughout the community where personal care and nursing needs can be met would allow individuals who require that level of support greater access and increased community inclusion.</p> <p>At this time, individuals who need to be lifted to a changing table for personal care/hygiene or who have intermittent nursing needs, such as catheterization, are limited to agency controlled facilities to meet their needs.</p> <p>Our proposal is to address this unmet need and service disparity in three ways:</p> <ol style="list-style-type: none"> 1. Develop a PR campaign targeted at local businesses that are highly accessible and with good proximity to public transit. The campaign would focus on increasing awareness of the benefit of improving access for all and to agree to use funding to retrofit and/or develop personal care stations. These stations would be equipped with adult sized changing tables, mechanical lift equipment and hygiene/sanitation supplies; 2. Create mobile personal care stations that can meet individual’s needs at any community location where an accessible vehicle can be parked; 3. Locate and develop stations that are agency owned/operated. <p>These hubs would allow individuals to have needs met intermittently throughout the day, while participating in employment, volunteerism, recreational activities, educational endeavors etc.</p> <p>Funding this proposal would increase access for individuals with disabilities and is in line with self-determination.</p> <p>We recognize that these stations are only valuable if people know they exist and where they are, so we propose to create an accessible application for locating these stations, thru GPS.</p> <p>Logistics: Futures Explored would be administrators of the funds and parcel money to collaborating agencies for</p>

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	development in locations throughout Alameda and Contra Costa Counties.
Please describe your person-centered approach ¹ in the concept development process; how did you involve the individuals for whom you provide services?	The collaborating agencies have used a variety of person centered methods to develop this concept, including discussions with current service recipients, satisfaction surveys of stakeholders, individual program planning and development, individual and group meetings.
Does the concept address unmet service needs or service disparities? If so, how?	This concept addresses service disparities by providing the same community inclusion opportunities and access to those with physical support and/or nursing needs as is provided to those without. Having community and mobile locations available to meet the needs of individuals who otherwise are staying at home or at an agency operated facility will allow for the state of California to comply with the Federal guidelines related to options that are not disability specific, and will create better employment outcomes, community awareness, opportunities for higher education and community connections.
Estimated budget and timeline; identify all major costs and benchmarks — attachments are acceptable.	Please see attached Budget and Timeline
Total requested amount.	\$627,000
What is your plan for sustaining the benefits, value, and success of your project at the conclusion of 2018-19 HCBS Funding?	The public relations campaign will continue to describe the benefits of increasing access for all to business owners in our communities. Personal care stations that are developed at existing locations can be maintained by collaborating agencies on a contract basis. Ultimately, the benefits of this project are to improve access to all individuals in their communities and is in alignment with the passage of AB662, which requires adult sized changing tables be made available in locations whose capacity is 2,500 or more. The intent is that these stations will become the norm in our communities, similar to unisex restrooms, family bathrooms and infant changing areas and will naturally create a more inclusive society.

¹ A person-centered approach emphasizes what is important to the individual who receives services and focuses on personal preferences, satisfaction, and choice of supports in accessing the full benefits of community living. For more information regarding person-centered practices, please visit www.nasdds.org/resource-library/person-centered-practices.