

Home and Community-Based Services (HCBS) Rules CONCEPT FORM

Vendor name	Buenavista Group Homes, Inc.
Vendor number(s)	#HB0270, #HB0394 #HB0615 and #HB0817
Primary regional center	Regional Center of the East Bay
Service type(s)	ARF Level 4H
Service code(s)	915
Number of consumers currently serving and current staff to consumer ratio.	24 consumers with 1:2 staffing ratio
Have you or the organization you work with been a past recipient of HCBS Funding?	No
Please provide a brief description of the service/ setting that includes what a typical day consists of and how services are currently provided; include barriers to compliance with the HCBS rules.	<p>Buenavista Group Homes, Inc. provides care and services at a level 4H adults, ages 18-59, with developmental disabilities and behavioral challenges as well as self-care deficits 7days per week/24 hours daily. Our services, both general and specific, are geared toward meeting the individual's needs to ensure growth and progress. We continue to assist our consumers who are currently in their twenties integrate and expand their repertoire of adaptive life skills and reduce the frequency of inappropriate behavior reactions.</p> <p>A typical day consist of assisting and managing our consumers' daily routine in the homes. Staff ensures each consumer are able to perform self-care skills as independently as possible; assist with meals and medication; supervises community outings and activities, assist consumers prepare to attend day and work programs. Staff also implement ISP goals to assist in managing and minimizing consumers' maladaptive behavior by identifying and recognizing antecedents to behaviors.</p> <p>Although we manage and assist our consumers' overall well-being, we are not incorporating a person-centered planning process in all aspects of their lives. Our staff are committed to bettering our consumers lives, however, they have a misguided belief that our consumers are "different, not part of our communities or cultures, and dependent upon others". Another barrier is our consumers' lack of autonomy when it comes to community access which is restricted due to limited transportation resources.</p>

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Identify which HCBS federal requirements this concept addresses that are currently out of compliance.	HCBS Rule #1, #2, #4, #5, and #7
Narrative/description of the concept; include justification for the funding request and explain how the concept would achieve proposed outcomes.	<p>We believe that our staff is capable, personally committed and open to changing the social culture of how our consumer are perceive. Simply thinking that we are being person-centered does not make us person-centered. It requires flexibility, creativity and an openness to trying what might be possible and a willingness to enhance the humanity and dignity of our consumers. With this in mind, the training, guidance and implementation of these concepts are essential to uncovering the essence of a “person-centered” concept in our program. Attaining a person-centered planning consultant who specializes in identifying, mapping, and implementing our consumers’ goals will re-aligning staff’s mindset. This concept is ongoing with quarterly and annual visit/training along with consultation to ensure the proposed outcomes. Each of our consumers has their preferred community activities. They have a choice of going out with other consumers or with a favorite staff, however, these choices are often difficult to implement. Though we encourage all our consumers to choose their preferred activities, it is challenging to accommodate everyone’s wishes due to our lack of transportation resources. Often times, consumers may feel they should go on facility planned trips because everyone else is going or that there are little opportunities to go on other desired trips due to lack of transportation. Public transportation is not always feasible or available to meet their request. Although we do have consumers who take public transportation, their activities are limited due to time and bus routes. The acquisition of new vehicles with wheelchair lift or ramp through the HCBS proposal can resolve our consumers’ transportation needs so they can go to their activities of choice at any time of the day or week. Buenavista Group Homes, Inc. will be able to promote non-regimented individualized community activities of choice for all our consumers.</p>
Please describe your person-centered approach ¹ in the concept development	In collaboration with the Regional Center, we plan to hire a consultant such as Carol Blessing, LMSW, a Senior Extension Associate with the Yang Tang Institute on

¹ A person-centered approach emphasizes what is important to the individual who receives services and focuses on personal preferences, satisfaction, and choice of supports in accessing the full benefits of community living. For more information regarding person-centered practices, please visit www.nasdds.org/resource-library/person-centered-practices.

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<p>process; how did you involve the individuals for whom you provide services?</p>	<p>Employment and Disability at Cornell University. Her expertise is in person-centered training, planning & practice. (Refer to Appendix B). We intend to involve our consumers in the hiring of a consultant by participating in the interview process.</p> <p>In regards to transportation, our consumers will have input in choosing their vehicles. Our consumers will have an opportunity to visit different car dealerships, ride along during the test drives, vote for their favorite color, pick out accessories, and even choose their favorite seat in the vehicle.</p>
<p>Does the concept address unmet service needs or service disparities? If so, how?</p>	<p>We have identified the disparities in our service program in HCBS rules #1,2,4,5 & 7. Our concept of retraining staff to a person-centered planning approach in identifying and highlighting the uniqueness, talents and capabilities inherent in our consumers will help us towards supporting our consumers hopes and dreams in every aspect of their lives. Other service disparities in our program is our limited transportation resource. By acquiring new vehicles, chosen by the consumers, they will have more opportunities to access community and participate in desired activities in integrated settings.</p>
<p>Estimated budget and timeline; identify all major costs and benchmarks — attachments are acceptable.</p>	<p>Refer to Appendix A</p>
<p>Total requested amount.</p>	<p>\$ 180,192.00</p>
<p>What is your plan for sustaining the benefits, value, and success of your project at the conclusion of 2018-19 HCBS Funding?</p>	<p>Our staff training goal is to build a sustainable system that recognizes, supports and expands the leadership capacity of our staff and individuals with disabilities to imagine and forge pathways to a life of personally defined meaning and purpose. Along with this concept, changing the current “caregiving” culture will guide staff to learn how to listen, plan, implement and reassess.</p> <p>Through our previous experience we have maintained the longevity of our vehicles by implementing maintenance practices through monthly checks, quarterly oil checks and yearly tune-ups. We will purchase maintenance plans for the vehicles and incorporate these costs into our company budget after the maintenance plans expires.</p>