

Home and Community-Based Services (HCBS) Rules CONCEPT FORM

Vendor name	Bethesda Lutheran Communities
Vendor number(s)	H14125
Primary regional center	Regional Center of the East Bay
Service type(s)	Adult Residential
Service code(s)	915
Number of consumers currently serving and current staff to consumer ratio.	12, 1:3
Have you or the organization you work with been a past recipient of HCBS Funding?	No.
Please provide a brief description of the service/ setting that includes what a typical day consists of and how services are currently provided; include barriers to compliance with the HCBS rules.	The program seeking services is an adult residential care facility licensed at Level 3 supporting 12 people with developmental disabilities. This facility is also a HUD-certified building, with all 12 units being single private bedrooms that are rented by each person, also classifying them as a certified tenant. People served in this setting attend day programs regularly and are involved in group activities. Barriers existing in the program include individual access to the community and securing successful employment in settings that are of interest.
Identify which HCBS federal requirements this concept addresses that are currently out of compliance.	Requirements 1,3,4, and 5.
Narrative/description of the concept; include justification for the funding request and explain how the concept would achieve proposed outcomes.	<p>Requirement 1: The program seeks to cultivate person-centered planning for the employees to help encourage the people supported and foster a desire to seek meaningful employment. Employees will also be trained to increase life experiences, build relationships and foster personal growth through greater access to the local community. The program also seeks training for the people receiving services and other stakeholders in their circle of support to achieve success through goals they are active participants in setting.</p> <p>Requirement 3: The program is seeking training for staff and adequate materials to facilitate the ability to</p>

Home and Community-Based Services (HCBS) Rules CONCEPT FORM

	<p>successfully communicate with people who are nonreaders and understand or speak many languages.</p> <p>Requirement 4: This program is seeking person-centered training for employees of people receiving services and people receiving services in the areas of relationship building with peers, family and community members. This training would help equip the groups to better support each other and achieve goals and dreams using the person-centered model.</p> <p>Requirement 5: The program is seeking iPads and application training for employees and people receiving services. This specific technology would expand choice making through giving individuals a mode of communication to be understood and connect to the world around them. This would also help the person achieve goals and dreams, become involved in their community, and explore successful employment opportunities.</p>
<p>Please describe your person-centered approach¹ in the concept development process; how did you involve the individuals for whom you provide services?</p>	<p>Bethesda continually solicits feedback and input from the individuals we support to ensure we utilize a person-centered philosophy and system to support people in achieving their desired outcomes designed around where and with whom they chose to live, where they desire to work, the people and relationships that are most important in their lives, and how they choose to be involved in their community. As such, recently we have been responding to requests and are evaluating the desires of people we support to utilize technology to enhance their independence and access to integrated activities in the community including employment. A recent satisfaction survey yielded results that support this outcome.</p>
<p>Does the concept address unmet service needs or service disparities? If so, how?</p>	<p>The concept addresses unmet service needs by encouraging exploration of employment opportunities, community access and engagement for each person served.</p> <ol style="list-style-type: none"> 1) Communication and Choice – functional communication can make a big difference in choice making, such as using a communication app on an iPad, desktop computers to explore available opportunities, etc. 2) Community Integration and Choice – people supported in

¹ A person-centered approach emphasizes what is important to the individual who receives services and focuses on personal preferences, satisfaction, and choice of supports in accessing the full benefits of community living. For more information regarding person-centered practices, please visit www.nasdds.org/resource-library/person-centered-practices.

**Home and Community-Based Services (HCBS) Rules
CONCEPT FORM**

	<p>this program can be encouraged to become involved in their community through person-centered planning, personal profiles to determine interested and other methods.</p> <p>3) Employment Opportunities – staff can be trained on including employment exploration goals in all individual plans and community partnerships can be built to increase volunteer and vocational opportunities.</p>
<p>Estimated budget and timeline; identify all major costs and benchmarks — attachments are acceptable.</p>	<p>Technology:</p> <ul style="list-style-type: none"> -3 desktop computers \$2,000 -3 iPads \$3,000 -1 computer monitor \$800 -Staff Training and staff time for training classes on person centered planning, community inclusion and visual supports with communication through choices: \$20,000 -Staff time for creating visual supports and establishing community options: \$5,000 -Memberships and activities within the community: \$6,000 -Transportation costs for volunteer and community activities: \$5,000 -Family and guardian training for community inclusion: \$3,000
<p>Total requested amount.</p>	<p>\$44,800</p>
<p>What is your plan for sustaining the benefits, value, and success of your project at the conclusion of 2018-19 HCBS Funding?</p>	<p>The anticipated timeline for the activities to be in place and functioning is within 12-18 months of receiving the fully executed agreement.</p>