

Home and Community-Based Services (HCBS) Rules CONCEPT FORM

Vendor name	Ala Costa Centers
Vendor number(s)	PB0964
Primary regional center	Regional Center of the East Bay
Service type(s)	Adult Community Based Program
Service code(s)	055
Number of consumers currently serving and current staff to consumer ratio.	37 participants- 1:3 staff to participant ratio.
Have you or the organization you work with been a past recipient of HCBS Funding?	NO
Please provide a brief description of the service/ setting that includes what a typical day consists of and how services are currently provided; include barriers to compliance with the HCBS rules.	The Adult Community Training Program serves participants in the general community, and focuses on the tenets of self- determination. Most participants arrive daily at a central location to meet their peers and staff, some meet their group in the community, and they proceed with their chosen schedules for the day's events. The primary barriers related to compliance with the HCBS rules related to individualized job seeking activities and choices related.
Identify which HCBS federal requirements this concept addresses that are currently out of compliance.	Federal Requirements #1, #2, and #3 are to be actively addressed by this proposed concept, as those requirements listed are partially out of compliance.
Narrative/description of the concept; include justification for the funding request and explain how the concept would achieve proposed outcomes.	<p>The ACT program at Ala Costa Centers needs to improve a few keys areas with respect to programming and documentation.</p> <p>Incorporation and updating of ISPs and IPPs for all participants using a Person Centered approach and the re-development of data collection avenues that incorporate self-reflection and self-monitoring, that lead to goal development and program choice and activity options. To address this, Ala Costa Centers will hire a Person Centered Consultant to assist in this update, as well as train and make recommendations to alter the structure of ISP meetings for participants.</p> <p>To improve access for participants to pursue Employment, Ala Costa Centers would like to hire a Customized</p>

Home and Community-Based Services (HCBS) Rules CONCEPT FORM

	<p>Employment Consultant, which would help develop the internal infrastructure needed to launch a sustainable program that will serve participants currently enrolled, and attract other participants. This hire/role will also be responsible for training Job Developers and Job Coaches internally, and assist in the integration of the Discovery Process of Customized Employment for the ACT program, and the structural development of internship and volunteer opportunities to lead toward measureable and identifiable skills that enhance opportunity for employment.</p>
<p>Please describe your person-centered approach¹ in the concept development process; how did you involve the individuals for whom you provide services?</p>	<p>In recent open forums held with the enrolled participants in the Adult Community Training Program, there was an open desire for many to pursue employment. ACT does incorporate vocational employment skill development for those interested, but the program and parent organization, Ala Costa Centers does not have a programming arm for supported employment, competitive integrative employment, or customized employment.</p>
<p>Does the concept address unmet service needs or service disparities? If so, how?</p>	<p>YES, the creation, development, and infusion of an employment arm of service for Ala Costa Centers, and specifically the Adult Community Training program will address the unmet employment based service needs for those participants interested in pursuing that path. At the moment, the organization and program do not have the resources and ability to build the program, effectively train the staff, and incorporate the tenets of a Person Centered Approach without funds and third party expertise.</p>
<p>Estimated budget and timeline; identify all major costs and benchmarks — attachments are acceptable.</p>	<p>Phase 1- Recruitment and Hiring of Person Centered Consultant and Customized Employment Consultant</p> <p>Cost: \$50K per role- no benefits, \$2K Admin Costs \$1K for advertising</p> <p>Phase 1- Total Cost Approx. \$103K</p>

¹ A person-centered approach emphasizes what is important to the individual who receives services and focuses on personal preferences, satisfaction, and choice of supports in accessing the full benefits of community living. For more information regarding person-centered practices, please visit www.nasdds.org/resource-library/person-centered-practices.

**Home and Community-Based Services (HCBS) Rules
CONCEPT FORM**

	<p>Phase 2- Review of ISPs/IPPs, completion of vendor application process, recommendations related to job descriptions and trainings</p> <p>Costs: \$2K Admin Costs</p> <p>Phase 2- Total Cost Approx. \$2K</p> <p>Phase 3- Revamping ISPs/IPPs for to be Person Centered- 37 participants, Staff Training- Person Centered (for service and meetings), and Customized Employment for CE positions.</p> <p>Cost: Person Centered Trainings for Staff and Customized Employment Trainings</p> <p>PCT- \$155 per person- 2 day training- total of 50 Ala Costa Centers Staff... \$7750 CE Training- \$490 per person- online platform- 5 modules- total of 20 Adult Community Training Staff- \$9800 Admin Costs: \$2K</p> <p>Phase 3- Total Cost Approx. \$20K</p> <p>Phase 4- Hiring of CE positions- Job Developer, 2 Job Coaches</p> <p>\$17.00 per hour position x 40 hours- \$38K plus 6K benefits- \$44K total- per position...</p> <p>Phase 4- Total Cost Approx. \$132K</p>
Total requested amount.	\$257,000.00
<p>What is your plan for sustaining the benefits, value, and success of your project at the conclusion of 2018-19 HCBS Funding?</p>	<p>As the funding concludes, the goal is to have an established, vendored employment program that is person centered, and has the requisite infrastructure to serve all interested participants on a path toward employment. The creation of the vendored program and the placement of individuals will be sustained as an extension of service for adult participants, and be an ongoing practice and path for all, as well as the acceptance of outside participants with long term organizational positions and roles to sustain the program.</p>

Home and Community-Based Services (HCBS) Rules CONCEPT FORM

Vendor name	Ala Costa Centers
Vendor number(s)	H01957
Primary regional center	Regional Center of the East Bay
Service type(s)	Child Care/ After School
Service code(s)	851
Number of consumers currently serving and current staff to consumer ratio.	31- varying staff to student ratios. 1:1, 1:3, 1:5
Have you or the organization you work with been a past recipient of HCBS Funding?	NO
Please provide a brief description of the service/ setting that includes what a typical day consists of and how services are currently provided; include barriers to compliance with the HCBS rules.	<p>Students arrive onsite after school, transported by parent or school district.</p> <p>Structured events are provided daily and are linked to areas or domains of service (i.e. socialization, peer interaction, motor skills, behavior, community integration, leisure, recreation, pre-vocational, and/or self-help).</p> <p>Activities and locations in the site are going concurrently, and students choose what they want to do activity wise and with which staff and peers. Students participate in a variety of student led, staff supported activities throughout the time that they are present until they are picked up by their parents.</p> <p>Barriers to compliance with the HCBS rules are both related to the physical plant and current learning environment, as well as the regulations under Title 22 and Community Care Licensing.</p>
Identify which HCBS federal requirements this concept addresses that are currently out of compliance.	<p>HCBS Federal Requirements #1, #2, #3, #5</p> <p>The addition of a Person Center Thinking consultant and renovation of the physical plant through capital project-Roof and Kitchen will address all of the areas of partial non- compliance in the aforementioned Federal Requirements that can be met- aside from those within</p>

Home and Community-Based Services (HCBS) Rules CONCEPT FORM

	Title 22 under the regulatory control of Community Care Licensing.
<p>Narrative/description of the concept; include justification for the funding request and explain how the concept would achieve proposed outcomes.</p>	<p>Ala Costa Centers would benefit from training and consultation on areas for improvement related to Person Centered Thinking including, but not limited to, documentation, Direct Support Professional Training, report writing, and data collection.</p> <p>This funding request aims to acquire 3rd party expertise to provide training and a review of current practices and reporting to ensure that student interests, wants, needs, and interests are reflected well. This should incorporate systems that include self-monitoring and self-reflection where appropriate. The hiring of a Person Centered Consultant would be instrumental in this process.</p> <p>In order for the After School Program operating in Berkeley to meet the compliance standards as outlined in the HCBS settings rules, and still display adherence to the current regulations of Community Care Licensing and Title 22, the physical plant need to be repaired and renovated.</p> <p>In order for the site to maintain long-term viability, the roof of the building that houses the program needs to be repaired. No roof, no program.</p> <p>Renovation of the kitchen to be ADA accessible and have conforming features that can ensure health and safety without removing or inhibiting the right to access food, or kitchen appliances and apparatus, is paramount and helps to remove barriers of accessibility for those served. Creative approaches and usage of more modern technology can address all of these needs, thereby meeting the HCBS standards, if thoughtfully approached.</p>
<p>Please describe your person-centered approach¹ in the concept development process; how did you involve the individuals for whom you provide services?</p>	<p>Parent Surveys were administered in the Spring of 2018 to review the program, and student input was asked at a student forum in early December 2018. Parent Surveys indicated a variety of areas of strength and focus for the program, with capital improvements among them.</p>

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Home and Community-Based Services (HCBS) Rules CONCEPT FORM

<p>Does the concept address unmet service needs or service disparities? If so, how?</p>	<p>YES. Access and choice are currently restricted to some degree by physical plant alone, aside from the regulations imposed by Title 22. With shared consultation, adaptations to physical plant, especially in the kitchen with ADA accessible cabinets, drawers, countertops, etc- a creative approach, could meet the requirements of both HCBS and CCL/Title 22.</p>
<p>Estimated budget and timeline; identify all major costs and benchmarks — attachments are acceptable.</p>	<p>Phase 1- Recruit and Hire Person Centered Thinking Consultant, acquire bids for repairs and renovations- capital projects- Roof and Kitchen Cost: \$50K no benefits for consultant \$2K Admin Costs \$1000 for advertising Phase 1- Total Cost Approx. \$53K</p> <p>Phase 2- Review of ISPs/IPPs, and Revamping ISPs/IPPs to be Person Centered (31 students) Phase 2- Total Cost Approx. \$2K for Admin Cost</p> <p>Phase 3- Staff Training for Person Centered Thinking PCT- \$155 per person- 2 day training, total of 50 Ala Costa Centers Staff- \$7750 Admin Costs- \$2K Phase 3- Total Cost Approx. \$10K</p> <p>Phase 4- Building/ Capital Projects- Roof and Kitchen Projected Cost to Repair Roof of Site- \$25K (including labor costs) Estimated Cost to Renovate Kitchen to ADA access- Cabinets, Appliances, etc.- \$35K (including labor costs) Admin Costs- \$2K Phase 4- Total Cost Approx. \$62K</p>
<p>Total requested amount.</p>	<p>\$ 127,000</p>
<p>What is your plan for sustaining the benefits, value, and success of your project at the conclusion of 2018-19 HCBS Funding?</p>	<p>Sustainability is inherent with the creation of a remodeled kitchen and repaired roof. Maintenance will be required from Ala Costa Centers as an organization moving forward, but the longer term health of the site, as well as a more accessible learning environment for those being served will last years, even decades.</p>