

## Home and Community-Based Services (HCBS) Rules CONCEPT FORM

Vendor name	Pomona Valley Workshop aka Anthesis
Vendor number(s)	Vendor numbers: H12751, H25837 & PJ4941
Primary regional center	Inland Regional Center
Service type(s)	Adult Development Center, 'Round About Senior Services, and Integrated Employment & Community Based Support
Service code(s)	510, 510, and 055
Number of consumers currently serving and current staff to consumer ratio.	182 currently serving, 1:4, 1:3, & 1:1 staff to participant ratio
Have you or the organization you work with been a past recipient of HCBS Funding?	Yes, 2016-2017
Please provide a brief description of the service/ setting that includes what a typical day consists of and how services are currently provided; include barriers to compliance with the HCBS rules.	<p>Groups are scheduled to go out in the community. If a special outing has been arranged, then money (if needed) has been requested. Vehicles have been designated and the individuals involved report to program, staff complete destination sheets, retrieve medications, sign-out and leave for the event. If the outings have not been pre-arranged, the groups meet upon arrival and discuss places they'd like to visit and go to, group members have to agree and a destination report is completed by staff and approved by case manager, medications are retrieved, and the group goes to their destinations that are planned. Individuals that stay on-site participate in daily living skills and coordinate with training that takes place in the community such as money management, self-advocacy and communication skills, the importance to speak up. Arts and craft activities class may be provided as individuals can make crafts and sell their items at craft fairs and in Anthesis Thrift store. This allows for individuals to sell their crafts and earn some money. Barriers to HCBS compliance has been the lack of funding to: provide daily entrance fees, transportation/parking costs and membership costs for program participants, BCBA professional to train with intervention in the community for difficult individuals to be successful in the community, and PCT training to all staff members. The funding for the barriers mentioned will allow Anthesis to increase community time, participate in community classes, and provide meaningful activities/hobbies that create happier fulfilled lives for all program participants.</p>

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<p>Identify which HCBS federal requirements this concept addresses that are currently out of compliance.</p>	<p>Fed Req #1, 2, 4 &amp; 5 –In order to provide meaningful activities in natural settings including non-disability specific settings and are based on the individual needs and preference, there needs to be more funding and money available to individuals to explore their communities to become members at the YMCA, to participate in the City of Montclair, Ontario, Upland sessions/classes for knitting, sewing, and computer classes, bowling leagues, Craft classes at local businesses such as Michael's, visits to Pacific of the Aquarium, Discovery Parks, etc: This would include destination of our program participants choice. The transportation cost of parking, busses, Metrolink, uber, lyft, etc. also need to be considered. Funding for on-going Person Centered Thinking training is needed for all direct care staff. All staff need the understanding of PCT, roles and responsibilities of staff in order to better support the needs and desires of the individuals we serve. Funding for an ABA, BCBA behaviorist consultant is needed to help work with staff for intervention and redirecting individuals with difficult behaviors to help our individual participants to be successful in the community.</p>
<p>Narrative/description of the concept; include justification for the funding request and explain how the concept would achieve proposed outcomes.</p>	<p>In order to truly provide community integration in non-disability specific settings, funding for memberships, entrance fees, class/activities fees, and transportation costs are needed to increase meaningful community participation. Person centered training for all staff is needed to ensure that there is a complete understanding that programming is all about the individuals needs and desires. A BCBA behaviorist consultant is needed to provide assistance to staff and program participants to ensure that an individual is successful in the community regardless of the disability and/or behavior. The funding would allow all individuals to participate in activities and have memberships equal to non-disabled individuals. There would be greater opportunities to explore and access communities for a seamless transition. There would be an understanding of behaviors and how to work with individuals in the community. The above will allow Anthesis to increase community time, participate in community classes, and provide meaningful activities/hobbies that create happier fulfilled lives for all program participants.</p>

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<p>Please describe your person-centered approach<sup>1</sup> in the concept development process; how did you involve the individuals for whom you provide services?</p>	<p>Anthesis is taking the person centered approach. The individual provides input of desired activities, classes, events, etc. daily and/or weekly. Schedules are built around desired activities or places to visit that individuals are interested in.</p>
<p>Does the concept address unmet service needs or service disparities? If so, how?</p>	<p>Yes, Community Integration participation and community involvement for low-income &amp; fixed income individuals who live independently, at home or in group homes. There is a decreased time in requested activities due to funding for entrance fees and membership costs for program participants. Costs for Transportation/parking, BCBA professional to train with intervention in the community for difficult individuals, and PCT training to all staff members for programs.</p>
<p>Estimated budget and timeline; identify all major costs and benchmarks — attachments are acceptable.</p>	<p>Fees for memberships &amp; activities = \$50,000</p> <p>Metrolink &amp; OmniTrans passes = \$10,000</p> <p>Various leagues, classes - \$150 per person/year = \$27,300</p> <p>2 days training for DSP staff on PCT and Integration = \$30,000</p> <p>BCBA Consultant = \$10,000</p> <p>Budget estimate is based on one year of expenses for each day program (ADC, RASS &amp; IECBS), therefore the timeline would be to spend the funding request within one year of receipt of the funds.</p>
<p>Total requested amount.</p>	<p>\$ \$127,300</p>
<p>What is your plan for sustaining the benefits, value, and success of your project at the conclusion of 2018-19 HCBS Funding?</p>	<p>Anthesis Development and Marketing departments . will continue to apply for grants, seek donations via organized appeals and solicitations, continuing our run/walk signature event, and implement fundraising events. Anthesis will always seek free and low-cost community opportunity events and activities.</p>

<sup>1</sup> A person-centered approach emphasizes what is important to the individual who receives services and focuses on personal preferences, satisfaction, and choice of supports in accessing the full benefits of community living. For more information regarding person-centered practices, please visit [www.nasdds.org/resource-library/person-centered-practices](http://www.nasdds.org/resource-library/person-centered-practices).