

Home and Community-Based Services (HCBS) Rules CONCEPT FORM

Vendor name	Lifehouse
Vendor number(s)	PG0371, H05457, H00962
Primary regional center	Golden Gate Regional Center
Service type(s)	Community Integration Training Program, Adult Residential Facility
Service code(s)	055, 915
Number of consumers currently serving and current staff to consumer ratio.	915: 12 people served, Ratio 1:6 or 1:3 055: 12 people served, Ratio 1:1 Lifehouse Supports ~185 individuals with developmental disabilities
Have you or the organization you work with been a past recipient of HCBS Funding?	No
Please provide a brief description of the service/ setting that includes what a typical day consists of and how services are currently provided; include barriers to compliance with the HCBS rules.	<p>Lifehouse was founded by families in 1954. We have transformed through the years to meet the needs of more than 300 people with disabilities. Lifehouse provides Community Integration training to individuals who do not choose or cannot participate in the Day Support Service model. The community integration individual service plan is created by the person receiving support with assistance from his/her team using person center thinking tools. The schedule for each person is individualized as it is designed to match his or her interests though this can be challenging due to lack of community resources that create meaningful opportunities. Currently no individuals in this program are participating in integrated paid employment, despite some of them reporting to be interested in pursuing employment options. The individuals we serve need additional supports in the community. This is a barrier to them having access to employment. We lack staff for building partnership in the community with the purpose of accessing employment opportunities for the people we support. This is a barrier to compliance to not have job seeking activities available to meet the individual's needs in this program.</p> <p>Transportation is limited for this group as the individuals' intense behavioral issues preclude them from successfully accessing public or paratransit transportation services. This can include aggressive behaviors and difficulty boarding and departing at specified times. In addition there are instances of individuals who are reliant upon a wheelchair for mobility with long wait times for transportation and no ability to schedule transportation to meet an immediate need or interest. For instance, health or personal care issues can</p>

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	<p>surface and if reliant upon public or para transportation there is no immediate option to reach a location where the person's needs can be met. This results in a schedule dictated primarily by potential needs/risk, rather than interest. This limits opportunities for inclusion in the community for individuals we serve. Lifehouse does not have a wheelchair accessible van dedicated to the community integration program.</p> <p>Lifehouse also provides residential opportunities in two Adult Residential Facilities. Some of the individuals would like to move to living situations that are not in a group setting. However due to the lack of affordable housing and lack of staff available with a skill set and time to focus on locating housing this is difficult.</p>
<p>Identify which HCBS federal requirements this concept addresses that are currently out of compliance.</p>	<p>Federal Requirement #1</p> <ul style="list-style-type: none"> • Currently no individuals receiving Community Integration training participate in integrated paid employment despite interest expressed by some. • Participants do enjoy some volunteer opportunities, but this is another area for further exploration to expand options to more fully match interests. • Lack of community partnerships to match interests of the people we support with employment where their skills can make an impact. <p>Federal Requirement #2</p> <ul style="list-style-type: none"> • Some of our residents in our adult residential facilities are interested in housing. • Housing resources are scarce. • There is great difficulty navigating the rental market. • Education on options related to access and how to pursue a goal of changing one's residence if desired is lacking in our system. • Documentation is completed in the IPP that discussion on this matter occurs, but resources are often lacking to make what is documented a meaningful consideration of available options. <p>Federal Requirement #4</p> <p>Transportation is a barrier due to:</p> <ul style="list-style-type: none"> • Lack of adequate public or paratransit in some areas. • Individual difficulties with transitions that can manifest as challenging behaviors.
<p>Narrative/description of the concept; include justification for the funding request and explain how the concept</p>	<p>Our concept to meet the above listed noncompliance issues are twofold: a resource development specialist and a dedicated wheelchair accessible passenger van.</p>

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would achieve proposed outcomes.	<p>The full time resource development specialist would:</p> <ul style="list-style-type: none"> • Provide education and assistance in exploring housing and employment options for those individuals we support interested in either area. • Increase our capacity to explore on a more individual basis a person's interests and needs. • Spearhead creating partnerships and providing education in the community. <p>The wheelchair accessible van would be a passenger van modified to fit one wheelchair. Access is dependent upon reliable and timely transportation, which this concept would provide. This can address larger needs across our services.</p>
Please describe your person-centered approach ¹ in the concept development process; how did you involve the individuals for whom you provide services?	Assessments and on-going conversations have been engaged in with each of the people we support to identify the interests of each person. We currently are working with each person to pursue his or her interests and would be grateful for this grant to provide additional resources to the people we support.
Does the concept address unmet service needs or service disparities? If so, how?	The concept meets unmet service needs in the area of comprehensive exploration of interests, including related to employment opportunities, which are currently minimal among those with interest in our CI program.
Estimated budget and timeline; identify all major costs and benchmarks — attachments are acceptable.	Please see attached.
Total requested amount.	\$ 131,950
What is your plan for sustaining the benefits, value, and success of your project at the conclusion of 2018-19 HCBS Funding?	<p>Evaluation of community inclusion benefits from this grant will be undertaken in the 3rd quarter by our board.</p> <p>With board approval, we will continue to seek funding opportunities to maintain the resource specialist position and on-going van expenses for the betterment of the community.</p>

¹ A person-centered approach emphasizes what is important to the individual who receives services and focuses on personal preferences, satisfaction, and choice of supports in accessing the full benefits of community living. For more information regarding person-centered practices, please visit www.nasdds.org/resource-library/person-centered-practices.