

Home and Community-Based Services (HCBS) Rules CONCEPT FORM

Vendor name	Lutheran Social Services Avanti Program. 60 North Daisy Pasadena, Ca 91107
Vendor number(s)	ADC H14770, ACH16771, 1:1 H16796
Primary regional center	Frank Lanterman
Service type(s)	Adult Day Care, Activity Center, 1:1
Service code(s)	510 , 505, 110
Number of consumers currently serving and current staff to consumer ratio.	38 Adult Day Care Ratio 1 to 3 Activity Center 1 to 6
Have you or the organization you work with been a past recipient of HCBS Funding?	No
Please provide a brief description of the service/ setting that includes what a typical day consists of and how services are currently provided; include barriers to compliance with the HCBS rules.	Avanti provides a central place where clients can gather, chose from a variety of activities and go out into the community in small groups for 4-6 hours with staff support. There is also an option to remain in the center for activities should the client not choose to go out. Barriers include limited ability for the client to choose the staff member they wish to go out with as staffing is limited in a small agency, transportation availability to cover all the community participation options and the need to increase the number of community opportunities available.
Identify which HCBS federal requirements this concept addresses that are currently out of compliance.	Although our Avanti Center partially meets the five federal requirements, we have areas to improve in all five areas. For the first federal requirement , we can improve in the area of assisting clients with access to resources for employment. In the second federal requirement we want to improve our chart auditing abilities to ensure that documentation reflects accurately the different setting options that the clients considered before selecting our location for services. The third federal requirement identifies the need for better training in person centered care. The fourth federal requirement identifies the need for greater individual choice and self-determination. Our goal of increasing access to greater individual choice will address this requirement.

Home and Community-Based Services (HCBS) Rules CONCEPT FORM

<p>Narrative/description of the concept; include justification for the funding request and explain how the concept would achieve proposed outcomes.</p>	<p>Our Concept for this funding request focuses on two areas that will address all five of our gaps in meeting the federal requirements:</p> <ol style="list-style-type: none"> 1. Funding to hire a trainer and train the trainer to focus on the following: <ol style="list-style-type: none"> a. Development of employment resources (Federal requirement #1) b. Program redesign. (Federal requirement #2) c. Chart audit and monitoring (Federal requirement #2) d. Person Centered care training (Federal requirement #3) e. Provide training for staff, clients and families (Federal Requirement #4) <p>This position will be key to the development of tools, resources and training to help our staff meet the federal requirements.</p> <p>This we will be able to make this position sustainable over the two year period of the funding, as we anticipate that our program will be able to double in size during that period and this growth will cover the cost of the position.</p> 2. Funding to purchase vehicles. This purchase will allow us to provide the clients greater opportunity to choose varied activities throughout the week. A key piece of this federal requirement will be having regular stakeholder meetings with clients and families to allow client to voice their ideas for different activities. (Federal requirements #'s 4 and 5)
<p>Please describe your person-centered approach¹ in the concept development process; how did you involve the individuals for whom you provide services?</p>	<p>A letter was provided to our clients and their family members identifying the concepts that we wanted to include in this submission. Once the letter was provided, the staff spoke with each client and family member about the letter to address any questions. The letter provided an opportunity to provide feedback on our plan and provide further suggestions. See the attached feedback responses. Overall, we found the clients and families supportive of our concept. One letter of feedback was supportive of hiring a trainer and expressed the importance of hiring someone who has experience in this field of expertise. They also expressed a desire for funding to improve the facilities. We</p>

¹ A person-centered approach emphasizes what is important to the individual who receives services and focuses on personal preferences, satisfaction, and choice of supports in accessing the full benefits of community living. For more information regarding person-centered practices, please visit www.nasdds.org/resource-library/person-centered-practices.

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	will address the concern with the facilities utilizing other funding opportunities to look for ways to improve our facilities. See attached documentation
Does the concept address unmet service needs or service disparities? If so, how?	The concept addresses our unmet needs and service disparities by addressing an unmet staffing need for improved training and person-centered care. This new staff member will also focus on program redesign and development of employment resources. The additional vehicles will allow for greater for clients to choose various activities throughout the week.
Estimated budget and timeline; identify all major costs and benchmarks — attachments are acceptable.	<p>Over the 2 years once contract signed:</p> <p>Staff position: Budget \$ 75,000 per year (salary and benefits) total \$150,000</p> <ol style="list-style-type: none"> 1. Begin identifying candidates for position now 2. Train position for 90 days including attendance at regional center and person-centered care trainings 3. Complete “Person-Centered Care” train the trainer program by end of contract period <p>Staff/ Client/Family Training budget of \$42,000 to be spent by end of the contract period. (Includes \$4000 in lost revenue for two-day training.)</p> <p>Purchase of Ford Transit Vans:</p> <ol style="list-style-type: none"> 1. Purchase 2 vehicles within 6 months of contract start date \$ total \$90,000 2. Outfit one vehicle with wheelchair lift within 3 months of purchase cost \$5,000
Total requested amount.	\$ 287,000
What is your plan for sustaining the benefits, value, and success of your project at the conclusion of 2018-19 HCBS Funding?	<p>Program growth (estimated to increase from 34 to 60 clients) over the two-year contract period will sustain the staff position and training budget as well as providing needed funding for maintenance of the vehicles.</p> <p>This assumes that the rate per day for 1 to 3 ratio clients increases to \$ 80/day average.</p>