

Home and Community-Based Services (HCBS) Rules CONCEPT FORM

Vendor number(s)	PE0030
Primary regional center	Eastern Los Angeles Regional Center
Service type(s)	Community Integration Training Program
Service code(s)	055
Number of consumers currently serving and current staff to consumer ratio.	31 consumers. Staff to consumer ratio is currently 5:1.
Have you or the organization you work with been a past recipient of HCBS Funding?	We have applied each year but not been approved for funding yet.
Please provide a brief description of the service/ setting that includes what a typical day consists of and how services are currently provided; include barriers to compliance with the HCBS rules.	<p>Stride is a community and classroom based program that that focuses on supporting individuals achieve their highest potential in the community by increasing their independence and enhancing their quality of life. A typical day at Stride begins with coffee and social hour in the morning and participants also have the option to do an activity of their choice such as reading, writing, drawing, or iPad time. Daily lesson plans, developed by the teacher, focus on different skills and topics. Using an individualized approach for our participants, lessons typically include either math, reading, writing, daily living skills, or self-advocacy, and an outlet for self-expression. Each day also includes a lunch hour, free time, and healthy living class that includes exercise.</p> <p>Our struggle with compliance relates to HCBS requirement #4. Due to staffing, our current program has limited access to experiences in the community with work and volunteering opportunities.</p>
Identify which HCBS federal requirements this concept addresses that are currently out of compliance.	HCBS 4 is the concept which we need to work diligently to achieve. Due to limited resources including staff and transportation, we are not able to provide enough employment opportunities for our consumers who are interested in joining the workforce or participating in community volunteer activities.
Narrative/description of the concept; include justification for the funding request and explain how the concept would achieve proposed outcomes.	<p>Stride Community Immersion/Mobility program-</p> <p>Although we strive to cultivate many skills in our program participants due to resource allocation we struggle to provide opportunities for these:</p> <ul style="list-style-type: none"> • expanded community mobility • personal management • pre-vocational training

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	<p>Developing a program that offers paid internships and multiple volunteer opportunities, both onsite and in the wider community support our path to compliance with HCBS Requirement #4. We would require:</p> <ul style="list-style-type: none"> • Employing hiring 2 additional part-time staff members (1- community immersion/mobility coordinator and 1- employment coach • Person Centered Training for our Stride Staff <p>The addition of two part-time staff members would help us support our participants in seeking employment and volunteer opportunities while not impacting our general classroom ratio and likely reduce it from 5:1 to 4:1. The coordinator and coach would begin as part-time and then the financial feasibility and consumer demand would be assessed for expansion to full-time.</p> <p>Coordinator’s Role: strengthening existing partnerships both onsite at the YMCA of Greater Whittier and developing new relationships that would provide internships and volunteer roles; arrange off-site transportation and staff supervision schedules; conduct participant skill assessments. Employment Coach’s Role: Provide skill training and participant mentorship. Both the coordinator and coach would facilitate quarterly meeting with family members to help support the participant’s experience in the community mobility and immersion program.</p> <p>We hope to also have funds for training relevant to employing adults with IDD as well as start-up administrative costs and most specifically Person Centered Thinking Training for all of our staff to better support our clients.</p>
<p>Please describe your person-centered approach¹ in the concept development process; how did you involve the individuals for whom you provide services?</p>	<p>In our biannual IPP meetings we have evaluated that this is something our participants want and need but due to resource allocation we struggle to meet their needs. We currently provide individuals with a limited scope of opportunities. Participants are assessed for fit, interest and skills. While involved in these limited opportunities we communicate regularly about their experience and let the participant expand on their experience and through those conversations we know that our participants need more variety and a path to paid employment. We know that the families of our participants are important this assessment process and with additional staffing involving them regularly is</p>

¹ A person-centered approach emphasizes what is important to the individual who receives services and focuses on personal preferences, satisfaction, and choice of supports in accessing the full benefits of community living. For more information regarding person-centered practices, please visit www.nasdds.org/resource-library/person-centered-practices.

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	part of our plan for sustainability and success for our participants. 25% of our participants wish to be employed part time and we anticipate the number will grow with a focused effort.								
Does the concept address unmet service needs or service disparities? If so, how?	If funding is granted we will be able to serve those program participants who are interested. If needed, we will assess additional resources through other funders.								
Estimated budget and timeline; identify all major costs and benchmarks — attachments are acceptable.	<table border="1"> <thead> <tr> <th>Expenses</th> <th>Budget</th> </tr> </thead> <tbody> <tr> <td>Wages and employment costs for 2 non-exempt employees (Includes taxes and insurance, hiring, etc.)</td> <td>\$100,000</td> </tr> <tr> <td>Administrative Costs and training (Capacity building, marketing and Person Centered Training)</td> <td>\$25,000</td> </tr> <tr> <td>Total Budget for Request</td> <td>\$125,000</td> </tr> </tbody> </table>	Expenses	Budget	Wages and employment costs for 2 non-exempt employees (Includes taxes and insurance, hiring, etc.)	\$100,000	Administrative Costs and training (Capacity building, marketing and Person Centered Training)	\$25,000	Total Budget for Request	\$125,000
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	03/2019 to 06/2019: Program Design review and draft completed with technical assistance from ELARC. List of community partners who want to participate in this program.								
07/2019-12/2019: Final program design including a monitoring and tracking plan. Final list of secured local business and non-profit partnerships.									
01/2020: Plan is put into motion. First group of participants secure a paid internship or increased independence in volunteer role.									
Total requested amount.	\$125,000								
What is your plan for sustaining the benefits, value, and success of your project at the conclusion of 2018-19 HCBS Funding?	<p>In the planning phase we will develop tools for assessment and documentation to ensure that person centered principles are at the core of each participant's experience. They will measure both the holistic goals for the program and each participant's personal path for success.</p> <p>Financial sustainability would include another proposal to HCBS in 2020 as well additional funding from individuals, community partners, corporations and foundations. We would also hope to integrate staffing costs into the budget in the next two years as we consider expansion of the Stride program to at least one additional site.</p>								