

Home and Community-Based Services (HCBS) Rules CONCEPT FORM

Vendor name	Futures Explored Inc.
Vendor number(s)	Futures Explored: H63990
Primary regional center	Alta Regional Center
Service type(s)	Adult Day Programs
Service code(s)	Futures Explored: 510 (including our Tailored Day Service Sub-code, other vendor numbers may utilize this as they develop)
Number of consumers currently serving and current staff to consumer ratio.	Futures Explored: 90, ratios 1:4 and 1:1 (TDS)
Have you or the organization you work with been a past recipient of HCBS Funding?	Yes. Futures has received HCBS funding to be used in its Bay Area programs. It has not received funding specific to the Sacramento area.
Please provide a brief description of the service/ setting that includes what a typical day consists of and how services are currently provided; include barriers to compliance with the HCBS rules.	<p>Currently in this service, we provide support to access the community for job exploration, community activities, and skill building. We currently service people who are ambulatory and require no personal care support needs. We would like to expand our services to people with physical disabilities who may require personal care support, but face barriers to expanding our services to that population. These barriers are due to the fact that the community currently does not have locations where personal care support needs can be met in a clean, sanitary and dignified manner.</p> <p>The HCBS rules discuss the availability of options that are not “disability specific” and we believe that supporting this proposal will lead to more access and opportunities for all people to live, work and play in their communities.</p> <p>Additionally, the personal care support locations developed in this proposal will be available to be used by other Service Providers in the area, thus improving accessibility to the I/DD community at large.</p>
Identify which HCBS federal requirements this concept addresses that are currently out of compliance.	1, 3, and 4.

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<p>Narrative/description of the concept; include justification for the funding request and explain how the concept would achieve proposed outcomes.</p>	<p>Accessible locations throughout the community where personal care support and nursing needs can be met would allow individuals who require that level of support greater access and increased community inclusion.</p> <p>At this time, individuals who need to be lifted to a changing table for personal care/hygiene support or who have intermittent nursing needs, such as catheterization, are limited to agency controlled facilities to meet their needs. Our proposal is to address this unmet need and service disparity in two ways:</p> <ol style="list-style-type: none"> 1. Develop a PR campaign targeted at local businesses that are highly accessible and with good proximity to public transit. The campaign would focus on increasing awareness of the benefit of improving access for all and to agree to use funding to retrofit and/or develop personal care stations. These stations would be equipped with adult sized changing tables, mechanical lift equipment and hygiene/sanitation supplies; 2. Locate and develop stations (“hubs”) that are agency owned/operated and are available to multiple Service Providers for participant use. <p>These hubs would allow individuals to have needs met intermittently throughout the day, while participating in employment, volunteerism, recreational activities, educational endeavors etc.</p> <p>Funding this proposal would increase access for individuals with disabilities and is in line with self-determination. We recognize that these stations are only valuable if people know they exist and where they are, so we propose to create an accessible application for locating these stations, thru GPS and our websites.</p> <p>Logistics: Futures Explored will develop and run the hubs. We will work with the Regional Center and other Service Providers to provide access to the facility for any Regional Center client who needs the service, even if not served by Futures Explored. We will develop a system for tracking individual usage such as a personal access code or access card. The three hubs planned for this this proposal will be in Davis, Woodland, and Downtown Sacramento.</p>
<p>Please describe your person-centered approach¹ in the</p>	<p>Our Consumer Action Committee has expressed their desire to be able to more freely access the community</p>

¹ A person-centered approach emphasizes what is important to the individual who receives services and focuses on personal preferences, satisfaction, and choice of supports in accessing the full benefits of community living. For

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<p>concept development process; how did you involve the individuals for whom you provide services?</p>	<p>despite personal care needs through a variety of their advocacy and educational efforts. Most notably, with Futures' support, the CAC promoted the authoring and passing of AB662 a bill requiring large public venues to begin providing adult changing facilities. This bill starts to address the issue, but many desired activities are in locations which do not meet the requirements of this bill to provide those facilities so further development of these facilities is necessary.</p>
<p>Does the concept address unmet service needs or service disparities? If so, how?</p>	<p>This concept addresses service disparities by providing the same community inclusion opportunities and access to those with physical support and/or nursing needs as is provided to those without.</p> <p>Having community locations available to meet the needs of individuals who otherwise are staying at home or at an agency operated facility will allow for the state of California to comply with the Federal guidelines related to options that are not disability specific, and will create better employment outcomes, community awareness, opportunities for higher education and community connections.</p>
<p>Estimated budget and timeline; identify all major costs and benchmarks — attachments are acceptable.</p>	<p>Please see attached Budget and Timeline</p>
<p>Total requested amount.</p>	<p>\$460,900</p>
<p>What is your plan for sustaining the benefits, value, and success of your project at the conclusion of 2018-19 HCBS Funding?</p>	<p>The public relations campaign will continue to describe the benefits of increasing access for all to business owners in our communities.</p> <p>As the facilities will be available to participants from a variety of Service Providers, we would work with the Regional Center to develop a Service Contract and means to identify users of the facility and track facility usage.</p>