

Vendor name	Mountain Shadows Outreach Services
Vendor number(s)	H50153
Primary regional center	San Diego Regional Center
Service type(s)	Adult Day Center
Service code(s)	510
Number of consumers currently serving	96
Please describe your person-centered approach ¹ in the concept development process; how did you involve the individuals for whom you provide services?	<p>The week of 11/27/17 Outreach Services hosted multiple focus group sessions for all of our participants. In total, 29 out of 96 participants elected to participate in the sessions. At each session we provided the participants with information about the Home and Community-Based Services funding, reasons for Outreach Services request for the funding, solicited their personal experience at Outreach Services and ideas on what they wanted to improve. Based on their responses it ratified us as a provider to request funding that falls in line with what Outreach Services participants desire to see during their day program experience along with being in compliance with the new regulatory changes.</p> <p>We support a large percentage of individuals that are medically fragile and that are unable to communicate or express their opinions/ideas. Because of this, we held two meetings inviting families of participants who are unable to voice their ideas so that their family members could advocate on their behalf.</p> <p>After the focus groups were completed we compiled everyone's responses and identified barriers to being integrated into the community. Some reasons that were expressed were not having enough money, time, and not enough staff. In addition, some participants expressed that wanted more opportunities to go out into the community and others expressed that they did not feel they had an opportunity to choose their outings.</p>
Does the concept address unmet service needs or service disparities? If so, how?	<p>Yes, the concept will outline the need for a Community Integration Coordinator that is able to assist Outreach Services day program to effectively coordinate preferred community outings for each of the 96 participants in the program. This will allow participants to have greater opportunities to engage in community life and have the opportunity to seek competitive integrated employment or internships within the community.</p>

¹ A person-centered approach emphasizes what is important to the individual who receives services and focuses on personal preferences, satisfaction, and choice of supports in accessing the full benefits of community living. For more information regarding person-centered practices, please visit <http://www.nasddds.org/resource-library/person-centered-practices/>

<p>Barriers to compliance with the HCBS rules and/or project implementation</p>	<p>Our current staffing ratio is set by Community Care Licensing and is centered on meeting the supervision and care of the program participants only. By adding the Community Integration Coordinator it will assist our program in meeting Federal Requirement #1. In order to maximize our participant’s community involvement and to be able to coordinate community locations that are requested by our participants through a person centered planning approach, a Community Integration Coordinator will coordinate the information and schedule the outings for our participants.</p>
<p>Narrative/description of the project. Identify which HCBS federal requirements are currently out of compliance; include justification for funding request</p>	<p>As an organization we believe that all individuals should have equal access to the greater community during their participation in an adult day program. Our funding requests focus on adding a Community Integration Coordinator to our team. The Community Integration Coordinator will be responsible for cultivating internship sites within San Diego North County, developing community connections for our program participants to have improved community options and to facilitate a person centered community plan for each of our 96 participants that will be an added component to their existing IPP.</p> <p>Currently, we schedule community outings with a “group focus” mindset. We plan the participant’s outing for them thinking about the location and if it would work for a group as opposed to a more individualized approach. Many of our community outing options surround visiting local parks and local eateries. Our desire is to expand options for our participants and for each of the individuals to have full access to the greater community and be provided services out in the community in the location of their choice through a person centered planning approach.</p> <p>We have access to a fleet of paratransit buses and within walking distance of a Sprinter Station (Public Transportation) that our participants can utilize during their program hours.</p> <p>We are currently making every effort to appropriately schedule community outings for our participants based on their preferences. A Community Integration Coordinator solely dedicated to coordinate this undertaking would provide consistency, streamline, and enhance our participant’s community experience every day.</p>
<p>Estimated budget; identify all major costs and benchmarks — attachments are acceptable</p>	<p>Total: \$57,200</p> <p>\$45,760 Wages for full time Community Integration Coordinator \$11,440 Benefits/Taxes/Worker’s Compensation</p>
<p>Requested funding for 2017-18</p>	<p>\$57,200</p>

**Home and Community-Based Services (HCBS) Rules
CONCEPT FORM**

Enclosure C

Estimated timeline for the project	12 months
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