

**Home and Community-Based Services (HCBS) Rules  
CONCEPT FORM**

**Enclosure C**

Vendor name	Mission Bay, Inc
Vendor number(s)	HS0383, HS0968,HS0685
Primary regional center	San Andreas Regional Center
Service type(s)	Behavior Day Program
Service code(s)	515-03
Number of consumers currently serving	HS0383 - 135 consumers HS0969 - 135 consumers HS0685 - 177 consumers
Please describe your person-centered approach <sup>1</sup> in the concept development process; how did you involve the individuals for whom you provide services?	Mission Bay sought the input of clients, families, consultant, providers, and internal staff in the development of the grant proposal process. Mission Bay staff were asked to communicate directly with clients and families, as well as to share their own observations and suggestions for areas that could assist with HCBS Final Rule compliance. We discussed the need for additional funds in order to effectively support clients with a person-centered approach in overcoming barriers to community integration and employment, through challenges with communication, self-regulation, and/or maladaptive behaviors. The information gathered was analyzed for overarching patterns to provide an area of focus. After the preliminary areas of focus were determined, additional information was requested from Mission Bay clients and their support teams for further analysis and input.
Does the concept address unmet service needs or service disparities? If so, how?	Yes, the concepts provided address unmet service needs and service disparities. Feedback was sought from all current clients and all staff of current clients in order to ensure that all voices were heard and that no individual person or ideas were left out. Client preferred communication methods were assessed and findings concluded that there is a need for alternative communication modalities as well as alternative ways to communicate in foreign languages.
Barriers to compliance with the HCBS rules and/or project implementation	As previously mentioned, analysis of information provided by Mission Bay clients and their support teams during the information-gathering process highlighted common themes for both barriers, and suggested areas of need. One barrier noted during the process of concept development included communication difficulties especially for clients and families that use alternative methods of communication (such as foreign languages, sign language, icons/photos, PECS, etc.) Another barrier noted, included the opportunity for physical movement

<sup>1</sup> A person-centered approach emphasizes what is important to the individual who receives services and focuses on personal preferences, satisfaction, and choice of supports in accessing the full benefits of community living. For more information regarding person-centered practices, please visit <http://www.nasddds.org/resource-library/person-centered-practices/>

	<p>activities for clients who required such. Due to regulatory mandates addressing safety as well as risks associated with engaging in such activities in community spaces, providing frequent amounts and types of access to such mobility/physical input activities is challenging. The incorporation of individual interests and strengths is another barrier noted due to time and financial constraints attributed to even discovering what this information is for each person that attends these programs. Lastly, the previous requirement and focus to address behavioral difficulties for Mission Bay clients was one that included a description of any unsafe or challenging behaviors and a plan for how to prevent and react to those behaviors. Sufficient time, staffing, and experience have not been provided to incorporate person-centered approaches to these plans.</p>
<p>Narrative/description of the project. Identify which HCBS federal requirements are currently out of compliance; include justification for funding request</p>	<p>Currently, Mission Bay Inc. is out of compliance with Federal Requirements 1 through 5. Grant funding is being requested in order to meet compliance of these Federal Requirements. Following collaboration with current clients, families of clients, providers of clients, and day program staff, the following areas have been selected to target such compliance:</p> <ol style="list-style-type: none"> <li>1. Three additional 7-Passenger vans with wheelchair lifts to increase community outing choices and opportunities for clients who must use a wheelchair to access the community and to allow flexibility in group organization (ambulatory and non-ambulatory) based on client preferences <i>This area specifically addresses the goal of compliance with Federal Requirements 1, 2, 4 and 5</i> This area would provide one additional 7-passenger van with wheelchair lift to each of the three day program sites in order to expand opportunities for clients based on their unique preferences. This would also assist in increasing access to community sites and provide additional opportunities to incorporate client preferred places into the day program coordination, which could impact choices available about which program would best meet individual needs. Currently, clients may be divided into groups based on the use of wheelchairs and by having this additional van, clients could ultimately have more flexibility in the groups of people they spend their time at day program with.</li> <li>2. GoTalk Communication Devices to assist with communication training and maintenance as well as to ensure the likelihood that client's individual preferences and wishes are being adhered to on a constant basis and that rights are communicated in the preferred communication method</li> </ol>

	<p><i>This area specifically addresses the goal of compliance with Federal Requirements 1, 2, 3, 4 and 5</i></p> <p>This would provide a communication method for nonverbal clients who communicate using this modality so that their unique preferences could be used to determining places to visit and attend, preferred work locations and types of work, preferred staff and clients to spend time with, suggested improvements and concerns related to their services, etc. This area would provide a means of communication training and/or communication method to clients identified as needed or benefitting from the use of icons/pictures for communication. The plan would entail a functional communication plan for individuals who would receive training as per the person-centered plan methods to provide support in this area. This could assist in being able to evaluate what type of program, if any, clients would want to attend as well as to make a choice about what type of program would best meet individual preferences. This area also would create an ability for staff and other members of the client’s support team to communicate their rights and other important information to them in the preferred communication modality of their choice. This area could potentially decrease incidents of challenging or unsafe behaviors by provide a communication method to those who currently do not have one during day program hours. It could likely improve relationships for the clients as well with both other clients, and staff too.</p> <p>3. iPads to assist with communication training, vocational training, self-regulation training, visual schedules and supports, and individual interests (such as music, theater, academics, recipes, physical exercise, dance, etc.)</p> <p><i>This area specifically addresses the goal of compliance with Federal Requirements 1, 2, 3, 4 and 5</i></p> <p>This area would provide clients with an opportunity to explore types of jobs available, to practice vocational skills, and to communicate such information to members of their support team. This could assist in being able to evaluate what type of program, if any, clients would want to attend as well as to make a choice about what type of program would best meet individual preferences. This area also would create an ability for staff and other members of the client’s support team to communicate their rights and other important information to them in the preferred communication modality of their choice. Including this technology as part of the day programming activity could very well likely support the addition of new interests for clients, in addition to maintaining access to current</p>
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	<p>interests. These devices could be used in just about any situation to explore and foster individual interests as well as to foster learning, vocational skills, self-regulation training, communication, and more. The addition of technology was one of the highest areas of suggested improvement by clients and families alike.</p> <p>4. Floor remodeling and purchase of accessibility items which will assist in the incorporation of additional on-site activities to provide training and access to large muscle movement and gross motor skills to provide sensory input for individuals in need of such; will also provide these activities and items as preferred items to those with such interests</p> <p><i>This area specifically addresses the goal of compliance with Federal Requirements 2, 3, 4 and 5</i></p> <p>This could assist in being able to evaluate what type of program, if any, clients would want to attend as well as to make a choice about what type of program would best meet individual preferences based on opportunities available. Currently adult day programs in this catchment area do not provide self-enclosed areas for which clients who need behavioral support can safely participate in activities such as biking, as they often do in school-age programs. Additionally, by installing a basketball hoop or other types of adaptive sports equipment, clients would receive additional opportunities to exercise in preferred methods of their individual choice. Several of the clients attending the day programs have been noted to benefit from frequent physical mobility however providing opportunities for such has been a challenge. This area would provide each site to have adaptive tricycles available for clients to ride, or to learn to ride. Clients and families have requested trikes and other methods as a way to incorporate physical exercise as part of the daily routine that feel more like opportunities for social engagement, team work, and fun, than traditional exercise with at time counting down how much time is left. The plan for this area is to update the flooring to a material that is equipped to handle tricycle tires and to also include a race track for clients to use as a way to follow a path while also incorporating safety skills and learning the meaning of red, yellow, and green. Additionally, care of the trikes will serve as vocational training with opportunities such as washing bikes, servicing bikes, filling up tire air, etc. It is hoped that each site will have five trikes as well as other adaptive equipment that will meet individual client need.</p>
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	<p>5. Development of Person-Centered Plans and/or Person-Centered Behavior Plans for each client that attends Mission Bay in order to evaluate and incorporate individual needs, preferences, and support mechanisms  <i>This area specifically addresses the goal of compliance with Federal Requirements 1, 2, 3, 4 and 5</i>                  This would assist each client by the process of evaluation and development of a Person-Centered Plan and/or Person-Centered Behavior Plan which would be used to guide their day program services and supports. Historically, each client was assessed with an emphasis on health and safety issues. Funding and staffing challenges prevented unique preferences to be investigated and incorporated. Because Mission Bay provides support to people that also benefit from behavioral supports, it is pertinent to be able to research and assess what each client's individual strengths and preferences are. This would be organized and managed by the current Mission Bay behavior consultant, Yassamin Faraj, who is a Board Certified Behavior Analyst who has also completed the Person Centered Thinking Planning training. It is assumed that each client attending Mission Bay could be assessed within a 2-year period so that by the end of the two years, every client would have a Person Centered Plan, or Person Centered Behavior Plan, on file and incorporated to their overall programming. The process of formulating these plans would include the same process that is included in a functional assessment, but with a focus on also including the individual's preferences, strengths, and unique support needs. Traditionally, this information is not formally assessed or included during day programming. However, through this process and development, each client would be provided day program services which seek to implement these items as part of the daily services and this could very well decrease the amount and/or severity of challenging and unsafe behaviors being exhibited. Essentially, we would find out what each person enjoys, what their strengths are, what is important for their continued overall wellbeing, and use all of this information to provide them with the most meaningful day program experience yet.</p>
<p>Estimated budget; identify all major costs and benchmarks — attachments are acceptable</p>	<p><i>See table below and included attachments</i></p>

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	<b>Item Cost</b>	<b>Quantity Requested</b>	<b>Total Estimated Price (including 10% tax, if applicable)</b>
1. 7-Passenger Wheelchair Vans	\$55,250	3 <i>One for each site</i>	\$182,325
2. Communication Devices	\$217.95	85 <i>35 for LC 25 for Z 25 for R</i>	\$20,378
3. iPads (including stands with mics and wall mounts)	\$519.38	85 <i>35 for LC 25 for Z 25 for R</i>	\$48,562
4. Flooring and gross motor activity equipment	Varies per site	2 – flooring 15 – trikes etc. <i>Flooring for LC and Z Trikes etc. for each site</i>	LC \$89,506.00 Z \$27,935.00 R \$4,000
5. Person-Centered Behavior/Plans	\$650	447 <i>One plan for each client at each site</i>	\$268,200
<b>Total</b>			<b>\$640,906</b>

Requested funding for 2017-18	\$640,906
Estimated timeline for the project	With the exception of the Person-Centered Behavior/Plans, each portion of the project is not expected to take longer than 90-days. The portion of the plan relative to the development of Person-Centered Behavior/Plans for each client is estimated to be completed within 2-years.