

Department of Developmental Services (DDS)
Consumer Advisory Committee (CAC)

Meeting Minutes
November 14 – 15, 2017

Members Attended

Deaka McClain
Sara Desumala
Rick Hodgkins
Ryan Nelson
Lisa Utsey
Jessica Gould
Esther Kelsey
Matthew La Grand (phone)

Members Absent

Marcia Dinkelspiel
Kara Ponton
Yvonne Klutz

Others Attending

Vickki Williams
Timothy Schmitz
Ed Plon
Keith Nelson
Rachelle Gomez
Nikesha Hawkins
Barbara McCants
Nicole Patterson
Jana Chapman-Plon
Christine Hager
Miguel Lugo
Eliezer Salvador-Parra
Ochoa
Stephanie Johnson
Josh Sudarma
Smita Patil
Vicky Wheeler
Trixy Manansala
Susan Crow
Gina De La O
Jennifer Parsons
Kaitlin Binnewies
Aeric Kugler
EJ Vasquez
Jesse Padilla (phone)



November 14, 2017

1. CALL TO ORDER

Deaka McClain, Chairperson, called the meeting to order at 9:03am.



b. Everyone introduced themselves and stated why they wanted to be on the CAC

c. The agenda was reviewed and no changes were made. **It was moved** (Jessica Gould), **seconded** (Lisa Utsey), and **carried to approve the agenda with the changes.**

d. The minutes of the June 2017 CAC meeting were reviewed. **It was moved** (Esther Kelsey), **seconded** (Ryan Nelson), and **carried to approve the minutes with changes.**

e. Deaka read the Ground Rules.



2. END OF LIFE



Nicole Patterson from DDS and Christie Hager from Disability Rights California (DRC) did a presentation on the End of Life CAC publication. DRC is talking about taking the publication and putting it into a training to help more people start having the conversation, and share their wishes and thoughts, on what End of Life looks like for them. They would like the CAC's input on the process.

- They reviewed the publication and received some feedback from the group.

- In Christine’s region, people use this publication, tear out the back pages and put copies in their IPPs at the regional center.
- Condensing the publication might be helpful to people. Christine stressed the importance of working on this publication in several sessions so it’s not so overwhelming.
- This document can be used for anyone, not just people with disabilities.
- DRC will train their Clients Rights Advocates to start talking to each regional center to have this included in IPPs.
- A good strategy could be for members to start talking about it.
- ANYONE you trust can help you with this process. It doesn’t have to be family or next of kin.
- If you are conserved, please have the conversation with your conservators.
- If your conservator has control over your end of life choices in your legal documents, there are steps you can take.
- People need to be educated about this publication and made aware of their rights.

3. FACILITATION PRESENTATION AND DISCUSSION

Lisa Utsey did a presentation on facilitation. Lisa’s presentation went over the support she gets from her facilitator to do her advocacy work. She also talked about what it involves, and the roles and relationship between the member and facilitator.

- Communication between self-advocate and facilitator is very important
- Facilitators should take the lead of the self-advocate when discussing what type of support the self-advocate needs most



- Self-advocates and facilitators should have written and signed facilitation agreements
- Self-advocates need to feel comfortable telling their facilitators when they don't want or need their help.
- Boundaries are very important
- It's a good idea to have a backup facilitator
- Committee members had a discussion about facilitation
- Facilitators must be patient
- The self-advocate must be comfortable in saying that something is not working for them, and facilitators can go a long way in making that safe for them to do so. This begins with not taking anything personally.
- Honest and open communication is always the key



4. MY LIFE AFTER BEING A CAC MEMBER

Miguel Lugo gave a presentation on his life after sitting on DDS CAC. He also shared a short film made from a poem that he wrote about how he felt navigating the community, and how people passed judgment on him because of his disability. If you would like to view some of his videos, go to this link <https://youtu.be/O2xlqT0zYVc>.

November 15, 2017

1. CALL TO ORDER

Deaka McClain, Chairperson, called the meeting to order at 8:46 a.m.

During introductions, Deaka asked members to answer the questions:

- If Self-Determination started tomorrow, would we be ready?

- Would your region be ready?



2. CAC MEMBER REPORTS

The following members gave reports on what they have been doing on behalf of the committee and their People First and/or local self-advocacy groups: Rick Hodgkins, Matthew LaGrand, Deaka McClain, Ryan Nelson, Jessica Gould, Esther Kelsey, Lisa Utsey, and Sara Desumala.



3. DDS SafetyNet INPUT

Josh Sudarma & Stephanie Johnson from DDS did a presentation on the SafetyNet. They walked the CAC members through sections of the SafetyNet website. The CAC members gave Josh and Stephanie some feedback on possible changes. If you would like to view the SafetyNet. The link is www.ddssafety.net.



4. SELF-DETERMINATION TRAINING POWERPOINTS (All)

Susan Crow and Gina De La O from DDS, facilitated members in reviewing the modules that will be used in the Self-Determination Program orientations. Each member and facilitator did a different module for Self-Determination. The modules are as follows;

- Background Check
- Roles and Responsibilities
- Person-Centered Planning
- Home and Community-Based Services Rules
- Principles of Self-Determination
- Financial Management
- Individual Budget
- Self-Determination Program

After looking over the modules, the CAC members gave their input for possible changes to the Self-Determination team.



7. GROUP PICTURE

Postponed due to absence of several members.

8. TRAVEL PAPERWORK

Members and facilitators worked on their travel and support claims with the help of Nicole.

9. COMMUNITY ASSIGNMENTS

CAC members were asked to work on the following:



1. **Networking**

DDS needs your help to build a collection of photos that can be used to create interesting publications and presentations. Take pictures as you go about your everyday life.



2. **DDS CAC Work**

a. **SafetyNet**-Review the SafetyNet website at <http://www.ddssafety.net/>.

**Contact the SafetyNet team at

<http://www.ddssafety.net/contact-us>

if you have any more input on the website.

b. **Self-Determination Program (SDP)** - The SDP team would like you to take a look at one more module called Independent Facilitator, and answer the questions included in the packet.

**Please get that information to us by December 5, 2017 by email or mail.



- c. Also, take another look at the training modules for SDP that you received at the meeting.
**Let us know if you any other changes to the modules.

3. **Thinking Ahead-** Members and Facilitators

- a. Complete the Thinking Ahead publication with someone you are comfortable with.
- d. Complete the Thinking Ahead CAC Feedback sheet. Bring it to the June CAC Meeting.

11. **END OF MEETING**

Deaka McClain, Chairperson, adjourned the meeting at 3:10 p.m.