

**Department of Developmental Services (DDS)
Consumer Advisory Committee (CAC)**

**Meeting Minutes
May 11-12, 2010**

Members Attended

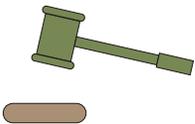
Lisa Krueger
Eugenia Jones
Robert Taylor
Cindy White
Sam Durbin
Michelle Gordon
Krisi Franzone
Pattie Simpkins
Sue Ann Hankensiefken
Joseph Flanagan
Tommy Michaels
Tracey Mensch

Others Attending

Marilyn Smith
Colleen Deck
Nicole Patterson
Kathleen Ozeroff
Carol Risley
Mark Starford
Tammy Evrard
Timothy Schmitz
Jesse Padilla
Darcy Jean Foddrill
Carol Lopes
Shane Carroll
Tommy Mestmaker

May 11, 2010

1. **CALL TO ORDER**



Sam Durbin, Chairperson, called the meeting to order at 9:12 a.m.



- A. Everyone introduced themselves.
- B. General announcements were made.



2. **REVIEW OF THE DAY'S AGENDA**

Mark Starford and the CAC went over the agenda for the day.



3. **FEELING SAFE, BEING SAFE**

Mark Starford and Robert Taylor talked about the new draft version webcast training for the Feeling Safe, Being Safe materials. The CAC reviewed the way the webcast would work. The CAC also talked about earthquakes, how they happen, and what do to be safe when they happen.

4. **BEING INFORMED**

Mark talked about the importance of staying informed not only on the state level, but federal too.

a. Employment: The CAC talked about the employment rate for persons with disabilities versus persons without disabilities, on a federal level. The unemployment rate is higher for both, persons with or without disabilities from last year. The CAC also talked about the importance of building a network of people and using them to help find jobs.

b. Health Care Reform: The CAC talked about the Patient and Affordable Care Act. This federal law, that was passed and signed in March of 2010, is to help ensure that people can receive:

- Health insurance
- Choices about your health insurance
- Plans that are easy to understand
- Better health with free preventive services

Not everything will happen right away, the timeline for everything to be in place is 2014.

- c. Conference: Mark talked about the conferences that are coming up that will have sections featuring CAC materials.



5. **CONVENTION ON THE RIGHTS OF PERSONS WITH DISABILITIES (LIVING THE TREATY)**

The CAC talked about how important it is to be living the treaty, and the change they wish to see in the world in their everyday life by:

- Advocating for yourself and others;
- Being an active community member;
- Knowing your rights and exercise them;
- Getting to know the people around you; and
- Joining an advocacy group;



6. **NATIONAL CORE INDICATORS (NCI)**

National Core Indicators (NCI) is the survey system that is replacing Life Quality Assessments.

- Why is California using NCI?
 - ❖ NCI is a systematic way of learning about the CA service system.
 - ❖ To find out about consumers' and families' satisfaction with their services.
 - ❖ To learn about how services and supports affect people's lives.
 - ❖ To learn how people are participating in their communities.
 - ❖ To help give the state information about how California is doing compared to other states.
 - ❖ To give DDS information about how the developmental service system is doing. Help DDS set priorities and goals to improve the system.

- ❖ To give consumers and families' information on how their regional center is doing.
- ❖ Regional centers will be able to see how they are doing compared with each other.
- ❖ To help put information together for budget requests and reporting on important issues.
- NCI Interviews
 - ❖ The interviews will take place at a person's home, or wherever the person would like it to be.
 - ❖ Every year, 400 people from each regional center will be interviewed.
 - ❖ The interviewer will be asking everybody the same questions.
 - ❖ People can choose if they want to be interviewed or not.

Sam Durbin, Robert Taylor, Pattie Simpkins and Krisi Franzone shared the tips they gave to people during the NCI trainings they were a part of:

- When you call to set up the meeting, explain who you are and why you want meet;
- Ask permission to have the meeting;
- Set the meeting where and when the person chooses;
- Be on time;
- Turn off cell phone and pager;
- Let the person know they do not have to answer all the questions;
- Remind the person there are no right or wrong answers;
- Make the person feel comfortable;
- Be patient;
- Use plain language; and
- Offer breaks.

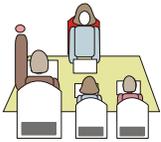


7. DEVELOPING YOUR COMMUNITY NETWORK

The CAC talked about community networking with people and how it can help you find places to live, jobs, help you connect with new people, and things to do for fun. Here are some tips to build a strong network:

- Reach out to people you see in places you go (banks, stores, church etc.);
- People who can help you reach out to others; and
- people that have the same interests and goals.

Cindy White and Krisi Franzone did a role play showing the CAC how to make connections with people in places they go everyday.

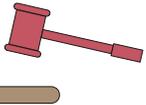


8. CAC MEMBERS' CHECK-IN SESSION

Members met with Carol Risley, Katheen Ozeroff and Nicole Patterson.

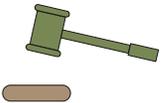
9. FACILITATORS' CHECK-IN SESSION

Tammy Evrard and Mark Starford met with the facilitators.



The meeting adjourned for the day at 4:55 p.m.

May 12, 2010



1. CALL TO ORDER

Sam Durbin, Chairperson, called the meeting to order at 8:35 a.m.

- A. General announcements were made.



- B. The agenda was reviewed and no changes were made. **It was moved (Pattie Simpkins), seconded (Michelle Gordon), and carried to approve the agenda with no changes.**
- C. The minutes of the February 2010, CAC meeting were reviewed. **It was moved (Tracey Mensch), seconded (Sue Ann Hankensiefken), and carried to approve the minutes as presented.**



2. OLMSTEAD ADVISORY COMMITTEE REPORT (OAC)

Robert Taylor gave his report to the CAC on the OAC meeting that took place on March 18, 2010:

a. **Legislative Discussion**

Members reviewed legislation that has been introduced with Olmstead implications. Robert went over the ones that might be affecting people with developmental disabilities.

b. **Lanterman Developmental Center: Discussion of Proposed Closure**

There was an update from the Department of Developmental Services on: (1) stakeholder meetings and feedback received to date; (2) elements required in the closure plan; and (3) the process to finalize the plan for submittal to the Legislature by April 1, 2010.

Members will discuss recommendations and concerns related to the closure plan.

c. **California Community Choices: Long-Term Care Finance Study**

The final report “Home and Community Based Long-Term Care: Recommendations to Improve Access for Californians” was released in November. Bob Mollica and Les Hendrickson, authors of the report, provided an overview of the recommendations. Members discussed considerations relative to prioritizing the study. A process to poll members about the recommendations of highest priority for action is in the near future.

d. Discussion of Expansion of Care Coordination Models through a Medi-Cal Demonstration Waiver

The Department of Health Care Services (DHCS), in consultation with the Legislature and other stakeholders, has been working toward a renewal of the State’s existing federal 1115 waiver that will expire later this year. Since the November 2009 Olmstead Advisory Committee meeting, DHCS has convened a Stakeholder Advisory Committee and four Technical Workgroups. David Maxwell-Jolly, DHCS Director, provided an overview of these substantive discussions, and members provided input of the waiver development process.

e. Transitions from Long-term Care Facilities

Implementation of the Minimum Data Set (MDS) 3.0 is slated for October 1 of this year. One part of the MDS captures whether or not long-term care facility residents express a desire to return to the community. The new MDS requirements change how the questions are asked and what must be done in response to a resident’s stated desire to return to the community. States are required to start the new requirements beginning October 1, 2010.

3. COORDINATOR OF CONSUMER SERVICES REPORT



Nicole gave a report on what she has been doing for the past few months:

She went to the Young Leadership Forum Committee meeting on April 8, 2010.

She was a part of selecting delegates for the Young Leadership Forum

She went to the Region 3 advocacy meeting on February 6, 2010 and did a presentation on the Feeling Safe, Being Safe for 160 people.

4. DDS BUDGET ADVISORY COMMITTEE REPORT



Carol gave a report on the DDS Budget Advisory Committee meetings. The committee has been working with a group of people to develop the Individual Choice Budget (ICB). The workgroup has been looking at several different ways of making this happen. The committee would like the CAC's input. Carol asked the CAC to answer some questions about IBC to help the committee decide on how the program should look. She went over the questions with the CAC and gave them copies of the following questions so they could take some time to think about it and get the answers to Nicole.

a. WHO SHOULD BE ABLE TO USE ICB TO GET THEIR SERVICES/SUPPORTS?



- All regional center consumers? Could this work if you lived in a care home/supported living and got less??



money than the cost of those services?



- Regional center consumers that are in school (aged 3-18 or 22 years old) and living with their families? **(workgroup recommends)**

- Adult consumers living independently or with their families?

- Other ideas? _____

b. SHOULD CONSUMERS/FAMILIES BE REQUIRED TO USE ICB OR ALLOWED A CHOICE?



- Volunteer to use ICB (choice)? **(workgroup recommends)**

- Must use ICB if part of the group(s) chosen to use it (see question #1)?

- Other ideas?
-



c. WHO SHOULD HELP THE CONSUMER/FAMILY CONTROL THEIR ICB?

- Regional center? **(workgroup recommends)**

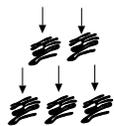
- Consumers/Families? **(workgroup recommends with special conditions)**

- Providers of services/supports?



Other ideas? _____

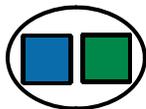
d. **WHAT COULD BE PURCHASED WITH THE ICB?**



Anything from anybody as long as it is supported in the IPP?



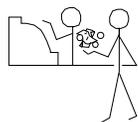
Only services that are approved by (vendorized) regional centers?



Both of the above types of services? (**workgroup recommends with limits on non-vendored services**)

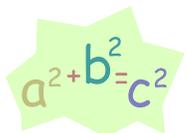
Other ideas? _____

e. **HOW WOULD THE AMOUNT IN EACH CONSUMER'S BUDGET BE DECIDED EACH YEAR?**



Amount of budget based upon what was spent on services/supports before ICB (called historical costs)?

Amount of budget based upon a formula (model) developed by DDS? (**workgroup recommends consumers/families have a choice between using what was spent in the past or a formula**)



Other ways to set the amount of the budget for each person? _____

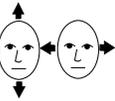
f. **SHOULD MONEY BE SET ASIDE (RISK POOL) IN CASE CONSUMERS/FAMILIES USING ICB HAVE A PROBLEM**

THAT IS NOT PLANNED FOR IN THEIR BUDGET?

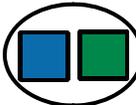


- Set aside some money so if a problem happens; people have a way to get more services/supports for that problem?
- If people have a problem, they would have to stop using ICB?
- Other ideas? _____

g. WHAT COULD CONSUMERS/FAMILIES APPEAL IF THEY DISAGREED WITH WHAT WAS HAPPENING WITH THEIR ICB?



- The information used to develop their ICB? **(workgroup recommends)**
- The amount of their ICB?
- Both how the budget was developed and the amount of their ICB?
- Nothing about their ICB?
- Other ideas? _____



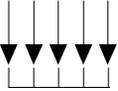
h. SHOULD ICB BE A TEST THAT LASTS FOR 12-18 MONTHS AND EVALUATED TO SEE IF IT WORKS?



Yes, try it out to see if it works? (**workgroup recommends**)



No, start and keep forever?



All regional centers should try out ICB?



Only some regional centers should try out ICB?



Should DDS see if the ICB works (evaluate it)?



If DDS sees how ICB works, who should be part of looking at it? _____



5. STATE BUDGET UPDATE

Carol talked about items in the Governor's Updated Budget for 2009-10 and 2010-11:

DEPARTMENT OF DEVELOPMENTAL SERVICES 2010-11 GOVERNOR'S BUDGET



The 2010-11 Governor's Budget includes \$4.9 billion for DDS, **\$203 million more** than the 2009-10 DDS budget.

COMMUNITY SERVICES

2009-10 Budget Updates



Total revised budget of \$4.0 billion, **\$67 million more** for 2009-10 (this year).

The \$67 million:



for regional center operations to serve more people in the Home and Community-Based (HCBS) waiver program (\$1 million)



to make up for cuts in Supplemental Security Income/State Supplemental Payments (SSI/SSP) used to pay providers for services; and some increases in costs (\$16 million)



lets DDS use Proposition 10 monies for services to children up to age 5 years old (\$50 million)



puts state monies back in the budget because a court said that money from the Public Transportation Act could not be spent on regional center services (\$138 million)

The total number of people to be served in the community 242,495.

2010-11 PROPOSED BUDGET

Total proposed budget of \$4.2 billion, **\$162 million more** than the revised 2009-10 budget.

The \$162 million:



for regional center operations due to more consumers to be served (\$2.5 million)



to purchase services for the more consumers and services that cost more (\$225 million)



to purchase services that are no longer given by other agencies such as Medi-Cal optional services (adult dental), In-Home Supportive Services (IHSS), and cuts in SSI/SSP money used to pay for services (\$50 million)



for the Prevention Program for kids under three years old that are not part of the Early Start program (\$9 million)

Savings plan in 2010-11 includes:



keeping program cuts (respite care, more holidays at day services, etc.) made in 2009-10 (\$100 million)

keeping the 3% cut in regional center operations (\$115 million)

more cuts to be discussed by the DDS Budget Advisory Committee (\$25 million); and



paying for some more services with federal money(\$52 million)

The total number of people to be served in the community 249,975, about 7,500 more consumers.

DEVELOPMENTAL CENTERS

2009-10 BUDGET UPDATES



Total revised budget of \$603 million, **\$69 million less** due to administrative actions, furloughs, and overtime/holiday reductions.

The number of people living at developmental centers will **go down** from 2,220 to 2,151 (69 residents).

Sierra Vista State Operated Community Facility closed as of February 28, 2010.

2010-11 PROPOSED BUDGET

Total proposed budget of \$640 million, **\$37 million more** due to no more furloughs and loss of extra federal matching funds.



The number of people living at developmental centers will **go down** from 2,151 to 2,008 (143 residents).

6. PRACTICE JOB INTERVIEW

Sue Ann Hankensiefken, Kristina Franzone, Pattie Simpkins, Thomas Michaels, Lisa Krueger and Joseph Flanagan recorded practice employment interviews for a mock clerk position. Kathleen Ozeroff, Victoria King and Mark Starford were on the interview panel.

7. CAC MEMBERS' REPORTS

The following members gave reports on what they have been doing on behalf of the committee and their People

First and/or local self-advocacy groups: Pattie Simpkins, Krisi Franzone, Lisa Krueger, Michelle Gordon, Sue Ann Hankensiefken, Tommy Michaels, Robert Taylor, Eugenia Jones, Joseph Flanagan, Cindy White, Tracey Mensch and Sam Durbin.

8. COMMUNITY ASSIGNMENTS



a. **Leadership DVD and Guide**

Be willing to do a presentation at a Family Resource Network agency in your area on the Leadership DVD and Guides.



b. **Community Network**

Make a connection with someone new in your community.



c. **Review Binder from May Meeting**

Take some time and review your binders from the May meeting. There is important information in your binders that didn't get discussed during the meeting.



d. **Interviewing Skills**

Keep practicing your interviewing skills. The second set of interviews will be done at the September meeting.



9. END OF MEETING

Sam Durbin, Chairperson, adjourned the meeting at 3:00p.m.