

Department of Developmental Services
Consumer Advisory Committee

Meeting Minutes
May 13-14, 2008

Members Attended

Bruce Thomas	Marilyn Smith	Paul Bucci
Ben Kelsch	Betty Pomeroy	Sandy Hansen
Sam Durbin	John Graber	Larry Prosser
Robert Taylor	Jesse Padilla	Kim Rucker
Cindy White	Clyde Pomeroy	Brian Marsh
Miguel Lugo	Tom Sardo	Judy Citko
Michelle Gordon	Chris Pratt	David Lopez
Danielle Knight	Krisi Franzone	Liz Lyons
Lisa Krueger	Jolene Bradford	Gabriel Rogin
Tommy Michaels	Edward White	Victoria King
Pattie Simpkins	Carol Risley	Debra Beeter
David Marcus	Tammy Evrard	
Sue Ann Hankensiefken	Nicole Patterson	
Joseph Flanagan	Mark Starford	

Member Absent

Amy Jesse

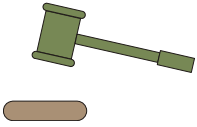
Others Attending

Tommy Mestmaker
Claudia Estrada
Linda Thompson
Glen Pollock

Beth Rubenstein
Orbelin Bautisa
Nyron Battles
Kathleen Carlson
Mary-Linda Ramirez
Lori Sloan
Kathleen Ozeroff
Susan Garibay
Terri Delgadillo
Darcy McCann
Terrail Lott

May 13, 2008

1. CALL TO ORDER



Cindy White, Chairperson, called the meeting to order at 9:05 a.m.



- A. Everyone introduced herself or himself.
- B. General announcements were made.

DDS Director, Terri Delgadillo came to the meeting to check-in and meet the new members that began their terms in February.



2. REVIEW OF THE DAY'S AGENDA

Mark Starford went over what the day was going to look like, explaining that it was going to be a day of talking about facilitation, reviewing DVDs on making decisions and leading a team, thinking ahead at end-of-life, life coach planning, and also taking time to sample recipes from members of the group during the breaks.

3. FACILITATION AT CAC MEETING

Sharon Fallis and Bruce Thomas talked to the CAC about facilitation and what it means; they also talked with the group about the importance of members creating their own plan with their facilitator to help their facilitator understand what their need, to better assist them in the meeting. The members took some time making their plans with their facilitators.

4. DVD #7 MAKING DECISIONS



Lori Sloan, Tommy Michaels, Lisa Krueger, Cindy White and Mark Starford talked about the importance of using “think” “plan” “do” when making decisions and what happens when you don’t. The CAC reviewed the draft version of the DVD Making Decisions using “think” “plan” “do” and gave their input.



5. **DVD #8 LEADING MY TEAM**

Lori Sloan and Mark Starford talk about how it was important to Lori to have the people in her team to listen to her during her team meetings. Lori shared how she learned ways to have a successful meeting. The CAC reviewed the draft version of the DVD Leading My Team and gave their input.



5. **CAC LEADERSHIP MEMBERS’ REPORT**

Before the Leadership members gave their reports, Mark Starford and Sam Durbin talked about the consumer emergency preparedness tools to help people create their own emergency plan. Mark handed out a workbook and a magnet. Mark and Sam went over the workbook to show how people will use the workbook. The DVD was also shown to members to be with the workbook. The DVD shows people how to use the workbook and gather the personal information that people will need in an emergency so they are better able to get help or help themselves in time of need. The magnet is a tool for people to post in clear view with brief personal information. Kim Rucker, Krisi Franzone, Daniel Dawkins, Lori Sloan, Betty Pomeroy, Nyron Battles, John Graber, and Debra Beeter gave reports on what they have been

doing toward their leadership goals and they did preparing their own emergency plans.



6. THINKING AHEAD

Mark Starford, Betty Pomeroy, and Connie Martinez talked about a project that they have been working on called My Way, My Choice, My Life at the End. The project includes:

End of Life Advance Planning- Workbook for people to think about advance planning in plain language.

Self- Direction and Choice- Advocate for your healthcare treatment at the end of life.

Workbook and DVD - Designed by and for persons with developmental disabilities.

Betty Pomeroy, and Connie Martinez shared their stories on why this is so important to them that people with developmental disabilities get a chance to have a say throughout their whole life.



7. COACHING-MAKING YOUR OWN PLAN

Brian Marsh talked with the CAC about leadership goal planning from the way a life coach would look at it. Brian explained that if “think” “plan” “do” was like a bridge and a plan to connect the think and the do to complete the bridge to your goal. Brian explained that his regular coaching calls were to help the members turn their ideas into goals. Sometimes that is hard to do without talking it through with someone.



8. **COMMUNITY ASSIGNMENTS**

The following assignments were made for the leadership project participants:

A. Being Safe, Feeling Safe

1. Put your emergency kit in an easy place to find.
2. Attach magnet to your refrigerator.

B. New Members

1. Schedule a meeting with your service coordinator about your advocacy work and leadership goal.
2. Give a presentation on “Making My Own Choices” book.
3. Give a presentation at a local People First or self advocacy group about the DDS CAC and the Leadership Project. [if you did not do one before]

C. New DVDs

1. Show the new DVDs to advocacy groups
2. Ask them what they think about them.

D. Mentor- Reaching Your Goals

1. Finish your mentor plan.
2. Take action on your mentor plan.
3. Work on your goal with support.

E. Being Healthy- Your Way

1. Take action on your plan- show and tell us at the next meeting

9. CAC MEMBERS' CHECK-IN SESSION

Members met with Carol Risley, Kathleen Ozeroff, and Nicole Patterson. Some members gave reports about personal activities and issues they wished to share with the Committee.

10. FACILITATORS' CHECK-IN SESSION

Mark Starford and Tammy Evrard met with the facilitators.

The meeting adjourned for the day at 5:05 p.m.

May 14, 2008

1. CALL TO ORDER

Cindy White, Chairperson, called the meeting to order at 8:30 a.m.

- A. General announcements were made.
- B. The agenda was reviewed and a change was made to a date that was on the agenda wrong **It was moved (David Marcus), seconded (Michelle Gordon), and carried to approve the agenda a change.**
- C. The minutes of the February 2008, CAC meeting were reviewed. **It was moved (Michelle Gordon), seconded (Robert Taylor), and carried to approve the minutes as presented.**

2. DISCUSSION OF CAC PRIORITIES

The CAC discussed topics that they would like to see the team work on in upcoming years. The list includes:

Employment- How to get a job *How to do resumes
*The facts about work & SSI *How to interview

Emergency Preparedness- CPR* Being Safe* Personal Safety

Health Care- Medical Benefits *Learning what drugs are covered

Affordable Housing- How to find it *Finding roommates
*Need more housing for low income

Transportation- Improving Access coverage from L.A. to Orange County * Improving Paratransit across the state

Political Issues- Voting *The rights of people
developmental disabilities

Other Issues - End of Life *Closure of more
developmental centers *Independent Living *Self
Advocacy *Self Directed Services



3. **RESUME WRITING**

Victoria King, DDS talked to the CAC about basic resume writing. Victoria talked about the importance of a resume and it can sell you and your talents. She also talked about things that CAC might have skills in and how they would need to word those on a resume into employer friendly language because your resume could be put through a

scanner (scanning for words that would show that you had the skills they're looking for). She handed out a list of action words to use employer friendly language. Victoria talked about a format that could be used, the type of writing, and color of paper to print it on when turning in a resume.

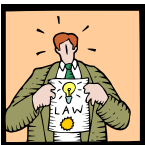


4. **SHARING RESUMES**

Sam Durbin and Cindy White shared with the group their current resumes, and received input on how they could be improved.

5. **FEELING SAFE, BEING SAFE**

The CAC had a reviewed on the Being Safe, Feeling Safe materials to introduce guests from the ARCA CAC to the materials and do peer-to-peer training. The ARCA CAC was given time to start work on their Being Safe, Feeling Safe plan with support from DDS' CAC members.



6. **LEGISLATIVE UPDATE**

Carol Risley went over a summary of the following legislation that was identified of interest for people with developmental disabilities:

- AB 1768 (Evans) Special Education: Due Process Hearings
- AB 1825 (Beall) Developmental Disabilities
- AB 1872 (Coto) Special Education: Autism Spectrum Disorder: Clearinghouse

- ❑ AB 1983 (Evans) Developmental Services: Consumer Abuse Registry
- ❑ AB 2038 (Lieber) Person with Disabilities: Victims of crime
- ❑ AB 2424 (Beall) Persons with Developmental Disabilities: Education and Employment.
- ❑ AB 2635 (Beall) Developmental Disabilities: State Employment
- ❑ AB 2747 (Berg) End-of-Life Care
- ❑ AB 2891 (Levine) Developmental Services: Accessible and Affordable Housing
- ❑ AB 3019 (Carter/Lieber) Parole: Disabled Persons
- ❑ SB 527 (Steinberg) Autism Spectrum Disorder: Screening
- ❑ SB 1175 (Steinberg) Developmental Services: Regional Center Housing
- ❑ SB 1475 (Torlakson) Autism Pilot Program
- ❑ SB 1531 (Correa) Peace Officer Training: Autistic Persons



7. **CAC MEMBERS' REPORTS**

The following members gave reports on what they have been doing on behalf of the committee and their People First or local self-advocacy groups: Tommy Michaels, Michelle Gordon, Sue Ann Hankensiefken, Pattie Simpkins, Miguel Lugo, Danielle Knight, Lisa Krueger, David Marcus, Bruce Thomas, Ben Kelsch, Sam Durbin, Robert Taylor, Cindy White, and Joseph Flanagan.



8. **COORDINATOR OF CONSUMER SERVICES REPORT**

Nicole gave a report on what she has been doing for the past two months:

- April 10, 2008, she did a presentation at the Sacramento Protection & Advocacy Office on Emergency Preparedness with David Lopez.
- April 11, 2008, she went to the Choices Conference in Stockton and had a table for people to view the DVDs from the CAC also pick information about DDS and the CAC.
- April 15, 2008, She went to Inland Regional Center in San Bernadino to participate on a panel discussion on the topic, “Who’s Life Is It Anyway” when it comes to people with developmental disabilities.
- She has also been working with the Department on several projects

11. **END OF MEETING**



Cindy White, Chairperson adjourned the meeting at 3:05 p.m.